

**The University of Texas at El Paso
College of Health Sciences
Doctor of Physical Therapy Program**

PT 6206

Tests and Measures

Fall 2025

COURSE SYLLABUS

Credit Hours: 2

Contact Hours: 90 hours – Lecture: 0 hours; Lab: 90 hours; Clinic: 0 hours

Schedule:

Lecture: All students Mondays	1:00-2:00 pm
Lab 1: Mondays Lab B	2:15-4:45 pm
Tuesdays Lab A	12:30-3:00 pm
Lab 2: Wednesdays Lab A	1:00-3:30 pm
Thursdays Lab B	12:30-3:00 pm

Changes to the schedule in Red

Location: Rehabilitation Science Complex Room 120

Coordinator/Instructors: Office hours: By appointment only

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Course Description: This laboratory course is an introduction to the physical therapy examination and clinical reasoning process. Focus is on developing knowledge and skills to select and administer evidence-based tests and measures commonly used in physical therapy practice.

Course Prerequisites for DPT Students: The UTEP DPT Program curriculum is a lock-step curriculum. Therefore, students must pass all courses in the prior semester of the DPT Program in order to enroll in courses in the subsequent semester. Faculty may consider exceptions for PT 6116 PT Capstone Project I and PT 6117 PT Capstone Project II.

Course Objectives:

1. Define the components of the Patient/Client Management Model, ICF Model, and UTEP's Clinical Reasoning Model. (7D3) [Knowledge]
2. Use the Guide to PT Practice vocabulary with respect to the Patient/Client Management Model and ICF Model. (7D3) [Application]
3. Obtain a thorough history from a simulated patient. (7D1A) [Application]
4. Perform a complete systems review with a simulated patient. (7D1B) [Application]
5. Demonstrate the ability to accurately assess (7D1Ca-i) [Application]
 - a) anthropometric characteristics
 - b) balance (fall risk only)
 - c) circulation
 - d) self-care
 - e) peripheral nerve integrity
 - f) mental functions
 - g) mobility
 - h) muscle performance, including strength, power, endurance, and length
 - i) pain
 - j) posture
 - k) range of motion
 - l) reflex integrity
 - m) sensory integrity
6. Select appropriate tests and outcome measurement tools based on best-published evidence and simulated patient presentation. (7C1, 7D1Ca-i, 7D12) [Evaluation]
7. Recall the reliability and validity of various tests and outcome measurement tools presented. (7D1Ca-l, 7D12) [Knowledge]
8. Interpret the results of the tests and outcome measures from the examination of paper patients to make clinical judgments. (7D2) [Evaluation]
9. Conduct a thorough patient history and systems review on a simulated patient during the SON Hospital Day interprofessional learning activity. (7D1A, 7D1B, 7D18) [Application] (**This objective may not be performed in 2025 due to no DON schedule**)

Methods of Instruction: Online preparatory lectures, Laboratory active and psychomotor learning, IPE, patient cases, team-based learning for each module

Methods of Evaluation: Student competence and attainment of course objectives are assessed using a variety of methods. These methods and their contribution to the final grade are listed in the table below.

<u>Item</u>	<u>Grade Composition</u>
Quizzes	10%
Skills Check (psychomotor) (10% each)	20%
Exam 1 (written)	20%
Exam 2 (written)	25%
Final Exam (written)	25%
Total	100%
Course Evaluation Assignment (<i>Extra Credit</i>)	1%

Grading Scale: The following letter grade scale is used for the UTEP Doctor of Physical Therapy Program:

<u>Letter Grade Scale</u>	<u>Numerical Grade Scale</u>
A	90-100
B	80-89
C	75-79
F	Below 75

Required Textbooks and Other Learning Resources:

