

HSCI 3316 Community Nutrition Tentative* Course Schedule
Fall 2021

Dates	Topics	Class Assignments
Module 1 – Community Nutrition		
WEEK 1 <u>August 23 - 29</u>	Overview of the Course – Concept of Community Review Syllabus Understanding Online Courses: Readiness for online class taking	Introductions on Blackboard (10) Syllabus Quiz (5) Readiness quiz (10) Video class on Zoom – Wednesday August 25 th at 12:30pm Attendance Not mandatory-Link on BB.
WEEK 2 <u>August 30 – September 5</u>	Opportunities in Community Nutrition Community Nutrition: Concept of Community; community nutrition practice and entrepreneurship in community nutrition. Social and economic trend for community nutrition	Readings: Chapter 1 Blackboard Module Activities Quiz 1: Chapter 1 (25)
September 6th – Labor Day (University Closed)		
WEEK 3 <u>September 6 – 12</u>	Principles of Epidemiology & A National Nutrition agenda for Public Health Practice of Epidemiology – types of epidemiologic studies. Epidemiology and the Community Nutritionist. National Nutrition Policy in the United States.	Readings: Chapters 2 & 3 Blackboard Module Activities What is Public Health? DB1: Concept of Community (15) CS1: Epidemiology of Obesity (20) CS2: From Guidelines to Sustainable Practice (20) Quiz 2: Chapter 2 & 3 (25)
Module 2 – Needs assessment and program planning		
WEEK 4 <u>September 13 – 19</u>	Understanding and Achieving Behavior change Draw from current research on consumer behavior.	Readings: Chapter 4 Blackboard Module Activities Designing a logic Model CS3: Theory application (20) Quiz 3: Chapter 4 (25)
WEEK 5 <u>September 20 – 26</u>	Community Needs Assessment – Basic principles of needs assessment: Developing a plan and collecting data	Readings: Chapter 5 Blackboard Module Activities CS4: Planning a Needs assessment Focused on Schoolchildren (20) Quiz 4: Chapter 6 (25)
WEEK 6 <u>September 27 – October 3</u>	Program Planning for Success – factors that trigger program planning.	Readings: Chapter 6 Blackboard Module Activities DB2: Factors that trigger program planning and SMART objective (15) CS5: Program Planning Quiz 5: Chapter 6
Module 3 – Public Health and Policy: Obesity Epidemic		
WEEK 7 <u>October 4 – 10</u>	The Art and Science of Policymaking – The process of policymaking, The legislative and Regulatory Process. National Nutrition Agenda	Readings: Chapter 7 Blackboard Module Activities CS6: Food Safety as a food policy issue (20) Quiz 6: Chapter 7(25)

