General Information
Instructor: Matthew Segovia, M.S.
Email: mdsegovia@utep.edu
Office Hours: By appointment – scheduled as needed
Course Textbook: None
Class time: LART 304 M/W 9:00am – 10:20am

Course Description
This course is designed to introduce the student to a variety of physiological and mental issues resulting in health disparities for a given population. The conditions will be researched, analyzed, and discussed in an attempt to highlight the importance along with identifying any possible trends and paths to correction.

Learning Objectives
By the end of this course, students should be able to:
1. Identify meaningful literature
2. Practice how to interpret scientific research articles
3. Demonstrate the ability to take current topics in exercise science and apply them to a given demographic
4. Identify and describe possible trends for current issues in exercise science
5. Identify any possible plans to implement in an attempt to aid in current issues in exercise science

Course Evaluation
Final Project 300 pts
Presentations (7) 210 pts (30 ea.)
Intervention strategies (7) 210 pts (30 ea.)
Article Submission (7) 140 pts (20 ea.)
Discussion Participation 40 pts
Total 900

Grading Policy
A 900-806 pts
B 805-716 pts
C 715-626 pts
D 625-536 pts
F 535-0 pts

Course Project: The course project is a 3-page paper with specific formatting requirements that will be on a topic of your choosing which relates to material covered. More details will be made available during the semester.

Attendance Policy: Attendance will not be taken during the term of this course. However, it is highly encouraged that students regular attend class to ensure concept understanding along with repeated absences negatively affecting the students grade.
The last day to drop this course is October 29th, 2021 without receiving a ‘W’ or failing grade.
Course Content
See the class schedule for approximate dates for each covered topic.

University Policies and Resources

Changes to this syllabus: The course schedule may be altered by the instructor, with sufficient notice being provided to students.

Cheating, Plagiarism, Scholastic Dishonesty, and Student Discipline: Cheating is obtaining a reward for ability by dishonest means. It is unethical and not acceptable. Plagiarism occurs whenever a student quotes, paraphrases or summarizes another person's work without providing correct citation. Plagiarism occurs whether the work quoted is a book, article, website, reader's guide like Cliffs Notes or SparkNotes, another student's paper, or any other source. An entire essay is fraudulent even if only a single sentence is plagiarized. Do not submit work under your name that you did not do yourself, ever. You may not submit work for this class that you did for another class. If you cheated or plagiarized, you will be subject to disciplinary action as stated in the UTEP undergraduate catalog policy.

“Scholastic dishonesty (which includes the attempt of any student to present the work of another as his or her own, or any work which s(he) has not honestly performed, or attempting to pass any examination by improper means) is a serious offense and will subject the student to disciplinary action. The aiding and abetting of a student in any dishonesty is held to be an equally serious offense. All alleged acts of scholastic dishonesty should be reported to the Dean of Students for disposition. It is the Dean of Students’ responsibility to investigate each allegation, dismiss the allegation, or proceed with disciplinary action in a manner which provides the accused student his or her rights of due process.” Refer to http://www.utep.edu/dos/acadintg.htm for further information.

UTEP has a site license for Turnitin.com, a plagiarism detection site that you can also use to check your own work for this or other classes to prevent getting in trouble. If you want to test your understanding of plagiarism, take the self-assessment at http://education.indiana.edu/~frick/plagiarism or visit http://www.turnitin.com

When an assignment specifies that you must perform a task individually, asking for your classmates’ help is collusion and thus scholastic dishonesty. Any instances of scholastic dishonesty will be reported to the Dean of Students Office.

Deadline Policy and Late Assignments: It is essential that you regularly visit the course schedule and Blackboard website prepared to work. Once a deadline has passed, you can no longer turn in your work for credit. Plan carefully to ensure you meet the deadlines. If you wait until the last minute, things that can go wrong often do. Start early so you have time to deal with problems and are still able turn in your assignments on time. Do not procrastinate!

Missed Tests: All assignments will strictly follow UTEP’s attendance policy. Any missed assignment that does not meet the requirements of an excused absence will be counted as a 0. If you are going to / or miss an assignment and you believe the absence is excusable, you must contact the Professor within 24 hours of the assignments due date. Emailing later in the semester about missing grades, even if the absence was excused, will not be accepted. It is the student’s responsibility to keep track of when assignments are due and also communicating to the Professor when absences happen.

