

**TENTATIVE COURSE SCHEDULE\***  
**SPRING 2018**

Dates	Topics	Homework and Class Assignments
<b>January 15 – Martin Luther King, Jr. Birthday (University Closed)</b>		
<b>Unit ONE: Working in the Community</b>		
<b>WEEK 1</b> <u>January 18</u>	Overview of the course Review Syllabus Introductions - Group Project	Introductions REEF i-clicker access
<b>WEEK 2</b> <u>January 25</u>	Principles of Epidemiology Opportunities in Community Nutrition Community Program Presentation: TBA	<b>Readings:</b> Chapter 1, 2
<b>WEEK 3</b> <u>February 1</u>	Understanding Behavior change Community nutrition needs Assessment	<b>Readings:</b> Chapter 3 & 4
<b>WEEK 4</b> <u>February 8</u>	Guidelines & program Planning Policymaking and Public Health ;	<b>Readings:</b> Chapter 5 & 6
<b>WEEK 5</b> <u>February 15</u>	Public Health: National Nutrition Agenda Health Care Systems and policy	<b>Readings:</b> Chapter 7 & 9
<b>WEEK 6</b> <u>February 22</u>	Obesity Epidemic: Public Health Policy	<b>Readings:</b> Chapter 8
<b>Unit TWO: Delivering Programs</b>		
<b>WEEK 7</b> <u>March 1</u>	Food Insecurity and Food Assistant Program s	<b>Readings:</b> Chapter 10 <b>Exam 1</b>
<b>WEEK 8</b> <u>March 8</u>	Mothers and Infants: Nutrition Assessment and Programs	<b>Readings:</b> Chapter 11
<b>SPRING BREAK: March 12 – 16</b>		
<b>WEEK 10</b> <u>March 22</u>	Children and Adolescents: Nutrition issues and programs	<b>Readings:</b> Chapter 12
<b>WEEK 11</b> <u>March 29**</u>	Healthy Aging: Services and Programs Global Food and Nutrition Security: Challenges and Opportunities	<b>Readings:</b> Chapter 13 & 14
<b>Unit THREE: Planning Nutrition Interventions</b>		
<b>WEEK 12</b> <u>April 5</u>	Delivering Successful Nutrition Services	<b>Readings:</b> Chapter 15 <b>Exam 2</b>
<b>WEEK 13</b> <u>April 12</u>	Theories and models for Health Promotion and Changing Nutrition Behavior	<b>Readings:</b> Chapter 16
<b>WEEK 14</b> <u>April 19</u>	Acquiring Grantsmanship skills and Ethics and Nutrition Practice	<b>Readings:</b> Chapter 17 & 18
<b>WEEK 15</b> <u>April 26</u>	Principles of Nutrition Education and marketing Nutrition Programs	<b>Readings:</b> Chapter 19
<b>WEEK 16</b> <u>May 3</u>	Role of the Food Industry in Food Choices	Community Nutrition Program Presentations
<b>Final Exams Week</b>	<b>May 7 – 11: Exam 3 TBD</b>	
<b>Commencement May 12, 2018</b>		

\* Note: The course syllabus is a general tentative plan for the course. Any changes will be announced to the class in advance by the instructor.

\*\* Mar 29<sup>th</sup> – Spring Drop/Withdrawal deadline

\*\* Mar 30<sup>th</sup> – Cesar Chavez Day Observance (No Classes)

\*\* Mar 30<sup>th</sup> – SPRING Study Day (No Classes)