

ICE Syllabus Summer 2022

**The University of Texas at El Paso
College of Health Sciences
Doctor of Physical Therapy Program**

PT 5105

**Integrated Clinical Education
COURSE SYLLABUS**

Summer 2022

Credit Hours: 1**Contact Hours:** Total: **80 hrs**

Lecture: 4 hrs; Lab: 0 hrs; Clinic: 71 hrs;
Other: 5 hrs (Independent study assignments)

Schedule: Classroom scheduled for Jun 7 & 9
(see schedule for other assignments)
Clinic hours run Jun 7-July 28
Tuesday and Thursday 7:00 am – 7:00 pm (actual time on clinic
schedule)

Coordinator/Instructor: Name: Michelle Gutierrez, PT, DSc
Phone: 915-747-8148
E-mail: mgutierrez28@utep.edu
Cell phone: 575-650-9121
Office Hours: By appointment only
<https://calendly.com/drgutierrez/30-minute-meeting>
*Virtual Office Hours are via Zoom platform with wait room
enabled.*
[https://utep-
edu.zoom.us/j/86456451410?pwd=YmprN3NpTVUvampMZlJpNFRDc0hHUT09](https://utep-edu.zoom.us/j/86456451410?pwd=YmprN3NpTVUvampMZlJpNFRDc0hHUT09)

I HIGHLY recommend adding the appointment to your calendar.

Coordinator/Instructor: Name: Rhonda Manning, PT, DPT
Phone: 915-747-7610
E-mail: rajeske@utep.edu
Cell phone: 915-269-1705
Office Hours: By appointment only

Course Description: This introduction to the clinical setting will assist students in integrating their didactic knowledge thus far in the curriculum into clinical practice. Acculturation to the profession is a key component of this course.

Course Prerequisites for DPT Students: The UTEP DPT Program curriculum is a lock-step curriculum. Therefore, students must pass all courses in the prior semester of the DPT Program in order to enroll in courses in the subsequent semester. Faculty may consider exceptions for PT 6116 PT Capstone Project I and PT 6117 PT Capstone Project II.

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Course Objectives:

Upon completion of this course, the student will be able to:

1. Demonstrate proficient performance in basic interpersonal and professional skills. (7D1, 7D4, 7D5) [Application]
2. Recognize TeamSTEPPS communication strategies during interprofessional practice. (7D7, 7D37, 7D39) [Comprehension]
3. Develop 2 written home exercise programs for 2 patients, one in English and one in Spanish. (7D12, 7D27i) [Synthesis]
4. Educates at least one patient in the prescribed home exercise program in English or Spanish. (7D12, 7D27h) [Analysis]
5. Demonstrate accurate self-assessment skills using reflection in action, on action, and for action strategies. (7D4-Code of Ethics Principle 6B specifically) [Application]
6. Navigate the EMR to successfully complete the medical record assignment. (7D40) [Application]
7. Compose a reflection essay describing individual acculturation to PT practice. (7D1) [Synthesis]

Methods of Instruction: Lecture and seminar activities. Clinical placement in 2 of a variety of practice settings such as acute care, out-patient, long-term care, or in-patient rehab.

Methods of Evaluation: Student competence and attainment of course objectives are assessed using a variety of methods. These methods and their contribution to the final grade are listed in the table below.

<u>Item</u>	<u>Grade Composition</u>
Daily summary sheets (pg 10 of syllabus) completed by the preceptor and the student. The student uploads to Blackboard at the end of each day in the clinic for a total of 8 summary sheets each clinic and 2 for Orthotic clinic. (6 points each)	60%
Telerehab Reflection	5%
TeamSTEPPS Observation Assignment	5%
Medical Record Assignment	5%
Two Home Exercise Programs with appropriate dosing parameters, one in English and one in Spanish must be completed. These may be computer generated from an exercise software program. (5% each)	10%
PTSE complete	5%
Reflection summary paper	10%
Fail to submit the signed contract by June 2	-1% each day late
Total	100%

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Grading Scale: The following letter grade scale is used for the UTEP Doctor of Physical Therapy Program:

Letter Grade Scale	Numerical Grade Scale
S	100-80
U	Below 80

Required Textbooks and Other Learning Resources:

- 1) APTA membership for accessing APTA Clinical Instructor Resources for members

Recommended Textbooks and Other Learning Resources:

- 1) All course textbooks required/recommended in the first 4 semesters.

