

**Advanced Abnormal Psychology**  
PSYC 4312 CRN 35509  
**University of Texas at El Paso**  
**Maymester, 2017**

**INSTRUCTOR**

Dr. Theodore V. Cooper

**E-mail:** [tvcooper@utep.edu](mailto:tvcooper@utep.edu)

**Office:** Psychology 201A

**Office hours:** daily after class (just let me know you're coming)

**COURSE TIME AND LOCATION**

MTWRF 8:00-1:00, Psychology 306

**REQUIRED READINGS**

In addition to the chapters and journal articles listed in the course schedule, the following texts are required:

Jamison, K. R. (1995). *An Unquiet Mind: A Memoir of Moods and Madness*. New York: Vintage Publishing.

Hepola, S. (2016). *Blackout: Remembering the Things I Drank to Forget*. New York: Grand Central Publishing.

Morris, D. J. (2015). *The Evil Hours: A Biography of Post-Traumatic Stress Disorder*. New York: Mariner Books.

**COURSE DESCRIPTION**

This course will provide an in-depth examination of specific mental disorders. Although a brief review of general definition issues related to mental illness will be discussed, all students are expected to have completed previous coursework in abnormal psychology and have an understanding of the types of disorders present in the population. We will focus on diagnosis, treatment, and current research related to specific disorders. In addition, accounts of persons living with these disorders will be presented and discussed. Students should note that some of the symptoms and behaviors associated with serious mental illness may be disturbing to some. By enrolling in this course, students commit to discussion of these issues in a manner that maintains respect towards individuals with these disorders and their loved ones.

As an upper division course, the readings and pace will be challenging. This effect is magnified when taken as a Maymester course. Please ensure that you have the time and motivation to succeed in this course when deciding if it is right for you.

**LEARNING OUTCOMES**

By the end of this course, students should be able to:

- Describe best practices for assessing and treating the mental illnesses covered
- Describe recent empirical findings regarding causes of the mental illnesses covered
- Discuss issues related to serious mental illness in a sensitive manner

## EMAIL

Email is the most effective way to communicate with me. I will do my best to respond to your messages in a timely manner, but please allow up to 24 hours for a response. Please include "PSYC 4312" in the subject line of emails (so I know you are one of my students), and be sure to include your full name in the message (so I know who I am communicating with).

## ACADEMIC DISHONESTY

Academic dishonesty in any form will not be tolerated. Academic dishonesty includes: cheating on exams or assignments, forgery, and plagiarism. Students caught engaging in academic dishonesty may receive an "F" for the course. Please review UTEP's policy statement on academic dishonesty: <http://academics.utep.edu/Default.aspx?tabid=23785>

## DISABILITY ACCOMODATIONS

If you have a disability and require accommodation, please contact the please contact the Center for Accommodations and Support Services at 915-747-5148 or via e-mail ([cass@utep.edu](mailto:cass@utep.edu)) as soon as possible (certainly before the third day of class). They will help you with the required paperwork necessary to obtain accommodation.

## HONORS DESIGNATION

This course is designated as an honors course for students enrolled in the Liberal Arts Honors Program. The course requires intensive writing, advanced readings, and critical thinking. More information about the program is available at [academics.utep.edu/lahp](http://academics.utep.edu/lahp).

## COURSE REQUIREMENTS

**Class Participation:** *14 points, total.* To do well in this course, you need to attend every class session, listen actively, and contribute to the class discussion of the material. Material presented in lecture and discussion during class will not be available at any other time. Missing a class session during Maymester is the equivalent of missing a week or more during the regular semester.