<p>WEEK 8 <u>October 11 – 17</u></p>	<p>Public Health Addressing the Obesity Epidemic Health Care Systems Demographic trends and health care. Future changes in Health Care and its Delivery</p>	<p>Readings: Chapters 8 & 9 Blackboard Module Activities DB3: Obesity Epidemic (15) CS7: Worksite Health Promotion Program for Prevention of Overweight (20) CS8: Telehealth and Nutrition and Dietetics Practice (20) Quiz 7: Chapters 8 & 9 (25)</p>
<p>Mid-Term Exam Due October 19th at 11:59pm (Chapters 1 – 9)</p>		
<p>Module 4 – Nutrition Programs and Services: Global Food and Nutrition Safety & Food Insecurity</p>		
<p>WEEK 9 <u>October 18 – 24</u></p>	<p>Food Insecurity and Food Assistance Global Food and Nutrition Security: Challenges and Opportunities Filling the gaps to strengthen the food resources safety net</p>	<p>Readings: Chapter 10 Blackboard Module Activities CS9: Hunger in an at-risk population (20) Quiz 8: Chapters 10 (25)</p>
<p>WEEK 10 <u>October 25 – 31</u></p>	<p>Healthy Aging: Nutrition Assessment, Services, and Programs Healthy Adults. Programs in action: Farm to work initiative Primary Nutrition-Related Problems of Aging Home- and Community – Based Programs and Services Global Food and Nutrition Security Mapping poverty and Undernutrition. Food insecurity in Developing countries. Agenda for action.</p>	<p>Readings: Chapter 13 & 14 Blackboard Module Activities CS10: Adult day care center (20) CS11: UNICEF’s Child Survival Campaign DB4: Food Insecurity (15) Quiz 9: Chapters 13 & 14(25)</p>
<p>Module 5 – Community Nutritionist in Action: Planning Nutrition Interventions</p>		
<p>WEEK 11 <u>November 1 – 7</u></p>	<p>Gaining Cultural Competence in Community Nutrition Cross-cultural competence. Culturally Appropriate intervention Strategies. Essential organizational elements of cultural competence.</p>	<p>Readings: Chapter 15 Blackboard Module Activities CS12: Gaining cultural competence in a Muslim Community (20) Quiz 10: Chapter 15 (25)</p>
<p>WEEK 12 <u>November 8 – 14</u></p>	<p>Principles of Nutrition Education Applying education principles to program design. Programs in action: Making Healthy Eating Fund for Students. Nutrition Education to Reduce CHD Risk. Designing Nutrition and Health Messages. Conducting Formative Evaluation.</p>	<p>Readings: Chapter 16 Blackboard Module Activities CS13: Developing a Nutrition Education Plan for Older Adults at Congregate Feeding Sites (20) Quiz 11: Chapter 16 (25)</p>
<p>WEEK 13 <u>November 15 – 21</u></p>	<p>Marketing Nutrition and Health Promotion What is marketing? Social Marketing: Community Campaigns for Change. Motivating Children to Change their Eating and Activity Habits.</p>	<p>Readings: Chapter 17 Blackboard Module Activities DB5: Bridging the Gap – Cultural Competence (15) CS14: Marketing Nutrition and Health Promotion (20) Quiz 12: Chapter 17 (25)</p>
<p>Module 6 – Community Nutrition Programs</p>		
<p>WEEK 14</p>	<p>Managing Community Nutrition Programs</p>	<p>Readings: Chapter 18</p>

<u>November 22 – 28</u>	The Four Functions of Managements. Management Issues for Heart workers for Women. Professional Focus: Time Management.	Blackboard Module Activities Quiz 13: Chapter 18 (25)
Thanksgiving November 25 – 26th (University Closed)		
Week 15 <u>November 29 –</u> <u>December 5th</u>	Building Grantsmanship Skills Laying the Foundation for a Grant – Building the Proposal	Readings: Chapter 19 Blackboard Module Activities DB6: Grantsmanship (15) CS15: Generating a Grant (20) Quiz 14: Chapter 19 (25)
Final Exams Week Dec 6th – 10th	December 9th - Final Exam (Chapters 10, 13 – 19) (100)	
Commencement December 11 & 12th, 2021		

*The course calendar is a general tentative plan for the course. Any changes will be announced to the class in advance by the instructor

Important Dates

Mar 29th	Fall Registration Begins
Aug 12th	Last Day to Clear Students on Suspension/Probation as well as those with Insufficient Prerequisites
Aug 13th	Drops for Students with Unsatisfactory Academic Standing, Insufficient Prerequisites, and Prior Grades of C in the Course
Aug 16th	Financial Aid is Disbursed
Aug 23rd	Fall classes begin
Aug 23rd-27th	Late Registration (Fees are incurred)
Sept 6th	Labor Day Holiday - University Closed
Sept 8th	Fall Census Day Note: This is the last day to register for classes. If payment is not received by this day, students will be dropped.
Sept 20th	20th Class Day Note: Students who were given a payment deadline extension will be dropped at 5:00 pm if payment arrangements have not been made.
Oct 1st	Graduation application deadline for degree conferral
Oct 29th	Fall Drop/Withdrawal Deadline Note: Student-initiated drops are permitted after this date, but the student is not guaranteed a grade of W. The faculty member of record will issue a grade of either W or F.
Nov 12th	Deadline to submit candidates' names for degree conferral
Nov 25-26th	Thanksgiving Holiday - University Closed
Dec 2nd	Fall – Last day of classes
Dec 3rd	Dead day
Dec 6-10th	Fall Final Exams
Dec 11-12th	Fall Commencement
Dec 15th	Grades are Due
Dec 16th	Grades are posted to student records; students are notified of grades and academic standing
Payment Deadlines	For more information on payment deadlines, visit the Student Business Services Website