

HSCI 3316 Community Nutrition (CoN)

Course Schedule Fall 2023

Dates	Topics	Class Assignments
Introduction to the Course		
WEEK 1 <u>August 28 – September 3</u>	Overview of the Course – Concept of Community Review Syllabus Understanding Online Courses: Readiness for online class taking	Introductions on Blackboard (10) Syllabus Quiz (5) Readiness feedback quiz (10) Video class on Zoom – Monday August 28 th at 12:00pm (Link on BB)
Module 1 – Community Nutrition		
September 4th – Labor Day (University Closed)		
WEEK 2 <u>September 4 – 10</u>	Opportunities in Community Nutrition Community Nutrition: Concept of Community; community nutrition practice and entrepreneurship in community nutrition. Social and economic trend for community nutrition	Readings: Chapter 1 Blackboard Module Activities Quiz 1: Chapter 1 (25)
Week 3 <u>September 11 – 17</u>	Principles of Epidemiology Practice of Epidemiology – types of epidemiological studies. Epidemiology and the Community Nutritionist.	Readings: Chapter 2 Blackboard Module Activities What is Public Health? DB1: Concept of Community (20) CS1: Epidemiology of Obesity (20) Quiz 2: Chapter 2(25)
Week 4 <u>September 18 – 24</u>	A National Nutrition agenda for Public Health National Nutrition Policy in the United States.	Readings: Chapter 3 Blackboard Module Activities Critical Thinking Questions 1 (10) CS2: From Guidelines to Sustainable Practice (20) Quiz 3: Chapter 3 (25)
Module 2 – Understanding Behavior Change, Needs Assessment & Program Planning		
Week 5 <u>September 25 – October 1</u>	Understanding and Achieving Behavior change Draw from current research on consumer behavior.	Readings: Chapter 4 Blackboard Module Activities Designing a logic Model CS3: Theory application (20) Quiz 4: Chapter 4 (25)
Week 6 <u>October 2 – 8</u>	Community Needs Assessment Basic principles of needs assessment: Developing a plan and collecting data	Readings: Chapter 5 Blackboard Module Activities CS4: Planning a Needs assessment Focused on Schoolchildren (20) Quiz 5: Chapter 6 (25)
Week 7 <u>October 9 – 15</u>	Program Planning for Success Factors that trigger program planning.	Readings: Chapter 6 Blackboard Module Activities DB2: Factors that trigger program planning and SMART objective (20) Critical Thinking questions 2 (10) CS5: Program Planning (20) Quiz 6: Chapter 6 (25)