**Exams:** *86 points, total.* Two non-cumulative, essay exams will be administered, each worth 43 points. Exams will be administered at the beginning of the class on the dates listed in the course schedule; you will be allotted 2.5 hours for each exam. You may bring your readings and notes to the exams, but you cannot use a laptop computer or any other technology during the exams. You are expected to take the exams as scheduled. The only exceptions to this policy are (a) observance of religious holidays and (b) participation in UTEP-sponsored activities (e.g., sports competitions). If you expect to miss an exam for either of these reasons, you must alert the instructor on the first day of the term and submit documentation of the absence as described in the UTEP faculty manual. **I understand that unforeseen circumstances arise, but it is your responsibility to ensure that you are present to take the exams as scheduled; it is very unlikely that I will be able to accommodate any requests for make-up exams.**

## GRADING

Grades will be based on the total number of points earned (out of a possible 100) using the following scale:

90 and above	= A
80 to 89.9	= B
70 to 79.9	= C
60 to 69.9	= D
59.9 and below	= F

Any questions or disputes regarding grades must be raised in writing within five days of the grade being released. Grades will only be changed in cases of administrative error.

### **COURSE SCHEDULE**

Adjustments to the course schedule are unlikely, but may occur. Adjustments will be announced in class and via email.

Readings must be completed by the earliest date listed below:

<b>Date</b>	<b>Topic/Readings</b>
5/15	Course introduction Definitional issues in abnormal behavior General issues in treatment and assessment of mental disorder <u>Readings:</u> Psychopathology: History, diagnosis, and empirical foundations, Chapter 1.
5/16	Mood Disorders Major Depressive Disorder. <u>Readings:</u> Kalibatseva, Z., & Leong, F. T. L. (2014). A critical review of culturally sensitive treatments for depression: Recommendations for intervention and research. <i>Psychological Services, 11</i> , 433-450. Clinical Handbook of Psychological Disorders, Chapter 6.
5/17	Mood Disorders Bipolar Disorder. <u>Readings:</u> Miziou et al. (2015). Psychosocial treatment and interventions for bipolar disorder: A systematic review. <i>Annals of General Psychiatry, 14</i> , 19. Psychopathology: History, diagnosis, and empirical foundations, Chapter 10.
5/18	Mood Disorders Bipolar Disorder. Jamison should be complete
5/19	<b>Exam 1 (8:00 to 10:30)</b> Mood disorders.

5/22	<p>Substance Use Disorders.</p> <p>Assessment and Tobacco Use Disorders</p> <p><u>Readings:</u>  Cabriaes, J. A., Cooper, T. V., &amp; Taylor, T. (2013). Prescription drug misuse, illicit drug use, and their potential risk and protective correlates in a Hispanic college student sample. <i>Experimental and Clinical Psychopharmacology</i>, 21, 235-244.</p> <p>Gutierrez, K. M., &amp; Cooper, T. V. (2014). Investigating correlates of synthetic marijuana and salvia use in light and intermittent smokers and college students in a predominantly Hispanic sample. <i>Experimental and Clinical Psychopharmacology</i>, 22, 524-529</p> <p>Cabriaes, J. A., Cooper, T. V., Salgado-Garcia, F., Naylor, N., &amp; Gonzalez, E. (2012). A randomized trial of a brief smoking cessation intervention in a light and intermittent Hispanic sample. <i>Experimental and Clinical Psychopharmacology</i>, 20, 410-419.</p>
5/23	<p>Substance Use Disorders.</p> <p>Alcohol Use Disorders</p> <p><u>Readings:</u>  Psychopathology: History, diagnosis, and empirical foundations, Chapter 15.</p> <p>Hepola should be complete.</p>
5/24	<p>Anxiety Disorders.</p> <p>OCD and PTSD</p> <p><u>Readings:</u>  Clinical Handbook of Psychological Disorders, Chapter 4.</p> <p>Peter-Hagene, L. C., &amp; Ullman, S. E. (2015). Sexual assault-characteristics effects on PTSD and psychosocial mediators: A cluster-analysis approach to sexual assault types. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i>, 7, 162-170.</p>
5/25	<p>Anxiety Disorders.</p> <p>PTSD.</p> <p><u>Readings:</u>  Psychopathology: History, diagnosis, and empirical foundations, Chapter 7.</p> <p>Morris should be complete</p>
5/26	<p><b>Exam 2 (8:00a to 10:30a)</b></p>