- 1) Avers D, Lott DJ, Brown M. *Daniels and Worthingham's Muscle Testing Techniques of Manual Examination and Performance Testing*. 11th ed. St. Louis, MO: Elsevier Saunders; 2024. ISBN: 978-0323824200
- 2) Norkin C, White D. *Measurement of Joint Motion A Guide to Goniometry*. 5th ed. Philadelphia, PA: F.A. Davis Company; 2016. ISBN-10: 080364566X
AVAILABLE FREE AT: Access Physiotherapy at UTEP library
- 3) PhysioU. [Computer software]. Version 5.1.0. Clinical Pattern Recognition, LLC; © 2023 ([link](#)) (This resource will be used throughout the curriculum)
- 4) O'Sullivan SB, Schmitz TJ. *Physical Rehabilitation: Assessment and Treatment*. 8th ed. Philadelphia, Pa: FA Davis Co; 2024
AVAILABLE FREE AT: Access Physiotherapy at UTEP library
- 5) Heick J, Lazaro RT. *Differential Diagnosis for Physical Therapists*. 7th ed. St. Louis, MO: Elsevier Saunders; 2023. ISBN-978-0323722049 – **you will use this book in Semester 3.**
- 6) Jewel, DV. *Guide to Evidence-Based Physical Therapist Practice*, 5th ed. Burlington, MA: Jones & Bartlett Learning; 2023. ISBN- 978-1284247541 – **from Research Methods and you will use this book again in EBP.**
- 7) APTA Membership: to access online materials **available to members only**, including PTNow, and *Guide to PT Practice*

Recommended Textbooks and Other Learning Resources:

Concurrent Anatomy and Exercise Physiology textbooks

Resources Available for Student Success:**Confidential Resources:**

- **Center for Accommodations and Support Services (CASS):** If you have or suspect a disability and need accommodation, you should contact the Center for Accommodations and Support Services (CASS) at 747-5148. You can also e-mail the office at cass@utep.edu or go by their office in Union Building East, room 106 (next to the UTEP post office). For additional information, visit the CASS website at <http://sa.utep.edu/cass>.

Additional Resources:

- DPT Library Research Guide: <http://libguides.utep.edu/pt>
- UTEP provides a variety of student services and support. Please refer to the QR code below for a listing of campus resources or visit https://www.utep.edu/advising/student_resources/student-success-resource-hub.html.



University Policies: All students are responsible for following UTEP policies and procedures found in the Handbook of Operating Procedures at www.utep.edu/vpba/hoop

Program Policies: All DPT students are responsible for following all policies and procedures documented in the current DPT Student Handbook. Course policies found in the DPT Student Handbook apply to all courses in the DPT curriculum. The current DPT Student Handbook may be found on the DPT Student Resources site on Blackboard.

Academic Integrity: The UTEP DPT Program has a “**zero tolerance policy**” for scholastic dishonesty. DPT students must always demonstrate academic integrity. The current DPT Student Handbook outlines specific definitions, expectations, details, and consequences related to academic integrity and scholastic dishonesty. Additional information related to academic integrity is available through the UTEP Division of Student Affairs at www.utep.edu/student-affairs/osccr/student-conduct/academic-integrity.html

Technology Requirements

1. A computing device with a video camera is required. (Video required if we must go virtual for any reason) The computer device must be able to support Respondus LockDown Browser used to enhance the integrity of quizzes and exams completed online. Note: Tablets (other than ipads) and cell phones are poorly suited to accomplish the majority of doctoral-level readings, assignments, activities, and research requirements of the program.

2. Reliable internet connection and data access.

Student Course Evaluation:

- The expectation is that each student will complete the online course evaluations distributed by UTEP at the end of the semester.
- See Student Handbook for instructions.
- Student name and course must be on the screenshot to receive credit.

Copyright Statement for Course Materials

- All materials used in this course are protected by copyright law. The course materials are only for the use of students currently enrolled in this course and only for the purpose of this course. They may not be further disseminated.

Course-Specific Policies – Designed for Your Success

These guidelines are here to help you succeed academically and professionally while maintaining a positive, respectful, and productive learning environment. They reflect both program standards and course-specific expectations.

Refer to the DPT Student Handbook for all program policies on exams, electronic device use, dress code, attendance, and scholastic dishonesty. We encourage you to review these policies periodically, especially the sections on academic integrity, accumulated knowledge, professional behaviors, attendance, and the syllabus change disclaimer.