Covid-19 Precautions: Please stay home if you have been diagnosed with COVID-19 or are experiencing COVID-19 symptoms. If you are feeling unwell, please let me know as soon as possible, so that we can work on appropriate accommodations. If you have tested positive for COVID-19, you are encouraged to report your results to covidaction@utep.edu, so that the Dean of Students Office can provide you with support and help with communication with your professors. The Student Health Center is equipped to provide COVID 19 testing. The Center for Disease Control and Prevention recommends that people in areas of substantial or high COVID-19 transmission wear face masks when indoors in groups of people. The best way that Miners can take care of Miners is to get the vaccine. If you still need the vaccine, it is widely available in the El Paso area, and will be available at
no charge on campus during the first week of classes. For more information about the current rates, testing, and vaccinations, please visit epstrong.org

**Students in Need of Assistance:** UTEP seeks to provide reasonable accommodations for all qualified individuals who need accommodations or support for their learning. This university adheres to all applicable federal, state, and local laws, regulations and guidelines with respect to providing reasonable accommodations as required, affording equal educational opportunity. It is the *student's responsibility* to register with the **Center for Accommodations and Support Services**: [http://sa.utep.edu/cass/](http://sa.utep.edu/cass/) in the UTEP Union Bldg. East Wing, Room 106 *within the first two weeks of classes*, and inform the faculty member to arrange for appropriate accommodations or support.

The CASS Office can also be reached in the following ways: Web: [http://cass.utep.edu/](http://cass.utep.edu/); Phone: (915) 747-5148 voice or TTY; Fax: (915) 747-8712; E-Mail: cass@utep.edu

**Campus Safety and Emergencies Notifications:** Information Technology at UTEP provides emergency notification via your mobile phone. Visit [http://www.utep.edu/it](http://www.utep.edu/it) for more information and registration. Check the UTEP website for health-related information and updates.

**Blackboard Help:** Students can receive help on blackboard 24/7 by calling 915-747-4357 and selecting option number 2, or by visiting [https://www.utep.edu/technologysupport/ServiceCatalog/Student_Services.html](https://www.utep.edu/technologysupport/ServiceCatalog/Student_Services.html)

**Important Dates:**
- September 6 – Labor Day; no class
- October 29 – Drop Deadline
- November 25-26 – Thanksgiving Holiday; no class
- December 2 – Last day of classes
- December 3 – Dead Day
- December 6-10 – Final Exam week
## Course Schedule – Tentative

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic Covered</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>August 22 – 28</td>
<td>Syllabus &amp; Intro Practice research article/presentation prep</td>
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<tr>
<td>2</td>
<td>August 29 – Sept 4</td>
<td>Youth obesity presentations</td>
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<tr>
<td>3</td>
<td>September 5 – 11</td>
<td>Youth obesity intervention strategies</td>
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<td></td>
<td>No classes on 6th</td>
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<td>4</td>
<td>September 12 – 18</td>
<td>Diabetes presentations.</td>
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<tr>
<td>5</td>
<td>September 19 – 25</td>
<td>Diabetes intervention strategies</td>
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<tr>
<td>6</td>
<td>September 26 – Oct 2</td>
<td>Adult obesity presentations</td>
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<tr>
<td>7</td>
<td>October 3 – 9</td>
<td>Adult obesity intervention strategies</td>
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<tr>
<td>8</td>
<td>October 10 – 16</td>
<td>CVD/Hyperlipidemia/Hypertension presentations</td>
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<td>9</td>
<td>October 17 – 23</td>
<td>CVD/Hyperlipidemia/Hypertension intervention strategies</td>
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<tr>
<td>10</td>
<td>October 24 – 30</td>
<td>Autism/Muscular dystrophy/Special topic presentations</td>
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<td><strong>Drop Deadline – October 29</strong></td>
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<tr>
<td>11</td>
<td>October 31 – Nov 6</td>
<td>Autism/Muscular dystrophy/Special topic intervention strategies</td>
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<tr>
<td>12</td>
<td>November 7 – 13</td>
<td>Covid-19/Pulmonary disorders presentations</td>
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<td>13</td>
<td>November 14 – 20</td>
<td>Covid-19/Pulmonary disorders intervention strategies</td>
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<tr>
<td>14</td>
<td>Nov 21 – 27</td>
<td>Mental health presentations</td>
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<td></td>
<td><strong>November 25-26 – no class: Thanksgiving</strong></td>
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<tr>
<td>15</td>
<td>Nov 28 – Dec 2</td>
<td>Mental health intervention strategies</td>
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<td></td>
<td>Dec 3 – Dead Day</td>
<td><strong>Course project due Dec 2 by 11:59pm</strong></td>
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<tr>
<td>16</td>
<td>Dec 6 – 10</td>
<td><strong>Final Exam Week</strong></td>
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