<table>
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<th>Dates</th>
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| WEEK 1     | Overview of the Course  
Review Syllabus  
Understanding Online Courses: Readiness for online class taking  
Introduction to Nutritional Assessment  
Health Research Methods  
Standards for desirable Nutrient Intake | Introductions DUE on Bb  
Syllabus and Readiness Quiz  
Activities under Week 1  
Readings: Chapter 1, 2 & 3 |
| June 17 - 23 |                                                                          |                                                                                               |
| WEEK 2     | Dietary Methods  
Measuring Nutrient Intake  
National Food and Nutrition surveys  
Computerized Food and Nutrition Analysis Systems | Readings: Chapters 4, 5 & 6  
Activities under Week 2  
Case Study due Friday at midnight  
Quiz 1 Dietary Methods Due Sunday at midnight |
| June 24 – 30 |                                                                          |                                                                                               |
| WEEK 3     | Anthropometric Methods  
Anthropometric indicators and cutoffs  
Body Composition  
Interpretation of measurements | Readings: Chapters 7  
Activities under Week 3  
Case Study due Friday at midnight  
Quiz 2 Anthropometric Methods Due Sunday at midnight |
| July 1 – 7 |                                                                     |                                                                                               |
| WEEK 4     | Biochemical Assessment  
Biomarkers in Nutritional Assessment  
Protein levels  
Assessing Minerals and Vitamins Levels  
Blood chemistry studies | Readings: Chapter 8  
Activities under Week 4  
Case Study due Friday at midnight  
Quiz 3 Biochemical Assessment due Sunday at midnight |
| July 8 – 14 |                                                                          |                                                                                               |
| WEEK 5     | Clinical Assessment  
Nutritional assessment and client history  
Estimating energy and nutrient requirements  
Management of eating disorders, HIV patient, mini Nutritional Assessment  
Malnutrition Universal Screening Tool (MUST)  
Nutritional assessment in health promotion, disease prevention, and treatment | Readings: Chapters 9 & 10  
Activities under Week 5  
Case Study due Friday at midnight  
Quiz 4 Clinical Assessment Due Sunday at midnight |
| July 15 – 21 |                                                                     |                                                                                               |
| WEEK 6     | International Nutrition Assessment  
Counseling and Health coaching theory and approaches  
Basic communication and interviewing skills for the nutrition researcher  
Counseling Theories and Techniques  
Motivational interviewing  
Successful implementation of lifestyle changes  
What is Global Nutrition Agenda?  
How is an International Nutrition- Research process?  
Solutions to address international nutrition problems | Readings: Chapters 11 & 12  
Activities under Week 6  
Case Study due Friday at midnight  
Quiz 5 International Nutritional Assessment Due Sunday at midnight |
| July 22 – 28 |                                                                     |                                                                                               |
| WEEK 7     | Conclusion  
Course summary | Readings: Research article on BB  
Activities under Week 7 |
| July 29 – August 4 | Dietary Analysis | Case Study due Friday at midnight  
| | | Quiz 6 TBA  
| | | Dietary Analysis Due Tuesday July 30 at midnight  

| Final Exam August 6, 2019 |

*Note: The course calendar is a general tentative plan for the course. Any changes will be announced to the class in advance by the instructor.  

Due dates:  
**Case Studies** are due each Friday at midnight and will remain available for late submission with 10 points being deducted for each day these are late until it closes 4 days after the due date.  
**Quizzes** are due each Sunday and they will not remain open for late submissions.  

The University of Texas at El Paso – Academic Calendar Summer 2019 (Important Dates)  

| June 10th | Summer Full Term Classes Begin |
| June 17th | Summer Full Term Census Day; Last Day to Register for Summer Full Term; Summer Full Term Payment Deadline |
| July 4th | Independence Day Holiday – University Closed |
| July 12th | Summer Full Term Drop/Withdrawal Deadline |

Note: Student-initiated drops are permitted after this date, but the student is not guaranteed a grade of W. The faculty member of record will issue a grade of either W or F.  

| Aug 2nd | Summer Full Term – Last day of classes |
| Aug 5-6th | Summer Full Term Final Exams |
| Aug 8th | Grades are Due |
| Aug 9th | Grades are posted to student records; students are notified of grades and academic standing |