

Foundations of Kinesiology: KIN 1303

Instructor information

Instructor	Email	Office Location	Office Hours	Office Phone
Ski A. Noriega	sanoriega3@utep.edu	Health Science #453	By Appointment	(915) 747-7240

Class Times:

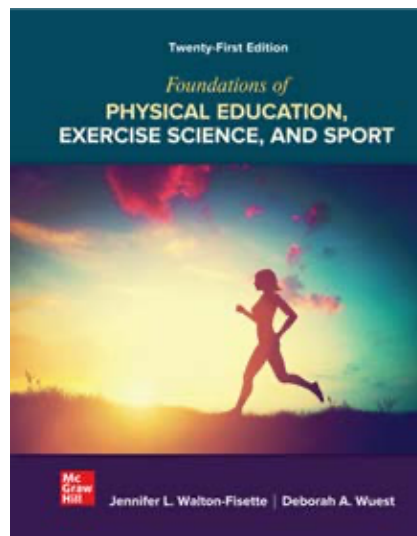
Days	Time	Location
Monday (In Person) Wednesday (Online) *Hybrid Course*	10:30am-11:50am	Health Science Room 206

Course Description

Study of the history and philosophy of physical activity and introduction to anatomy, physiology, biomechanics, motor behavior, and psychology of exercise and sport.

Textbook

Foundations of Physical Education, Exercise Science, and Sport. Wuest & Fiset, 21st edition



Grading

1. Quizzes: There will be 10 Quizzes throughout the semester. The quizzes will be made available on Wednesday and will be over the material discussed in class. All quizzes will be taken on Blackboard.
2. Final Exam (Cumulative)
3. Discussion Board: There will be 2 discussion board assignments that you will have the opportunity to complete to receive extra points. These discussions will be related to topics covered in the class and/or timely events related to the discipline. You are required to post your own response AND comment on another students post to receive the full credit.

Rubric

Requirement	Points
Quizzes (10) at 5pt each	50
Cumulative Final Exam	50
Total	100
Discussions (2) *Extra Points	10*

Course Grade Determination

A = 100-90

B = 89-80

C = 79-70

D = 69 -60

F = 59 and lower

IMPORTANT:

Technology in the classroom:

All quizzes and discussion boards will be administered via Blackboard in class. This means that it is the responsibility for each student to bring a fully charged, WIFI capable laptop or tablet with them to class. If you do not have one, you may check one out from the [library](#) free of charge. This will be a requirement in many of your professional KIN classes and is commonplace in almost all work settings KIN majors undertake after graduating.

Cell Phones will not be an accepted form of technology

Textbook VS Lecture Notes:

Although we will cover the majority of topics from the textbook during lecture, it is critical that the student completely read the textbook chapter prior to class. All material from the lectures and textbook chapters will be used during the quizzes/exams.

Cheating, Plagiarism, Scholastic Dishonesty, and Student Discipline: Cheating is obtaining a reward for ability by dishonest means. It is unethical and not acceptable. Plagiarism occurs whenever a student quotes, paraphrases or summarizes another person's work without providing correct citation. Plagiarism occurs whether the work quoted is a book, article, website, reader's guide like Cliffs Notes or SparkNotes, another student's paper, or any other source. An entire essay is fraudulent even if only a single sentence is plagiarized. *Do not submit work under your name that you did not do yourself, ever.* You may not submit work for this class that you did for another class. If you cheated or plagiarized, you will be subject to disciplinary action as stated in the UTEP undergraduate catalog policy.

“Scholastic dishonesty (which includes the attempt of any student to present the work of another as his or her own, or any work which s(he) has not honestly performed or attempting to pass any examination by improper means) is a serious offense and will subject the student to disciplinary action. The aiding and abetting of a student in any dishonesty is held to be an equally serious offense. All alleged acts of scholastic dishonesty should be reported to the Dean of Students for disposition. It is the Dean of Students’ responsibility to investigate each allegation, dismiss the allegation, or proceed with disciplinary action in a manner which provides the accused student his or her rights of due process.”