Resources Available for Student Success:**Confidential Resources:**

- **Center for Accommodations and Support Services (CASS):** If you have or suspect a disability and need accommodations, you should contact the Center for Accommodations and Support Services (CASS) at 747-5148. You can also e-mail the office at cass@utep.edu or go by their office in Union Building East, room 106 (next to the UTEP post-office). For additional information, visit the CASS website at <http://sa.utep.edu/cass>.
- **The UTEP Student Health Center:** Union East Suite 100; 915.747.5624; www.utep.edu/chs/shc
- **The UTEP Counseling and Psychological Services:** 202 Union West, 915.747.5302; www.utep.edu/student-affairs/counsel

Additional Resources:

- Division of Student Affairs. 915.747.5076, www.utep.edu/student-affairs
- DPT Library Research Guide: <http://libguides.utep.edu/pt>
- Writing Center: 915.747.5112. <https://uwc.utep.edu>
- Computer Labs: Independent Learning Center (ILC), 1st floor Campbell Building
- Military Student Success Center: 915.747.5342, www.utep.edu/student-affairs/mssc
- Student Wellness Program. 915.747.6738, www.utep.edu/chs/wellness

University Policies: All students are responsible for following UTEP policies and procedures found in the Handbook of Operating Procedures at www.utep.edu/vpba/hoop

Program Policies: All DPT students are responsible for following all policies and procedures documented in the current DPT Student Handbook. Course policies found in the DPT Student Handbook apply to all courses in the DPT curriculum. The current DPT Student Handbook may be found on the DPT Student Resources site on Blackboard.

Academic Integrity: The UTEP DPT Program has a “zero tolerance policy” for scholastic dishonesty. DPT students must demonstrate academic integrity at all times. The current DPT Student Handbook outlines specific definitions, expectations, details, and consequences related to academic integrity and scholastic dishonesty. Additional information related to academic integrity is available through the UTEP Division of Student Affairs at www.utep.edu/student-affairs/osccr/student-conduct/academic-integrity.html

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Course-Specific Policies:

1. **Attendance Policy - Absences:** Refer to current DPT Student Handbook "Attendance and Classroom Behavior" for the DPT Program policy. Additional course-specific policy are as follows:
 - 100% attendance at lecture/lab experiences. If any clinical experience days are missed, the time MUST be made up on another day as agreed by preceptor and student and course instructors. 2% of course grade is deducted for each lecture missed and 10% will be deducted for a missed clinic day.
 - Participation in Clinical Instructor Course on June 8, 2020. More info will be provided on Blackboard. If a student misses this course, 10% will be deducted from the course grade.
2. **Attendance Policy - Tardiness & Early Departures:** Refer to current DPT Student Handbook "Attendance and Classroom Behavior" for DPT Program policy.
3. **Electronic Devices:** Refer to current DPT Student Handbook "Electronic Devices" for DPT Program policy.
4. **Professional Behavior Policy:** See DPT Student Handbook "Attendance and Classroom Behavior", "Professional Behaviors" and "Unprofessional Behavior:" for general program policy. Additional course-specific is as follows:
 - If a student is dismissed by the clinical site for any egregious behavior, it will result in failure of the course and possible dismissal from the DPT Program. Egregious behavior examples in the clinic include, but are not limited to: showing up to the clinic impaired by alcohol or illicit drugs, sexual misconduct, disrespectful communication, or violation of HIPAA.
 - Information shared about clinical sites and patients is considered to be covered by the APTA Code of Ethics and Federal Regulations including HIPAA. Any information shared for the purpose of the course must not reveal any personal health information that would be considered a violation of HIPAA. Thus, discussion outside of class with individuals not in this class or with other class members in settings where you cannot assure that no one else may overhear the conversation is considered a breach of confidentiality and will result in failure of this course. This includes any posting on social media of confidential information OR clinical site information not intended for the public. If any derogatory statements about a clinical site or the staff are found on social media, this will be grounds for failure of the course and possible legal action depending on the infraction.
5. **Late or Missed Assignments and Assessments Policy:** See current DPT Student Handbook "Written Examination Policy". Additional course-specific policy is as follows:
 - Late assignments will not be graded, but all assignments are expected to be turned in regardless of time. No assignment is = to missed class time= 2% deduction of course grade. No daily summary sheet = no participation in the clinical setting = absence = 10% will be deducted for a missed clinic day. Consequences for late assignments will vary depending on the severity of the infraction. This includes late submission of compliance requirements. If any compliance requirement is deemed late by the compliance office, then the student will not be allowed to complete the clinical hours and will therefore have to take this course at a later date depending on availability of a clinical site, thus delaying matriculation in the DPT Program.

