



Department of Public Health Sciences
Health Promotion Program

Course name:	Independent Study in Health (Nutrition Throughout the Life Cycle)
Course no.:	HSCI 4308 for HSCI 3323
Course CRN:	36234
Semester/year	Summer 2019
Graduate credit hours:	3
Class location:	On-line
Class instructor:	Ximena Burgos-Monzon, PhD
Email:	<p>Please feel free to contact me throughout the semester regular email. Please note that as a general rule I do not reply to email on weekends (Friday late afternoon until Monday morning). If you send a message via email that you think requires my urgent attention, you may type "URGENT HSCI 3323" in the subject line. Please save such messages for real urgent cases</p> <p><u>Important:</u> When using a cell phone to send an email always include a courteous greeting and closing.</p>
Office hours:	Virtual Office hours: By appointment using Web conferencing on BB>
Preferred contact method:	Xburgos@utep.edu
Course description:	Provides a comprehensive understanding of the nutritional needs and changes of people in the various stages of life, such as, pregnancy and lactation, infancy, childhood, adolescence, adulthood and aging with emphasis on factors influencing normal growth and development.
Course pre-requisites:	HSCI 2302 with a grade of "C" or better.
Required textbooks:	<i>Nutrition Through the Life Cycle</i> , by Judith E. Brown, Sixth Edition, 2014
Supplemental reading/material:	Articles posted in Blackboard WHO recommendations on breastfeeding NHANES 2009-10 overweight and obesity data and obesity data
Course format:	On-line
Major learning objectives (must be numbered):	<p><i>By the end of this course, students will be able to:</i></p> <ol style="list-style-type: none">1. Identify the nutrition conditions and interventions through the life cycle2. Understand the nutritional needs and changes of people in the various stages of life: pregnancy and lactation, infancy, childhood, adolescence, adulthood and aging3. Identify the factors influencing normal growth and development in the different stages of life4. Understand the influence of place and environment on the nutrition of people through the life cycle5. Defining the course of action for the prevention and care of nutritional problems through the life cycle

	6. Determine strategies to promote healthy eating and active living through the life cycle
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Assessment strategies: (must be numbered)	<p>Assessments</p> <ol style="list-style-type: none"> 1. Case Studies - There will be a total of 5 case studies assigned during the time of the course; each case study is due each week on Friday at midnight starting the second week of the semester. Specific late fee policy is described in Blackboard 2. On-line participation - Will be assessed by the use of Blackboard - Students must log in into the course at least three times per week. Assessment will include but are not limited to: <ul style="list-style-type: none"> -Blackboard Collaborative Ultra Session attendance: Students must try to log in into at least one live session during the semester. Live sessions will occur every Monday. -Blackboard assignments including but not limited to: Initial assessment of the knowledge and interest of students, videos, crossword puzzles, etc. 3. Quizzes- A total of five quizzes related to specific topics will be available during week 2, 3, 4, 5 & 6. Quizzes are due on Sunday at Midnight and there will be no make up quizzes. Students have three attempts to score the highest possible grade. 4. Final Project: Everyone will be assigned a lifestyle and students will complete a final project that is due during the last week of the semester. Additional forms and information will be available on blackboard. 5. Midterm – Will be available on blackboard during the fourth week of the semester. There will be no make-up midterm. 6. Final exam - is comprehensive and will be available On-line on the day Final exam is scheduled according to the University's Calendar
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Grading scale & criteria	<p>Student performance</p> <p>Work must be neatly and professionally typed, unacceptable written assignments will have points deducted. Additional instructions and necessary forms required for each assignment can be found on Blackboard. <u>Late work will be accepted with a specific late fee pertinent to each assignment.</u></p> <p><u>100% of the Grade-</u></p> <p>Assignments:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">1- Case Studies (50 points each)</td> <td style="text-align: right;">250</td> </tr> <tr> <td>2. Online participation - Assignments</td> <td style="text-align: right;">150</td> </tr> <tr> <td>3. Quizzes (40 points each)</td> <td style="text-align: right;">200</td> </tr> <tr> <td>4. Final project</td> <td style="text-align: right;">150</td> </tr> <tr> <td>5. MidTerm</td> <td style="text-align: right;">100</td> </tr> <tr> <td>6. Final Exam</td> <td style="text-align: right;">150</td> </tr> <tr> <td>Total</td> <td style="text-align: right;">*1000 = 100%</td> </tr> </table> <p>-Extra Credit TBD (pts added to final grade)</p> <p style="text-align: center;">Grading Scale:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">900 – 1000</td> <td style="text-align: right;">=A</td> </tr> <tr> <td>800 – 899</td> <td style="text-align: right;">=B</td> </tr> <tr> <td>700 – 799</td> <td style="text-align: right;">=C</td> </tr> <tr> <td>600 – 699</td> <td style="text-align: right;">=D</td> </tr> <tr> <td>599 and below</td> <td style="text-align: right;">=F</td> </tr> </table> <p><u>* In order to obtain all points work must be clean, professional, and creative</u></p>	1- Case Studies (50 points each)	250	2. Online participation - Assignments	150	3. Quizzes (40 points each)	200	4. Final project	150	5. MidTerm	100	6. Final Exam	150	Total	*1000 = 100%	900 – 1000	=A	800 – 899	=B	700 – 799	=C	600 – 699	=D	599 and below	=F
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Incomplete policy:	An “I” (incomplete grade) can only be considered only <u>if requested by the student in advance of the conclusion of the course</u> and only for <u>legitimate, documented</u> emergencies. Failure to request and negotiate the terms of an “Incomplete” grade before the conclusion of the course will result in a denial except in the most extraordinary circumstances.
Course/Instructor & Institutional Policies	
Attendance:	<p>It is expected that all students enrolled in <i>HSCI 3323 Nutrition Thru the LifeCycle</i> to participate in all instructional activities. Online courses are no different from classroom courses in regards to attendance. Participation must be defined accordingly. Students “attendance” on online courses will be defined as active participation on the course as described in the course syllabus. Online courses will have, at minimum, weekly mechanism for student participation, which can be documented by any or all of the following methods:</p> <ol style="list-style-type: none"> 1. Student participation in overall course 2. Student participation in discussion boards 3. Submission/completion of assignment and evaluations 4. Communication with the instructor <p>Students who do not log on to the course within the drop/add period for the course will be dropped from the course. Students who fail to maintain an active participation in an online course as defined in the course syllabus will be processed in accordance with the university’s current attendance policy.</p> <p>Other Attendance Policy: Class participation is a mandatory component of this course. It is the student’s responsibility to get all assignments and/or class notes. Not knowing about an exam or assignment due date because lack of participation in the course is not a valid excuse.</p>
Reading assignments:	All assigned readings need to be completed prior to coming to the next scheduled class session. Example: the reading assignments for week 2 need to be completed prior to coming to the week 2 class session
Writing standards	Effective public health leaders and practitioners are also effective written as well as oral communicators. Written communication is a critical element of the communication process. Our Health Promotion program both recognizes and expects good writing to be the norm for course work. Please feel free to seek out assistance from the UTEP Writing Center. It is free and they are very helpful.
Policy for late assignments	Due dates for homework, exams, presentations and other assignments are designed for fairness to all students. No exceptions to those dates will be made excepting in cases of university-designated closures. All assignments have specific due dates and specific late fees. If the assignment link is closed, there will be no late submissions or make-up opportunities.
Permission to record lectures & discussions	Not permitted without express permission from the instructor
Cellphone/electronic tablet/ use policies:	Please note that all cellular telephones, Apple or Android tablets and Laptops must be used for the purpose of enhancing the learning environments

