

**Community Nutrition HSCI 3316**  
**Tentative Online 8 Week Course Schedule\***  
**Spring 2023**

Dates	Topics	Homework and Class Assignments
<b>Monday January 16<sup>th</sup> – Martin Luther King (University Closed)</b>		
<p style="text-align: center;"><b>WEEK 1</b> <u>January 17 - 22</u></p>	<p><b>Overview of the Course</b> Review Syllabus Understanding Online Courses: Readiness for online class taking</p> <p><b>Opportunities in Community Nutrition</b> Community Nutrition: Concept of Community; community nutrition practice and entrepreneurship in community nutrition. Social and economic trend for community nutrition</p>	<p><b>Readings:</b> Chapter 1 Syllabus and Readiness Quiz Video Class on Zoom: January 18 at 12:30pm. (Attendance not mandatory, recording will be available within 24 hours after meeting) Link available on BB course</p> <p><b>Readings:</b> Chapter 1 <b>Blackboard Activities</b> Week 1 Introductions <b>DUE</b> on Bb Sunday at 11:59pm (MST) Quiz 1: Chapter 1 (30)</p>
<p style="text-align: center;"><b>WEEK 2</b> <u>January 23 - 29</u></p>	<p><b>Principles of Epidemiology &amp; A National Nutrition agenda for Public Health</b> Practice of Epidemiology – types of epidemiologic studies. Epidemiology and the Community Nutritionist. National Nutrition Policy in the United States.</p>	<p><b>Readings:</b> Chapters 2 &amp; 3 <b>Blackboard Activities</b> Week 2 CS1: Epidemiology of Obesity (40) CS2: From Guidelines to Sustainable Practice (40) <b>DB1:</b> Concept of Community (15) Quiz 2: Chapter 2 &amp; 3 (30)</p>
<p style="text-align: center;"><b>WEEK 3</b> <u>January 30 – February 5</u></p>	<p><b>Understanding and Achieving Behavior change</b> Draw from current research on consumer behavior.</p> <p><b>Community Needs Assessment</b> – Basic principles of needs assessment: Developing a plan and collecting data</p>	<p><b>Readings:</b> Chapters 4 &amp; 5 <b>Blackboard Activities</b> Week 3 Designing a logic Model CS3: Theory application (40) CS4: Planning a Needs assessment Focused on Schoolchildren (40) Quiz 3: Chapter 4 &amp; 5 (30)</p>
<p style="text-align: center;"><b>WEEK 4</b> <u>February 6 – 12</u></p>	<p><b>Program Planning for Success &amp; Addressing the Obesity Epidemic</b> National Nutrition Policy in the U.S. Nutrition Survey Results: how well do we eat? <b>Public Health Addressing</b> the Obesity Epidemic. Obesity Epidemic: surveillance and monitoring. Awareness, education, research and regulation</p>	<p><b>Readings:</b> Chapters 6 &amp; 8 <b>Blackboard Activities</b> Week 4 <b>DB2:</b> Factors that trigger program planning and SMART objective (15) CS5: Program Planning (40) <b>DB3:</b> Obesity Epidemic (15) CS6: Worksite Health Promotion Program for Prevention of Overweight (40) Quiz 4: Chapters 6 &amp; 8 (30)</p>
<b>Midterm Exam: Chapters 1, 2, 3, 4, 5, 6 &amp; 8 – Available on BB February 13 &amp; 14 (80)</b>		
<p style="text-align: center;"><b>WEEK 5</b> <u>February 13 – 19</u></p>	<p><b>Gaining Cultural Competence in Community Nutrition</b></p>	<p><b>Readings:</b> Chapter 15 <b>Blackboard Activities</b> Week 5</p>