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- *Students must sign a contract that documents their responsibility in meeting the course objectives.*
6. **Skills Check Policy:**
- Not applicable
7. **Practical Exam Policy:**
- Not applicable

Course Content and Schedule: (Note: Students will be notified of changes via Blackboard or email. Additional details may be available in supporting course documents provided by the course instructor).

Tentative Topic/Assignment Outline:**DUE DATES ARE LISTED IN ASSIGNMENT INSTRUCTIONS**

Date	Topic	Reading Assignments Assignment Due Dates
Wk 1	Review Clinic Assignments	<i>Review Student Handbook Clinical Education Policies and Professional</i> <i>Review BB reading assignments</i> <i>Watch Orthotics Video on Blackboard (52 min)</i> ALL STUDENTS Turn in signed contract by Jun 2 by 11:59 PM (pg 9 of syllabus)
Wk 2 Jun 7 8-11	ALL STUDENTS ATTEND WEEK 1 (3 hours) Introduction to course and expectations.	
Wk 2 Jun 7 & 9 (1:00-? At least 4 hours)	Clinic Day 1- Be prepared, don't be late!	<i>Summary sheet #1 due by 11:59PM <u>same day</u> as clinic attendance</i>
Jun 9 8:00 am – 11:00 am	ALL STUDENTS Fox Rehab Telehealth Zoom link will be provided.	ALL STUDENTS Telerehab Reflection due by Jun 11, 11:59 PM
Wk 3 Jun 14 & 16	Clinic Day 2	<i>Summary sheet #2 and Group 1&2 orthotics summary sheet due by 11:59PM <u>same day</u> as clinic attendance</i>
Wk 4 Jun 21 & 23	Clinic Day 3	ALL STUDENTS Home Exercise Programs in English and Spanish Due June 25 11:59PM <i>Summary sheet #3 and Group 3&4 orthotics summary sheet due by 11:59PM <u>same day</u> as clinic attendance</i>

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Wk 5 Jun 28 & 30	Clinic Day 4	Summary sheet #4 due by 11:59PM <u>same day</u> as clinic attendance Medical Record Assignment and Teamstepps Assignment due for students assigned in Acute and Rehab settings by July 1, 11:59 PM
Wk 6 Jul 5 & 7	Clinic Day 5- New site for many, don't be late, make a good 1 st impression!	Summary sheet #5 due by 11:59PM <u>same day</u> as clinic attendance
Wk 7 Jul 12 & 14	Clinic Day 6	Summary sheet #6 and Group 1&2 orthotics summary sheet due by 11:59PM <u>same day</u> as clinic attendance
Wk 8 Jul 19 & 21	Clinic Day 7	Summary sheet #7 and Group 3&4 orthotics summary sheet due by 11:59PM <u>same day</u> as clinic attendance
Wk 9 Jul 26 & 28	Clinic Day 8 – LAST DAY	Summary sheet #8 due by 11:59PM <u>same day</u> as clinic attendance Medical Record Assignment and Teamstepps Assignment due for students assigned in Acute and Rehab settings by July 29, 11:59 PM Reflection paper and PTSE1 due July 30 11:59 PM

ASSIGNMENTS:

There are **5 assignments in addition to the daily summary sheets** that are due through BBL. ALL Assignments must include students' names in BOTH the document file name and in the top right corner of all pages. ALL document file names should adhere to the following pattern: student last name_PT5105_assignment name.docx. Example: STUDENTNAME_PT5105_Title of Essay.docx.

For the reflection papers: Follow the **DPT Student Handbook expectations** for writing. In addition, students must use 12-point font, 1-inch margins and 1.5-2 line spacing. Papers should be submitted in Microsoft Word document format. There should be a title (make me want to read this) and of course a title page. AMA Style must be adhered to for all student work (hint, this is doctoral work, so there should be references). Assignments must include students' names in BOTH the document file name and in the top right corner of all pages.