Field trip policies:	N/A
Class participation:	Active student participation in this course is very important. Students must be prepared to participate in all online activities.
Special accommodations:	If you have a disability and need classroom accommodations, please contact The Center for Accommodations and Support Services (CASS) at 747-5148, or by email to cass@utep.edu , or visit their office located in UTEP Union East, Room 106. For additional information, please visit the CASS website at www.sa.utep.edu/cass
Student conduct:	<p>Students are expected to be above reproach in all scholastic activities. Students who engage in scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and dismissal from the university. "Scholastic dishonesty includes but is not limited to cheating, plagiarism, collusion, and the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another student, any act designed to give unfair advantage to a student or the attempt to commit such acts." <u>Regent's Rules and Regulations</u>, Part One, Chapter VI, Section 3.2, Subdivision 3.22. Since scholastic dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. From the UTEP Dean of Student Affairs (http://studentaffairs.utep.edu/Default.aspx?tabid=4386) "It is an official policy of university that all suspected cases or acts of alleged scholastic dishonesty must be referred to the Dean of Students for investigation and appropriate disposition. Any student who commits an act of scholastic dishonesty is subject to discipline. Scholastic dishonesty includes, but is not limited to cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts".</p> <p>Examples of "cheating" include:</p> <ul style="list-style-type: none"> • Copying from the homework, in-class work or exam paper of another student, engaging in written, oral, or any other means of communication with another student during an exam or homework assignment, or giving aid to or seeking aid from another student during a test; • Possession and/or use during an exam or home test of materials which are not authorized by the person giving the test, such as class notes, books, or specifically designed "crib notes"; • Using, obtaining, or attempting to obtain by any means the whole or any part of non-administered test, test key, homework solution, or computer program; using a test that has been administered in prior classes or semesters but which will be used again either in whole or in part without permission of the instructor; or accessing a test bank without instructor permission; • Collaborating with or seeking aid from another student for an assignment without authority; • Substituting for another person, or permitting another person to substitute for one's self, to take a test;

- Falsifying research data, laboratory reports, and/or other records or academic work offered for credit.

“Plagiarism” means the appropriation, buying, receiving as a gift, or obtaining by any means another's work and the unacknowledged submission or incorporation of it in one's own academic work offered for credit, or using work in a paper or assignment for which the student had received credit in another course without direct permission of all involved instructors. NOTE: This includes cutting-and-pasting and photocopying from on-line and other material.

“Collusion” means the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on scholastic dishonesty.