<table>
<thead>
<tr>
<th>Dates</th>
<th>Topics</th>
<th>Homework and Class Assignments</th>
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| Monday January 15th | Overview of the Course  
Review Syllabus and calendar  
Understanding Online Courses: Readiness for online class taking  
**Opportunities in Community Nutrition**  
Community Nutrition: Concept of Community; community nutrition practice and entrepreneurship in community nutrition.  
Social and economic trend for community nutrition | **Readings:** Chapter 1  
Syllabus (5) and Readiness Quiz (5)  
Video Class on Zoom: January 16 at 5:30pm. (Attendance NOT mandatory, recording will be available within 24 hours after meeting). Link available on BB course  
**Readings:** Chapter 1  
**Blackboard Activities** Week 1  
Introductions DUE on Bb Sunday at 11:59pm (MST)(10)  
Critical Thinking Questions 1 (10)  
Quiz 1: Chapter 1 (30) |
| WEEK 1              | Principles of Epidemiology & A National Nutrition agenda for Public Health  
Practice of Epidemiology – types of epidemiologic studies. Epidemiology and the Community Nutritionist.  
National Nutrition Policy in the United States. | **Readings:** Chapters 2 & 3  
**Blackboard Activities** Week 2  
CS1: Epidemiology of Obesity (40)  
CS2: From Guidelines to Sustainable Practice (40)  
**DB1:** Concept of Community (15)  
Quiz 2: Chapter 2 & 3 (30) |
| January 16 – 21     | Understanding and Achieving Behavior change  
Draw from current research on consumer behavior.  
**Community Needs Assessment** – Basic principles of needs assessment: Developing a plan and collecting data | **Readings:** Chapters 4 & 5  
**Blackboard Activities** Week 3  
CS3: Theory application (40)  
CS4: Planning a Needs assessment Focused on Schoolchildren (40)  
Critical Thinking Questions 2 (15)  
Quiz 3: Chapter 4 & 5 (30) |
| WEEK 3              | Program Planning for Success & Addressing the Obesity Epidemic  
National Nutrition Policy in the U.S.  
Nutrition Survey Results: how well do we eat?  
**Public Health Addressing** the Obesity Epidemic.  
Obesity Epidemic: surveillance and monitoring. Awareness, education, research and regulation | **Readings:** Chapters 6 & 8  
**Blackboard Activities** Week 4  
**DB2:** Factors that trigger program planning and SMART objective (15)  
**CS5:** Program Planning (40)  
**DB3:** Obesity Epidemic (15)  
**CS6:** Worksite Health Promotion Program for Prevention of Overweight (40)  
Quiz 4: Chapters 6 & 8 (30) |
| January 29 – February 4 | Midterm Exam: Chapters 1, 2, 3, 4, 5, 6 & 8 – Available on BB February 9 & 10 (80) | **Readings:** Chapter 15  
**Blackboard Activities** Week 5 |
| WEEK 5              | Gaining Cultural Competence in Community Nutrition                                                   | **Readings:** Chapter 15  
**Blackboard Activities** Week 5 |

**WEEK 6**  
**February 19 – 25**

**Principles of Nutrition Education**  

**Marketing Nutrition and Health Promotion**  
What is marketing? Social Marketing: Community Campaigns for Change. Motivating Children to Change their Eating and Activity Habits.

**Readings:** Chapter 16 & 17  
**Blackboard Activities** Week 6  
CS7: Gaining cultural competence in a Muslim Community (40)  
**DB4:** Bridging the Gap – Cultural Competence (15)  
Quiz 5: Chapter 15 (30)

**WEEK 7**  
**February 26 – March 3**

**Managing Community Nutrition Programs**  

**Readings:** Chapters 18  
**Blackboard Activities** Week 7  
CS8: Developing a Nutrition Education Plan for Older Adults at Congregate Feeding Sites (40)  
CS9: Marketing Nutrition and Health Promotion (40)  
Quiz 6: Chapter 16 & 17 (30)

**WEEK 8**  
**March 4 – 10**

**Building Grantsmanship Skills**  
Laying the Foundation for a Grant – Building the Proposal: generate ideas, describe goals, identify funding sources and identify potential collaborators and building a proposal.

**Readings:** Chapter 19  
**Blackboard Activities** Week 7  
DB5: Grantsmanship (15)  
CS10: Managing Community Nutrition Programs (30)  
Quiz 8: Chapter 19 (30)  
**Final Project (100) Due** March 8th at 11:59pm (MST)  
**Last day of Classes March 10th**  

**Final Exam**  
March 8 – 10, 2024 (Blackboard)  
Final Exam Chapters 15, 16, 17, 18 & 19 (Total points 100)

**Spring Commencement:** May 11 & 12, 2023

*Note: The course calendar is a general tentative plan for the course. Any changes will be announced to the class in advance by the instructor.*

**Important Dates**

- **Oct 23rd**  
  Spring Registration Begins

- **Jan 4th**  
  Last Day to Clear Students on Suspension/Probation as well as those with Insufficient Prerequisites

- **Jan 5th**  
  Drops for Students with Unsatisfactory Academic Standing, Insufficient Prerequisites, and Prior Grades of C in the Course

- **Jan 8th**  
  Financial Aid is Disbursed

- **Jan 15th**  
  Dr. Martin Luther King, Jr. Holiday – University Closed

- **Jan 16th**  
  Spring classes begin
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<th>Date</th>
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<tbody>
<tr>
<td>Jan 16th-19th</td>
<td>Late Registration (Fees are incurred)</td>
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<tr>
<td>Jan 31st</td>
<td>Spring Census Day</td>
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<td>Note: This is the last day to register for classes. Payments are due by 5:00 pm.</td>
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<tr>
<td>Feb 12th</td>
<td>20th Class Day</td>
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<td>Note: Students who were given a payment deadline extension will be dropped at 5:00 pm if payment arrangements have not been made.</td>
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<tr>
<td>Feb 16th</td>
<td>Graduation application deadline for degree conferral</td>
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<td>Mar 11th-15th</td>
<td>Spring Break</td>
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<td>Mar 20th</td>
<td>Freshman midterm grades are due</td>
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<td>Mar 28th</td>
<td>Spring Drop/Withdrawal Deadline</td>
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<td>Note: Student-initiated drops are permitted after this date, but the student is not guaranteed a grade of W. The faculty member of record will issue a grade of either W or F.</td>
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<tr>
<td>Mar 29th</td>
<td>Cesar Chavez Holiday - No classes; Spring Study Day</td>
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<tr>
<td>Apr 12th</td>
<td>Deadline to submit candidates’ names for commencement program</td>
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<tr>
<td>May 2nd</td>
<td>Spring – Last day of classes</td>
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<tr>
<td>May 3rd</td>
<td>Dead day</td>
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<tr>
<td>May 6-10th</td>
<td>Spring Final Exams</td>
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<tr>
<td>May 11-12th</td>
<td>Spring Commencement</td>
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<tr>
<td>May 15th</td>
<td>Grades are Due</td>
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<tr>
<td>May 16th</td>
<td>Grades are posted to student records; students are notified of grades and academic standing</td>
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**Payment Deadlines** For more information on payment deadlines, visit the [Student Business Services Website](#)