Late assignments will not be graded so stay up with the due dates posted on BBL.

Students must assure that their papers have successfully uploaded as an attachment. Students who have difficulty with submitting their work online must contact the instructor or help desk

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immediately. Only after this process has been completed will an assignment be accepted via email.

Submit assignments early if you have the opportunity to complete them before the deadline.

1. Daily Summary Sheets. Preceptor must check the boxes and sign the document. Students must document a thorough and concise summary of the day's activities. Eight days in the clinic + two days at Custom Orthotics and Prosthetics = 10 summary sheets to be submitted. No summary sheet = no attendance of clinic = absence of clinic = deduction of overall grade.

2. HOME EXERCISE PROGRAMS: Develop 2 separate HEPs for 2 different patients according to the standards of the clinic site (ex. use of computerized programs vs type written, etc.) The goal is to develop one in English and one in Spanish. If no opportunity for Spanish, then the student still needs to create a program in Spanish and turn it in on BBL. See BBL for deadlines. HEP may be turned in as a PDF or word document.

3. Medical Record Assignment: The medical record assignment is to be completed in the in-patient setting. See Blackboard for the assignment details.

4. TeamSTEPPS Assignment: The TeamSTEPPS assignment is an observation assignment to recognize communication strategies. See Blackboard for the assignment details.

5. Telerehab Reflection: Minimum 500 words. Write a 1-2 page reflection. Reflect upon the experience. What did you learn? What was surprising? What would you have done differently?

6. Reflection Essay: Minimum 1000 words. This essay summarizes the professional growth that occurred during the summer ICE.

Reflect on these questions as you create your self-reflection essay:

- A. What have I learned during the days spent in the clinic?
- B. What did I hope to learn?
- C. What surprised me about PT clinical practice or my own performance?
- D. Reflect on the 3 different setting you experienced, how was the patient-therapist relationship different in the different settings (communication, rapport, etc.)?
- E. What was important about what I learned?
- F. How have I changed over time this summer?
- G. What can I do to better prepare for the next 2 academic semesters?
- H. What can I do to better prepare for full-time clinical practice?

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Expectations of knowledge base prior to Integrated Clinical Education:

If you do not have a strong foundation in Anatomy, then I highly suggest you ingrain muscle origins and insertions into your long-term memory as well as the brachial and lumbosacral plexi. From there you can figure out actions and various testing and exercise positions. You can determine peripheral nerve lesions, etc. You are being taught how to problem solve and critically think in the curriculum but if you don't have a foundation in Anatomy, Neuroscience, and Kinesiology, you will struggle in the rest of the program.

In addition, please review and put into your long-term memory the following content:

1. Gait patterns (e.g., 3-point NWB RLE, swing to, swing through, etc.) (Johansson Ch 14 & 15)
2. Infection control (Johansson, Ch 4)
3. Types of transfers (e.g., Stand pivot, squat pivot which is called "sitting, assisted transfer" in the book, etc.) (Johansson Ch 8, 10, 11 & 12)
4. Adjustment and prescription of ADs (Johansson Ch 15)
5. Transfer and gait assistance terminology (PPT from Pt Care Skills and OSullivan Ch 8)
6. Basic bed exercises (Johansson, Ch 9, and Kisner Ch 6). PRACTICE PROM and AARROM exercises on friends and family if you did not practice this much in the fall. It is all about handling skills! I know you didn't read Johansson Ch 9 in Pt Care as that is not part of the curriculum, but it is a very good chapter. I know Kisner and Colby Ch 6 was assigned in Ex Prescription.
7. Body mechanics (Johansson, Ch 2) PRACTICE good body mechanics over the break!
8. MMT: upper and lower extremity. PRACTICE applying force in the right direction and figuring out alternate testing positions based on your anatomy knowledge. (Daniels and Worthingham's)
9. Goniometry: upper and lower extremity. Practice positioning and testing P/AROM of all extremity joints. (Norkin and White)
10. Phases of Healing (Kisner Ch 10) Important to understand phases of healing for bone, muscle, tendon, and ligaments for exercise prescription and progression.
11. Goal setting, review from your documentation book.

We will NOT be addressing much of this content any further in the curriculum.

