

University of Texas at El Paso
Department of Kinesiology
KIN 4351- Internship in Human Fitness, Performance, Strength & Conditioning
Spring 2024

General Information

Instructor: Ski Noriega
Email: sanoriega3@utep.edu
CHHP Director: Sean Miller, M.S.
Teaching Assistants: Anilu Vega
Jacob Telles
Pablo Suarez
Brenda Alvarez
Office Hours: By appointment
Course Textbook: *None*

Course Description

The internship is designed to serve as an opportunity for students in the kinesiology program to gain practical experience in the fields of general health, human performance, or strength and conditioning. Below is an outline of all internship-related assignments that will be submitted over the course of the semester.

Course Site – *Center for Health and Human Performance (CHHP Program)*

Located in the Ross Moore building. This program will revolve around the newly formed CHHP program. Students will work closely with members of the community on health and fitness programming.

Course Evaluation

Timesheets

200 Hours Total

Timesheets: Students are expected to keep their timesheets, have them signed by their respective site supervisor for every day they attend their respective internship location. This will help both students and the coordinator to see the day-to-day hour completion in which the student participates. Students are required to complete a minimum of 200 hours of work to complete the internship. **Timesheets are not worth any points, but without them you cannot pass the course.**

Weekly Schedule: Interns will adhere to a weekly schedule. The schedule will be set during the first week of the Spring 2024 semester (January 16 – January 19). Interns are expected to meet with the site coordinator/Teaching Assistant to determine their schedule and weekly time commitment to the CHHP program. ***The CHHP program is highly dependent on students and staff, therefore, student interns are not permitted to complete their hours before the end of the semester, so it is important to balance their weekly hours throughout the 15 weeks.***

University Policies and Resources

Cheating, Plagiarism, Scholastic Dishonesty, and Student Discipline: Cheating is obtaining a reward for ability by dishonest means. It is unethical and not acceptable. Plagiarism occurs whenever a student quotes, paraphrases or summarizes another person's work without providing correct citation. Plagiarism occurs whether the work quoted is a book, article, website, reader's guide like Cliffs Notes or SparkNotes, another student's paper, or any other source. An entire essay is fraudulent even if only a single sentence is plagiarized. *Do not submit work under your name that you did not do yourself, ever.* You may not submit work for this class that

you did for another class. If you cheated or plagiarized, you will be subject to disciplinary action as stated in the UTEP undergraduate catalog policy.

“Scholastic dishonesty (which includes the attempt of any student to present the work of another as his or her own, or any work which s(he) has not honestly performed, or attempting to pass any examination by improper means) is a serious offense and will subject the student to disciplinary action. The aiding and abetting of a student in any dishonesty is held to be an equally serious offense. All alleged acts of scholastic dishonesty should be reported to the Dean of Students for disposition. It is the Dean of Students’ responsibility to investigate each allegation, dismiss the allegation, or proceed with disciplinary action in a manner which provides the accused student his or her rights of due process.” Refer to <http://www.utep.edu/dos/acadintg.htm> for further information.

UTEP has a site license for **Turnitin.com**, a plagiarism detection site that you can also use to check your own work for this or other classes to prevent getting in trouble. If you want to test your understanding of plagiarism, take the self-assessment at <http://education.indiana.edu/~frick/plagiarism> or visit <http://www.turnitin.com>

When an assignment specifies that you must perform a task individually, asking for your classmates’ help is **collusion** and thus scholastic dishonesty. Any instances of scholastic dishonesty will be reported to the Dean of Students Office.

Deadline Policy and Late Assignments: It is essential that you regularly visit the course schedule and Blackboard website prepared to work. Once a deadline has passed, you can no longer turn in your work for credit.

Students in Need of Assistance: UTEP seeks to provide reasonable accommodation for all qualified individuals who need accommodations or support for their learning. This university adheres to all applicable federal, state, and local laws, regulations and guidelines with respect to providing reasonable accommodations as required, affording equal educational opportunity. It is the *student's responsibility* to register with the **Center for Accommodations and**

Support Services: <http://sa.utep.edu/cass/> in the UTEP Union Bldg. East Wing, Room 106 *within the first two weeks of classes*, and inform the faculty member to arrange for appropriate accommodations or support.

The CASS Office can also be reached in the following ways: Web: <http://cass.utep.edu/>; Phone: (915) 747-5148 voice or TTY; Fax: (915) 747-8712; E-Mail: cass@utep.edu

Campus Safety and Emergencies Notifications: Information Technology at UTEP provides emergency notification via your mobile phone. Visit <http://www.utep.edu/it> for more information and registration. Check the UTEP website for health-related information and updates.

Blackboard Help: Students can receive help on blackboard 24/7 by calling 915-747-4357 and selecting option number 2, or by visiting https://www.utep.edu/technologysupport/ServiceCatalog/Student_Services.html

KIN 4351 Final Evaluation by Site Supervisor

To be filled out by Internship on-site supervisor.

Intern Name: _____ Date: _____

Site Supervisor: _____ Academic Supervisor: **Ski Noriega**

Organization: Center for Health and Human Performance ____ Ross Moore (UTEP Campus)_

On-Site Supervisor Directions: Before the end of the semester (end of the internship experience), please meet with the student intern, giving them feedback and completing this evaluation form. Your opinions and comments will not only facilitate the assessment of the intern's performance but will also identify problems that need attention.

Please circle the appropriate rating:

Low	Average		High	
1	2	3	4	5

The intern named above:

1. Came well prepared for this Practicum	1	2	3	4	5
2. Possesses necessary writing skills	1	2	3	4	5
3. Possesses necessary speaking skills	1	2	3	4	5
4. Works independently	1	2	3	4	5
5. Does assignments thoroughly	1	2	3	4	5
6. Demonstrates responsibility	1	2	3	4	5
7. Demonstrates dependability	1	2	3	4	5
8. Shows creativity	1	2	3	4	5
9. Produces high quality work	1	2	3	4	5
10. Produces maximum quality of work	1	2	3	4	5
11. Exhibits a professional attitude	1	2	3	4	5
12. Exhibits integrity and ethical decision-making	1	2	3	4	5
13. Adapts to changing circumstances	1	2	3	4	5
14. Cooperates consistently	1	2	3	4	5
15. Maintains regular attendance	1	2	3	4	5
16. Is punctual	1	2	3	4	5
17. Is courteous and friendly	1	2	3	4	5
18. Presents an acceptable personal appearance	1	2	3	4	5
19. Exhibits growth and maturity	1	2	3	4	5
20. Exhibits leadership skills and qualities	1	2	3	4	5

Comments:

Site Supervisor Signature: _____ Date: _____

Work Phone Number: _____ Work Email: _____

KIN 4351-Internship Time Sheet

Intern Name: _____

Internship Site: _____ Center for Health and Human Performance _____

Site Supervisor: _____

	<u>Date (mm/dd/yy)</u>	<u>Hours Worked</u>
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		
	Total Hours for Period =	

I certify that the above information is true and correct.

Student Intern Signature

Date

Supervisor Signature

Date