1. Professional Behavior Policy

Refer to the DPT Student Handbook (“Attendance and Classroom Behavior,” “Professional Behaviors,” and “Unprofessional Behavior”) for general program policy. This course builds on those expectations:

- Professional behavior is expected in **all class sessions, labs, and interactions**—both inside and outside the classroom.
- Arrive prepared, ready to participate, and engaged—without disrupting others’ learning.
- If unprofessional behavior occurs, you’ll receive one warning. Continued issues may result in being asked to leave for the day, which will count as an unexcused absence.
- Consistent lack of preparation, poor participation, or disruption (including leaving during lectures) may require a meeting with the instructor and could result in a **1% deduction from your final grade** per occurrence.
- **Lab attire matters:** Follow guidelines in the Policies and Procedures manual. For labs, wear shorts and tank tops or T-shirts (no jeans, open-toed shoes, or sandals). For presentations, guest speakers, or representing UTEP off-campus, wear professional dress. Improper attire will result in leaving for the day and an unexcused absence.

- Each unexcused absence will result in a **5% reduction** from your total course grade.

2. Academic Integrity & Scholastic Honesty

In addition to UTEP and DPT Program policies, this course includes:

- **Content Sharing:** Junior cohorts must develop their own understanding and competence—no sharing of assignments, tests, notes, PowerPoints, videos, or other course materials. **Both giving and receiving this content is considered academic dishonesty.**
- **Testing Integrity:** To ensure fairness and measure what *you* know, we may use assigned seating, blank paper, randomized questions, security software (e.g., Respondus LockDown Browser with webcam), and require electronics to be stored away.
- **Recording Restrictions:** No recording or sharing of quizzes, exams, skills checks, or other graded activities. Unauthorized recording of lectures, labs, or class activities requires instructor and peer permission. Approved recordings are for **personal educational use only** and must be stored securely (e.g., Microsoft OneDrive or UTEP email).
- **Lab Integrity:** Lab groups are split to enhance learning. Do not share answers, outcomes, or cases with the other group. Fully engaging in the activities is key to retention and clinical reasoning.

3. Attendance Policy – Absences

- Treat attendance like a professional commitment—arrive on time, prepared, and ready to learn.
- Notify the instructor in writing at least **24 hours in advance** if you know you'll miss class.
- For emergencies or illness, email at least **2 hours before class**.
- Missing 30 minutes or more counts as an absence. Each unexcused absence = **5% deduction** from your final grade.
- No make-ups for missed in-class quizzes, exams, or activities (rare exceptions considered case-by-case). Late work due to absence is not accepted.

4. Attendance Policy – Tardiness & Early Departures

- Being on time shows professionalism and respect for your peers' learning.
- Notify the instructor at least 2 hours ahead if you'll arrive late or need to leave early.
- Leaving during lectures without permission is considered disruptive.
- Each tardy may result in a **1% deduction** from your final grade.
- Missing 30 minutes or more = absence (with a **5% deduction** for unexcused absences).

5. Electronic Devices

- Laptops are for course-related work only—turn off email/social media notifications during class.
- Phones must be silent, off, or left outside the classroom unless prior approval is obtained.
- Using devices for unrelated activities will result in being asked to leave (counts as an unexcused absence = 5% deduction).
- Repeated misuse may result in an additional **1% deduction** per occurrence.
- Photos or videos in class require instructor approval.

6. Exam Policy

(Applies to written/oral exams, quizzes, skills checks, and practical exams.)

- No outside help (people, devices, notes, or books).
- No electronics within reach during exams.
- No brimmed hats.
- Any suspicious behavior will be reported to the Office of Student Conduct and Conflict Resolution.

7. Skills Check Policy

- Skills checks assess clinical competence.
- You may be asked to answer related clinical application questions.
- Details will be provided in class and on Blackboard.

8. Practical Exam Policy

- Not applicable for this course.

9. Artificial Intelligence Policy

Generative AI tools (e.g., ChatGPT, CoPilot) may be used for:

- Brainstorming, refining ideas, finding topic information, drafting outlines, and checking grammar/style.

You may **not** use AI to:

- Impersonate you in class contexts, complete assigned group work without approval, or write drafts/sentences/paragraphs for assignments.

All AI use must be cited when required, following citation and copyright guidelines. Violations will be referred to the Office of Student Conduct and Conflict Resolution.

SafeAssign may be used to check originality.

Expectations to Promote Your Success

- If you score below **80%** on any quiz, exam, or assignment, schedule a meeting with your professor to review the material and identify strategies to improve.
- Practice psychomotor skills **3–4 additional hours weekly** outside of lab. This is the minimum to build basic competence and confidence for clinical rotations.
- Practice on a variety of body types to develop precision, efficiency, and adaptability.