It will be expected that you know this and be able to apply the above content in your clinical courses as you progress in the curriculum.

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PT 5105 Student Contract

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Students are responsible for meeting the following course objectives in order to successfully complete the Pass/Fail PT 5105 course. Preceptors may or may not directly provide the learning opportunity to meet each of these objectives. It is the student's responsibility to seek the learning opportunities in order to meet the objectives.

Course Objectives (from the PT 5105 syllabus):

Upon completion of this course, the student will be able to:

1. Demonstrate proficient performance in basic interpersonal and professional skills. (7D1, 7D4, 7D5)
(Application)
2. Recognize TeamSTEPPS communication strategies during interprofessional practice. (7D7, 7D37, 7D39)
(Comprehension)
3. Develop 2 written home exercise programs for 2 patients, one in English and one in Spanish. (7D12, 7D27i)
(Synthesis)
4. Educates at least one patient in the prescribed home exercise program in English or Spanish. (7D12, 7D27h)
(Analysis)
5. Demonstrate accurate self-assessment skills using reflection in action, on action, and for action strategies.
(7D4-Code of Ethics Principle 6B specifically) (Application)
6. Navigate the EMR to successfully complete the medical record assignment. (7D40) (Application)
7. Compose a reflection essay describing individual acculturation to PT practice and role as a mentor. (7D1)
(Synthesis)

Objectives 1, 3, 4, and 5 can be completed by the deadline in ANY setting during the course.

- #1 - Review the Professional Behavior documents. Bring any questions you may have about expectations on interpersonal and professional skills.
- #3 and #4 - You may use computer generated software to create the HEP assignment. Do not violate HIPAA when submitting the HEP on the BB Dropbox.
- #5 – complete the daily summary sheets demonstrating your self-assessment on your progress and/or learning that occurred each day. Must be submitted before end of day. If missed assignment time, you must still submit.

Objectives 2 and 6 are best suited for the acute care, pediatric or in-patient rehab settings.

- #2 – You must observe communication between 2 providers (e.g., RN and PT, PT and MD, PT to OT, PT to PTA, RN to RN when a patient is transferred from one unit to another, RN and MD, etc.). You need to be transparent that you are learning about communication styles and wish to observe the interaction.
- #6 - You will have to gain access to the EMR to complete the medical record assignment. It is best to perform this assignment on a comprehensive medical record, not just a PT out-patient system. However, if you have access issues, you MUST contact the course instructors in a timely manner (i.e., NOT THE DAY IT IS DUE)

Objective 7 is ongoing throughout the 8 days in the clinic and will be due at the completion of the 8 days spent in the clinic.

I fully understand that the responsibility of meeting the course objectives is mine and mine alone. I also understand that if I have difficulty in securing the above learning opportunities, I must communicate in a timely manner with the preceptor(s) AND course instructors.

_____ (signature) _____ (date)

_____ (printed name)

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PT 5105 Integrated Clinical Experience Daily Summary Sheet

STUDENT NAME: _____ TIME IN: _____ TIME OUT: _____

PRECEPTOR NAME(S): _____ TOTAL TIME SPENT (not including lunch or breaks) _____

Preceptor: Answer EACH question by checking the box, Yes or No, and document any concerns (e.g., SPT was 45 minutes late, SPT was not engaged in activities for the day). If there are no concerns, no documentation necessary. If concerns warrant a phone call or text message to the course instructor, please contact Dr. Michelle Gutierrez at 915-747-8148 (work) or 575-650-9121 (cell).

Question-Did the SPT....	YES	NO	CONCERNS
arrive on time?			
introduce self to CI, patients, staff as a physical therapist student?			
dress appropriately by following the site dress code?			
appear to be committed to learning in your environment?			
demonstrate polite, personable, and engaging behaviors?			
demonstrate respect for patients and staff?			
maintain patient confidentiality and privacy (i.e., HIPAA regulations)?			

Preceptor Signature _____ Date _____

SPT Signature _____ Date _____

STUDENT SUMMARY OF THE DAY'S ACTIVITIES (SPT to complete this section) In preparation for your reflection paper due at the end of the 7-day experience, **reflect on these questions: What did you learn? What surprised you? What is the importance of what you learned? How have you changed since acquiring your new knowledge? (You may use more than the space below if needed)**

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