Deadline Policy and Late Assignments: It is essential that you regularly visit the class Blackboard website prepared to work. **Once a deadline has passed, you can no longer turn in your work for credit.** Plan carefully to ensure you meet the deadlines. If you wait until the last minute, things that can go wrong often do. Do not procrastinate ☺

Missed Tests: All assignments will strictly follow UTEP's attendance policy. Any missed assignment that does not meet the requirements of an excused absence will be counted as a 0. If you are going to / or miss an assignment and you believe the absence is excusable, you must contact the Professor within 24 hours of the assignments due date. Emailing later in the semester about missing grades, even if the absence was excused, will not be accepted. It is the student's responsibility to keep track of when assignments are due and communicating to the Professor when absences happen.

Students in Need of Assistance: UTEP seeks to provide reasonable accommodations for all qualified individuals who need accommodations or support for their learning. This university adheres to all applicable federal, state, and local laws, regulations and guidelines with respect to providing reasonable accommodations as required, affording equal educational opportunity. It is the *student's responsibility* to register with the **Center for Accommodations and Support Services** <http://sa.utep.edu/cass/> in the UTEP Union Bldg. East Wing, Room 106 **within the first two weeks of classes**, and inform the faculty member to arrange for appropriate accommodations or support.

The CASS Office can also be reached in the following ways: Web: <http://cass.utep.edu/>; Phone: (915) 747-5148 voice or TTY; Fax: (915) 747-8712; E-Mail: cass@utep.edu

Campus Safety and Emergencies Notifications: Information Technology at UTEP provides emergency notification via your mobile phone. Visit <http://www.utep.edu/it> for more information and registration. Check the UTEP website for health related information and updates.

COVID-19 PRECAUTIONS

Please stay home if you have been diagnosed with COVID-19 or are experiencing COVID-19 symptoms. If you are feeling unwell, please let me know as soon as possible, so that we can work on appropriate accommodations. If you have tested positive for COVID-19, you are encouraged to report your results to covidaction@utep.edu, so that the Dean of Students Office can provide you with support and help with communication with your professors. The Student Health Center is equipped to provide COVID 19 testing.

The Center for Disease Control and Prevention recommends that people in areas of substantial or high COVID-19 transmission wear face masks when indoors in groups of people. The best way that Miners can take care of Miners is to get the vaccine. If you still need the vaccine, it is widely available in the El Paso area, and will be available at no charge on campus during the first week of classes. For more information about the current rates, testing, and vaccinations, please visit epstrong.org

**Kinesiology 1303 Foundations of Kinesiology:
Spring 2024 Tentative Schedule**

Week	Dates	Topics	Assignments
1	January 15, 2024 - January 19, 2024	Welcome Intro to Class	
2	January 22-26	(1) Meaning and Scope	
3	January 29- February 2	(2) Philosophy, Goals & Objectives & (3) Health & Physical Activity in Our Society	Quiz #1-Jan. 31st
4	February 5-9	(4) Historical Foundations	Quiz #2-Feb 7th
5	February 12-16	(5) Motor Behavior	Quiz #3- Feb.14th
6	February 19-23	(6) Biomechanical Foundations	Quiz #4-Feb. 21st
7	February 26-March 1	(7) Exercise Physiology & Fitness	Quiz #5-Feb.28th
8	March 4-8	In Class Activities	
9	March 11-15	Spring Break☺	
10	March 18-22	(8) Sociological Foundations	Quiz #6-Mar.20th
11	March 25-29	(9) Sport and Physical Activity Psychology	Quiz #7-Mar.27th
12	April 1-5	(10) Physical Education Pedagogy	Quiz #8-Apr. 3rd
13	April 8-12	(12) Teaching & Coaching Careers	Quiz #9-Apr.10th
14	April 15-19	(13) Fitness & Health Related Careers	Quiz #10-Apr.17th
15	April 22-26	(14) Sport Management, Media, and Sport- Related Careers	
16	April 29- May 3	Review for Final	
17	May 6-10	Finals Weeks	

