

ONLINE COURSE SCHEDULE*
HSCI 4308 Independent Study (NA) – SUMMER 2019

| Dates | Topics | Homework and Class Assignments |
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| WEEK 1 June 17 - 23 | Overview of the Course Review Syllabus Understanding Online Courses: Readiness for online class taking Introduction to Nutritional Assessment Health Research Methods Standards for desirable Nutrient Intake | Introductions DUE on Bb Syllabus and Readiness Quiz Activities under Week 1 Readings: Chapter 1, 2 & 3 |
| WEEK 2 June 24 – 30 | Dietary Methods Measuring Nutrient Intake National Food and Nutrition surveys Computerized Food and Nutrition Analysis Systems | Readings: Chapters 4, 5 & 6 Activities under Week 2 Case Study due Friday at midnight Quiz 1 Dietary Methods Due Sunday at midnight |
| WEEK 3 July 1 – 7 | Anthropometric Methods Anthropometric indicators and cutoffs Body Composition Interpretation of measurements | Readings: Chapters 7 Activities under Week 3 Case Study due Friday at midnight Quiz 2 Anthropometric Methods Due Sunday at midnight |
| WEEK 4 July 8 – 14 | Biochemical Assessment Biomarkers in Nutritional Assessment Protein levels Assessing Minerals and Vitamins Levels Blood chemistry studies | Readings: Chapter 8 Activities under Week 4 Case Study due Friday at midnight Quiz 3 Biochemical Assessment due Sunday at midnight |
| Midterm Exam – Available on BB July 12 & 13 | | |
| WEEK 5 July 15 – 21 | Clinical Assessment Nutritional assessment and client history Estimating energy and nutrient requirements Management of eating disorders, HIV patient, mini Nutritional Assessment Malnutrition Universal Screening Tool (MUST) Nutritional assessment in health promotion, disease prevention, and treatment | Readings: Chapters 9 & 10 Activities under Week 5 Case Study due Friday at midnight Quiz 4 Clinical Assessment Due Sunday at midnight |
| WEEK 6 July 22 – 28 | International Nutrition Assessment Counseling and Health coaching theory and approaches Basic communication and interviewing skills for the nutrition researcher Counseling Theories and Techniques Motivational interviewing Successful implementation of lifestyle changes What is Global Nutrition Agenda? How is an International Nutrition- Research process? Solutions to address international nutrition problems | Readings: Chapters 11 & 12 Activities under Week 6 Case Study due Friday at midnight Quiz 5 International Nutritional Assessment Due Sunday at midnight |
| WEEK 7 | Conclusion Course summary | Readings: Research article on BB Activities under Week 7 |

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| July 29 – August 4 | Dietary Analysis | Case Study due Friday at midnight Quiz 6 TBA Dietary Analysis Due Tuesday July 30 at midnight |
| Final Exam August 6, 2019 | | |

*Note: The course calendar is a general tentative plan for the course. Any changes will be announced to the class in advance by the instructor.

Due dates:

Case Studies are due each Friday at midnight and will remain available for late submission with 10 points being deducted for each day these are late until it closes 4 days after the due date.

Quizzes are due each Sunday and they will not remain open for late submissions

The University of Texas at El Paso – Academic Calendar Summer 2019 (Important Dates)

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| June 10th | Summer Full Term Classes Begin |
| June 17th | Summer Full Term Census Day; Last Day to Register for Summer Full Term; Summer Full Term Payment Deadline |
| July 4th | Independence Day Holiday – University Closed |
| July 12th | Summer Full Term Drop/Withdrawal Deadline |
| Note: Student-initiated drops are permitted after this date, but the student is not guaranteed a grade of W. The faculty member of record will issue a grade of either W or F. | |
| Aug 2nd | Summer Full Term – Last day of classes |
| Aug 5-6th | Summer Full Term Final Exams |
| Aug 8th | Grades are Due |
| Aug 9th | Grades are posted to student records; students are notified of grades and academic standing |