Tutoring & Peer Mentorship:

- Class of 2027 students/TAs are available for tutoring and peer mentorship.
Haily Chavez (hchavez10@miners.utep.edu)
Ahad Rajwani (arajwani@miners.utep.edu)
Tori Robinson (vrobins3@miners.utep.edu)
Melissa Santillan (msantillan@miners.utep.edu)
Victoria Lopez (vmlopez9@miners.utep.edu)
Asbi Oresanya (atoresanya@miners.utep.edu)
- Watch for emails from them regarding scheduled weekly tutoring hours and peer mentorship activities or contact them directly if you need tutoring or guidance from successful DPT students who are motivated to help you succeed.

Course Content and Schedule: The course outline/schedule is below. (Note: Students will be notified of changes via Blackboard or e-mail. Additional details may be available in supporting course documents provided by the course instructor.)

NOTE: All written examinations are F2F in class using Respondus LockDown Browser unless otherwise noted. Be sure to bring your computer to the lecture and lab and use the most recent version of RLDB. Home-based quizzes also require RLDB with a webcam.

- **BOLD NAME:** Under each topic is the name of the instructors responsible for this content. The bold name is the lead instructor for this content.
- **Red dates or times:** Indicates a change from the schedule.
- **Yellow highlight:** Indicates quizzes*, examination, or skills checkout.

Wk	Date	Location	Topic	Weekly Reading Assignments
MODULE 1-Intro to the Examination Process- Weeks 1-3				
1	Aug 25 Lab A & B	Lab 1 Lecture (1:00-4:45)	ICF, Pt Management Model <i>Guide to PT Practice</i> GUTIERREZ	<ul style="list-style-type: none"> • APTA Guide to PT Practice Section: Introduction, Principles, Measurements, PT Exam & Eval • Heick -Ch 1 Intro to Screening • BBL materials
	Aug 27 Lab A & B	Lab 2 Lecture (1:00-3:30)	Clinical Reasoning, Reliable and Valid T&M GUTIERREZ	<ul style="list-style-type: none"> • APTA Guide to PT Practice Section: Introduction, Principles, Measurements, PT Exam & Eval • O'Sullivan-Ch 1 Clin Decision Making • Review Ch 7 in Jewel (Research Methods) • BBL materials
2	Sep 1	HOLIDAY	Labor Day	
	Sep 3 Lab A & B	Lab 2 Lecture/Lab (1:00-4:00)	History GUTIERREZ	<ul style="list-style-type: none"> • APTA Guide to PT Practice Section: PT Exam & Eval • Heick -Ch 2 • BBL materials
3	Sep 8	Lecture	Systems Review GUTIERREZ	<ul style="list-style-type: none"> • APTA Guide to PT Practice-Systems Review • BBL materials
	Sep 8/9	Lab 1	Systems Review Gutierrez/Valdez	
MODULE 2- Cardiopulmonary System- Week 3				
3		Asynch Lecture	Circulation (arterial, venous, lymphatic) and Anthropometric Characteristics (Complete prior to lab) GUTIERREZ	<ul style="list-style-type: none"> • APTA Guide to PT Practice- Anthropometric Characteristics, Circulation
	Sep 10/11	Lab 2	Anthropometric Characteristics Lab (girth demonstration) GUTIERREZ/Valdez	