Module 3 – Public Health and Policy: Obesity Epidemic		
Week 8 <u>October 16 – 22</u>	Public Health Addressing the Obesity Epidemic	Readings: Chapter 8 Blackboard Module Activities CS6: Worksite Health Promotion Program for Prevention of Overweight (20) Quiz 7: Chapter 8 (25)
Midterm Exam – Available on BB: October 20 – 22 (Chapters 1, 2, 3, 4, 5, 6 & 8)(70points)		
Week 9 <u>October 23 – 29</u>	Health Care Systems Demographic trends and health care. Future changes in Health Care and its Delivery	Readings: Chapter 9 Blackboard Module Activities DB3: Obesity Epidemic (20) CS7: Telehealth and Nutrition and Dietetics Practice (20) Quiz 8: Chapter 9 (25)
Module 4 – Global Food and Nutrition Safety & Food Insecurity		
Week 10 <u>October 30 – November 5</u>	Food Insecurity and Food Assistance Global Food and Nutrition Security: Challenges and Opportunities Filling the gaps to strengthen the food resources safety net	Readings: Chapter 10 Blackboard Module Activities CS8: Hunger in an at-risk population (20) Quiz 9: Chapter 10 (25)
Week 11 <u>November 6 – 12</u>	Global Food and Nutrition Security Mapping poverty and Undernutrition. Food insecurity in Developing countries. Agenda for action.	Readings: Chapter 14 Blackboard Module Activities CS9: UNICEF’s Child Survival Campaign DB4: Food Insecurity (20) Quiz 10: Chapter 14(25)
Module 5 – Community Nutritionist in Action: Planning Nutrition Interventions		
Week 12 <u>November 13 – 19</u>	Gaining Cultural Competence in Community Nutrition Cross-cultural competence. Culturally Appropriate intervention Strategies. Essential organizational elements of cultural competence.	Readings: Chapter 15 Blackboard Module Activities CS10: Gaining cultural competence in a Muslim Community (20) Quiz 11: Chapter 15 (25)
Thanksgiving November 23rd & 24th (University Closed)		
Week 13 <u>November 20 – 26</u>	Principles of Nutrition Education Applying education principles to program design. Programs in action: Making Healthy Eating Fund for Students. Nutrition Education to Reduce CHD Risk. Designing Nutrition and Health Messages. Conducting Formative Evaluation.	Readings: Chapter 16 Blackboard Module Activities CS11: Developing a Nutrition Education Plan for Older Adults at Congregate Feeding Sites (20) Quiz 12: Chapter 16 (25)
Week 14 <u>November 27 – December 3</u>	Marketing Nutrition and Health Promotion What is marketing? Social Marketing: Community Campaigns for Change. Motivating Children to Change their Eating and Activity Habits.	Readings: Chapter 17 Blackboard Module Activities DB5: Bridging the Gap – Cultural Competence (20) CS12: Marketing Nutrition and Health Promotion (20) Quiz 13: Chapter 17 (25)
Week 15	Managing Community Nutrition Programs	Readings: Chapter 18 & 19 Blackboard Module Activities

<u>December 4 – 10</u>	The Four Functions of Managements. Management Issues for Heart workers for Women. Professional Focus: Time Management. Building Grantsmanship Skills Laying the Foundation for a Grant – Building the Proposal: generate ideas, describe goals, identify funding sources and identify potential collaborators. Building a proposal	CS13: Program in Action: The Better Health Restaurant Challenge (20) Quiz 14: Chapter 18 (25) DB6: Grantsmanship (20) CS14: Generating a Grant (20) Quiz 15: Chapter 19 (25)
Final Exams Week <u>December 11 – 15</u>	Final Exam: December Due Wednesday 13, 2023 at 11:59pm MST (100 Points)	
Commencement December 16 & 17th 2023		

*The course calendar is a general tentative plan for the course. The instructor will announce any changes to the class in advance

Abbreviations:

CoN: Community Nutrition

BB: Blackboard

DB: Discussion board

CS: Case Study

Important Dates

Mar 27th	Fall Registration Begins
Aug 17th	Last Day to Clear Students on Suspension/Probation as well as those with Insufficient Prerequisites
Aug 18th	Drops for Students with Unsatisfactory Academic Standing, Insufficient Prerequisites, and Prior Grades of C in the Course
Aug 21st	Financial Aid is disbursed
Aug 28th	Fall classes begin
Aug 28th-Sept 1st	Late Registration (Fees are incurred)
Sept 4th	Labor Day Holiday – University Closed
Sept 13th	Fall Census Day Note: This is the last day to register for classes. Payments are due by 5:00 pm.
Sept 25th	20 th Class Day Note: Students who were given a payment deadline extension will be dropped at 5:00 pm if payment arrangements have not been made.
Oct 6th	Graduation application deadline for degree conferral
Nov 3rd	Fall Drop/Withdrawal Deadline Note: Student-initiated drops are permitted after this date, but the student is not guaranteed a grade of W. The faculty member of record will issue a grade of either W or F.
Nov 17th	Deadline to submit candidates' names for commencement program
Nov 23rd-24th	Thanksgiving Holiday- University Closed
Dec 7th	Fall- Last day of classes
Dec 8th	Dead day
Dec 11th-15th	Fall Final Exams
Dec 16th-17th	Fall Commencement
Dec 19th	Grades are due
Dec 20th	Grades are posted to student records; students are notified of grades and academic standing
Payment Deadlines	For more information on payment deadlines, visit the Student Business Services Website