	Cross-cultural competence. Culturally Appropriate intervention Strategies. Essential organizational elements of cultural competence.	CS7: Gaining cultural competence in a Muslim Community (40) <b>DB4:</b> Bridging the Gap – Cultural Competence (15) Quiz 5: Chapter 15 (30)
<b>WEEK 6</b> <u>February 20 – 26</u>	<b>Principles of Nutrition Education</b> Applying education principles to program design. Programs in action: Making Healthy Eating Fund for Students. Nutrition Education to Reduce CHD Risk. Designing Nutrition and Health Messages. Conducting Formative Evaluation. <b>Marketing Nutrition and Health Promotion</b> What is marketing? Social Marketing: Community Campaigns for Change. Motivating Children to Change their Eating and Activity Habits.	<b>Readings:</b> Chapter 16 & 17 <b>Blackboard Activities</b> Week 6 CS8: Developing a Nutrition Education Plan for Older Adults at Congregate Feeding Sites (40) CS9: Marketing Nutrition and Health Promotion (40) Quiz 6: Chapter 16 & 17 (30)
<b>WEEK 7</b> <u>February 27 –</u> <u>March 5</u>	<b>Managing Community Nutrition Programs</b> The Four Functions of Managements. Management Issues for Heart workers for Women. Professional Focus: Time Management. <b>Building Grantsmanship Skills</b> Laying the Foundation for a Grant – Building the Proposal: generate ideas, describe goals, identify funding sources and identify potential collaborators. Building a proposal	<b>Readings:</b> Chapters 18 & 19 <b>Blackboard Activities</b> Week 7 <b>DB5:</b> Grantsmanship (15) CS10: Generating a Grant (30) Quiz 7: Chapter 18 & 19 (30)
<b>WEEK 8</b> <u>March 6 – 11</u>	<b>Final Project (100) Presentation</b>	Presentation Due March 11 <sup>th</sup> at 11:59pm(MST) <b>Last day of Classes March 11<sup>th</sup></b>
<b>Final Exam</b>	<b>March 13, 2023</b> <b>Final Exam Chapters 15, 16, 17, 18 &amp; 19 (Total points 100)</b>	
<b>Commencement May 13 &amp; 14, 2023</b>		

\*Note: The course calendar is a general tentative plan for the course. Any changes will be announced to the class in advance by the instructor.

### Important Dates

<b>Oct 24th</b>	Spring Registration Begins
<b>Jan 5th</b>	Last Day to Clear Students on Suspension/Probation as well as those with Insufficient Prerequisites
<b>Jan 6th</b>	Drops for Students with Unsatisfactory Academic Standing, Insufficient Prerequisites, and Prior Grades of C in the Course
<b>Jan 9th</b>	Financial Aid is Disbursed
<b>Jan 16th</b>	Dr. Martin Luther King, Jr. Holiday – University Closed
<b>Jan 17th</b>	Spring classes begin

<b>Jan 17th-20th</b>	Late Registration (Fees are incurred)
<b>Feb 1st</b>	Spring Census Day Note: This is the last day to register for classes. Payments are due by 5:00 pm.
<b>Feb 13th</b>	20 <sup>th</sup> Class Day Note: Students who were given a payment deadline extension will be dropped at 5:00 pm if payment arrangements have not been made.
<b>Feb 17th</b>	Graduation application deadline for degree conferral
<b>Mar 13th-17th</b>	Spring Break
<b>Mar 30th</b>	Spring Drop/Withdrawal Deadline Note: Student-initiated drops are permitted after this date, but the student is not guaranteed a grade of W. The faculty member of record will issue a grade of either W or F.
<b>Mar 31st</b>	Cesar Chavez Holiday - No classes
<b>Apr 7th</b>	Spring Study Day
<b>Apr 14th</b>	Deadline to submit candidates' names for commencement program
<b>May 4th</b>	Spring – Last day of classes
<b>May 5th</b>	Dead day
<b>May 8-12th</b>	Spring Final Exams
<b>May 13-14th</b>	Spring Commencement
<b>May 17th</b>	Grades are Due
<b>May 18th</b>	Grades are posted to student records; students are notified of grades and academic standing
<b>Payment Deadlines</b>	For more information on payment deadlines, visit the <a href="#">Student Business Services Website</a>