MODULE 3- Neuromuscular System- Weeks 4-5				
4	Sep 15	Lecture	Sensory Integrity TORRIANI	<ul style="list-style-type: none"> • O'Sullivan-Ch 3 • APTA Guide to PT Practice-Sensory Integrity
	Sep 15/16	Lab 1	Sensory Integrity TORRIANI/Gutierrez	
	Sep 17/18	Lab 2	Mental Functions Balance TORRIANI/Gutierrez	<ul style="list-style-type: none"> • O'Sullivan-Ch 3, 6, • APTA Guide to PT Practice-Mental Functions, Balance • BBL materials
	Before 10:00 PM Sept 21	Quiz 1*		*Over Weeks 1-4 On your own time, using LockDown Browser with camera- can be taken as many times as you want.
5	Sep 22	Lecture	<ul style="list-style-type: none"> • Quiz Review Gutierrez 	<ul style="list-style-type: none"> • APTA Guide to PT Practice- Self-Care and Domestic Life Mobility
	Sep 22/23	Lab 1	Self-Care and Domestic Life Mobility (Including Locomotion) GUTIERREZ/Valdez	<ul style="list-style-type: none"> • O'Sullivan-Ch 8, 9 • APTA Guide to PT Practice-Self-Care, Mobility • BBL materials
MODULE 4-Musculoskeletal System Weeks 5.5-15				
5	Sep 24 Lab A & B	Lab 2 Lecture (1:00 – 5:00)	Pain (On Quiz 2, Exam 2) AOYAGI	<ul style="list-style-type: none"> • Heick -Ch 3 • APTA Guide to PT Practice-Pain
6	Sep 29	Lecture	WRITTEN EXAM 1 (60 minutes)	<ul style="list-style-type: none"> • Weeks 1-4, including Module 1 and 2 and sensory integrity, Mental Functions/Balance • NOT Self Care, and Domestic Life/Mobility; Pain
	Sep 29/30	Lab 1	Practice for skills check VALDEZ/Gutierrez	<ul style="list-style-type: none"> • Modules 1-3
	Oct 1 Lab A & B	Lecture (1:00-4:00)	ROM & Muscle Length & Muscle Performance Lectures (Including Strength, Power, Endurance, and Length) VALDEZ	<ul style="list-style-type: none"> • ROM: Norkin-Ch 1, 2, 3 • ROM: APTA Guide to PT Practice • Muscle length: Norkin sections-Chp 1, 2, 5, 6, 7, 8, 9, 10. • Daniels and Worthingham-Ch 1, 2. • D&W: brief review of Chp 8 • APTA Guide to PT Practice-Muscle Performance

7	Oct 6	Lab 1 (1:00-5:00) Actual Time TBD	SKILLS CHECK #1 GUTIERREZ/ TORRIANI/ AOYAGI / VALDEZ/ BIGALOW	
	Oct 8/9	Lab 2	Spine ROM VALDEZ/Bigalow	<ul style="list-style-type: none"> Norkin-Chp 11, 12, 13 APTA Guide to PT Practice-Muscle Performance and ROM
	Before 10:00 PM Oct 12	Quiz 2*		* Over Weeks 5-7 On your own time, using LockDown Browser with camera- can be taken as many times as you want.
8	Oct 13	Lecture	Review VALDEZ	Review Exam 1/Skills Check/Quiz 2
	Oct 13/14	Lab 1	Spine MMT VALDEZ/Bigalow	<ul style="list-style-type: none"> Norkin-Chp 11, 12, 13 APTA Guide to PT Practice-Muscle Performance and ROM
	Oct 15/16	Lab 2	Spine ROM & MMT/ + Posture VALDEZ/Bigalow	<ul style="list-style-type: none"> Daniels and Worthingham-Ch 3, 4 Norkin-Chp 11, 12, 13 APTA Guide to PT Practice-Muscle Performance and ROM O'Sullivan-Ch 5 APTA Guide to PT Practice-Posture
9	Oct 20	In person Respondus (1:00-2:00)	WRITTEN EXAM 2 (60 minutes) VALDEZ	<ul style="list-style-type: none"> Cumulative including Self-Care & Domestic Life, Mobility, pain, AND LECTURES OVER ROM/muscle length, and muscle performance.
	Oct 20/21	Lab 1	UE ROM + Muscle Length AOYAGI/Valdez	<ul style="list-style-type: none"> Norkin-Ch 4, 5, 6, 7 APTA Guide to PT Practice-Muscle Performance and ROM
	Oct 22/23	Lab 2	UE MMT AOYAGI/Valdez	<ul style="list-style-type: none"> Daniels and Worthingham-Ch 5 APTA Guide to PT Practice-Muscle Performance and ROM
10	Oct 27	Lecture	GUTIERREZ	Review Exam 2/Quiz
	Oct 27/28	Lab 1	UE, ROM, AOYAGI/Gutierrez	<ul style="list-style-type: none"> Daniels and Worthingham-Ch 5 Norkin-Ch 4, 5, 6, 7
	Oct 29/30	Lab 2	UE, ROM, Length, MMT wrap-up AOYAGI/Gutierrez	<ul style="list-style-type: none"> APTA Guide to PT Practice-Muscle Performance and ROM
	Before 10:00 PM Oct 12	Quiz 3*		* Over Weeks 8-10 On your own time, using LockDown Browser with camera- can be taken as many times as you want.

11	Nov 3	Lecture	Review Quiz 3 LE ROM/MMT BIGALOW	<ul style="list-style-type: none"> • Norkin-Ch 8, 9, 10 • APTA Guide to PT Practice-Muscle Performance and ROM
	Nov 3/4	Lab 1	LE ROM BIGALOW/Aoyagi	
	Nov 5/6	Lab 2	LE ROM and Length BIGALOW/Aoyagi	
12	Nov 10	Lecture	UE ROM & MMT/Length, LE ROM/Length BIGALOW	<ul style="list-style-type: none"> • Daniels and Worthingham-Ch 6 • APTA Guide to PT Practice-Muscle Performance and ROM • Daniels and Worthingham-Ch 6 • Norkin-Ch 8, 9, 10 • APTA Guide to PT Practice-Muscle Performance and ROM
	Nov 10/11	Lab 1	LE MMT BIGALOW/Aoyagi	
	Nov 12/13	Lab 2	LE ROM, Length, MMT wrap-up BIGALOW/Aoyagi	
13	Nov 17	Lecture	Peripheral nerve integrity Reflex Integrity (Complete prior to lab) GUTIERREZ	<ul style="list-style-type: none"> • O'Sullivan- Ch 5 • APTA Guide to PT Practice-Reflex Integrity and Peripheral Nerve Integrity
	Nov 17/18	Lab	Peripheral nerve integrity Reflex Integrity lab GUTIERREZ/Valdez	
	Nov 19/20	Lab	Endurance Power VALDEZ/Aoyagi	<ul style="list-style-type: none"> • Daniels and Worthingham-Ch 5 (endurance), Ch 8 (power)
	Before 10:00 PM Oct 12	Quiz 4*		*Over Weeks 11-13 On your own time, using LockDown Browser with camera- can be taken as many times as you want.
14	Nov 24	Lecture	Review Quiz 4 Wrap up GUTIERREZ	<ul style="list-style-type: none"> • Supplied Cases • All Module 4 resources
	Nov 24/25	Lab	Putting in All Together GUTIERREZ/Valdez	
	Nov 26/27/28	HOLIDAY	THANKSGIVING	
15	Dec 1	Lecture	TBD GUTIERREZ	<ul style="list-style-type: none"> • All Module 4 resources • All Module 4 resources
	Dec 1/2	Lab	Practice Lab for Skills Check GUTIERREZ/Valdez	
	Dec 3	Lab (1:00-5:00) Actual Time TBD	SKILLS CHECK #2 (over Module 4) GUTIERREZ/ TORRIANI/ AOYAGI / VALDEZ/ BIGALOW	

16	Dec 10 1:00- 3:00	Respondus	WRITTEN FINAL EXAM (120 minutes) GUTIERREZ	<ul style="list-style-type: none"> • <i>Comprehensive</i> • <i>All resources</i>
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*Quiz Guidelines

In this course, you'll have **4 quizzes** to help you check your understanding of the material. Here's how they'll work:

1. **When to Take Them:**
 - You can take each quiz **any time before the deadline**—so plan ahead to fit it into your schedule.
 - Once the deadline passes, the quiz will close.
2. **How Many Times:**
 - Feel free to take each quiz **as many times as you'd like** before the deadline.
 - Your **highest score** will count, so each attempt is a great chance to learn and improve.
3. **Quiz Setup:**
 - Quizzes are **individual work**—think of it as a chance to see what *you* know.
 - They're **closed book**, so no notes, textbooks, or outside websites during the quiz.
 - You'll use the **LockDown Browser with your webcam on**. Stay visible in the camera for the whole quiz—it's just to help keep things fair for everyone.

A Quick Note:

These quizzes are meant to help you practice, review, build confidence, and prepare you for the exams. We ask you to approach them as an opportunity to study thoroughly, apply your knowledge, and gain valuable learning experience. Stick to the guidelines so they reflect your own work—you'll get more out of them that way.

Quiz Tips for Success

- Find a quiet space where you won't be interrupted.
- Test your webcam and LockDown Browser before you start.
- Treat your first attempt as a practice run to see what you know.
- Review what you missed, then try again while it's fresh.
- Manage your time so you're not rushing right before the deadline.