Department of Public Health Sciences
Health Promotion Program Syllabus

Course name: Community Nutrition

Course no.: HSCI 3316

Course CRN: 26839

Semester/year: Spring 2019

Undergraduate credit hrs.: 3

Class location: Old Main, Room 214

Class meeting time: Wednesday 1:00-3:50 PM

Class instructor: Leah Whigham, PhD.

Office location: Kelly Hall, Room 107

Phone: 915-747-8095

Email: Please feel free to contact me throughout the semester using my regular email address ldwhigham@utep.edu

**Important:** Please include your course CRN in the subject line along with a brief description for the reason of the email. When using a cell phone to send an email always include a courteous greeting and closing.

Office hours: Wednesday after class by appointment

Preferred contact method: Email: ldwhigham@utep.edu; to make an appointment call 915-747-6449

Course description: Introduction to the role of nutrition in promoting, maintaining, and improving the health in the community. Includes nutritional studies of groups and community resources and programs providing nutritional services. Analysis of nutrition problems, and practices in the community with emphasis on underserved populations. Development of nutrition policy and legislation and ethical and legal issues in nutrition practice.

Course pre-requisites: HSCI 2302 Fundamentals of Nutrition with a grade of "C" or better.


Supplemental reading/material: 1. Readings TBA and included in Blackboard
2. REEF Polling system (no clicker required) https://www.youtube.com/watch?v=PFwF5jMi6H0&feature=youtu.be
3. Computer or mobile device with internet access

Course format: Lecture/discussion; in-class and written presentations

**Major learning objectives (must be numbered):**

1. By the end of this course, students will be able to:
2. Describe the Development of Nutrition Policy and Legislation
3. Develop a Community Nutrition Program
4. Network with Community Health and Nutrition Professionals
5. Identify Community Nutrition Resources and strengthen coordination with Community Health and Nutrition Agencies
6. Evaluate Community Nutrition Programs
7. Be familiar with US nutrition policy, monitoring, and assistance programs
8. Be able to discuss world hunger, malnutrition and issues in food security
9. Identify and appreciate cultural barriers to healthy nutrition, health promotion/disease prevention
Know the educational requirements, practice settings, roles, and responsibilities of community health nutritionists and public health nutritionists

**Assessment strategies: (must be numbered)**

1. There will be **four** exams. Exams will comprise text chapters and lecture notes.
2. **Quizzes:** Will be available weekly during class time. No make-up quizzes will be allowed.
3. **Community Nutrition Project:** Additional information about this assignment can be found on BB.
4. **Participation & Attendance:** Homework assignments will be given during class. Additional instructions and necessary forms required for these assignments will be found on Bb. REEF iClicker will be used to track attendance and some participation.

**Grading scale & criteria**

**Student performance.** Work must be **neatly and professionally** typed, unacceptable written assignments will have points deducted. **5 points will be deducted for late work for every class day that these are late.**

<table>
<thead>
<tr>
<th>Homework Assignments:</th>
<th>Points</th>
</tr>
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<tbody>
<tr>
<td>1 – Community nutrition project</td>
<td>200</td>
</tr>
<tr>
<td>2 – Quizzes (weekly)</td>
<td>150</td>
</tr>
<tr>
<td>2 – Four Exams (50/each)</td>
<td>200</td>
</tr>
<tr>
<td>3 – Participation (assignments in class or as homework)</td>
<td>350</td>
</tr>
<tr>
<td>4 – Attendance</td>
<td>100</td>
</tr>
</tbody>
</table>

**Total** 1000

*30 points Extra Credit (pts added to final grade) - TBD*

**Grading Scale:**

- 900-1000 = A
- 800-899 = B
- 700-799 = C
- 600-699 = D
- 599 and below = F

* In order to obtain all points, work must be clean, professional, and creative

**Incomplete policy:**

An “I” (incomplete grade) can only be considered if requested by the student in advance of the conclusion of the course and only for legitimate, documented emergencies. Failure to request and negotiate the terms of an “Incomplete” grade before the conclusion of the course will result in a denial except in the most extraordinary circumstances.

**Course/Instructor & Institutional Policies**

**Attendance:**

It is UTEP policy that all students attend all scheduled classes. Attendance will be taken at each class. When a student registers for a course, it is assumed that she/he has made arrangements to avoid such conflicts. Students are responsible for any information or activities presented in class discussions, lectures, assignments, and/or readings. If you are unable to attend class, it is your responsibility to inform the instructor before the respective class session. Students may be administratively
withdrawn for excessive unexcused absences (2 or more classes). Compliance to
due dates, in class presentations, homework, exams and other activities is
mandatory. All emergency-related absences must be verified.

Chronic tardiness not only reflects lack of commitment and professional behavior
but also is disruptive to your classmates and the instructor.

<table>
<thead>
<tr>
<th>Reading assignments:</th>
<th>All assigned readings need to be completed prior to coming to the next scheduled class session. Example: the reading assignments for week 2 need to be completed prior to coming to the week 2 class session.</th>
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<tbody>
<tr>
<td>Writing standards</td>
<td>Effective public health leaders and practitioners are also effective writers as well as oral communicators. Written communication is a critical element of the communication process. Our Health Promotion program both recognizes and expects good writing to be the norm for course work. Please feel free to seek assistance from the UTEP Writing Center. It is free and they are very helpful.</td>
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<tr>
<td>Policy for late assignments</td>
<td>Due dates for homework, exams, presentations, and other assignments are designed for fairness to all students. No exceptions to those dates will be made except in cases of university-designated closures. All assignments are due at the beginning of the class period on the due date (or the specific time designated when the assignment is announced). Five (5) points will be deducted for each day an assignment is late (including weekend days).</td>
</tr>
<tr>
<td>Permission to record lectures &amp; discussions</td>
<td>Not permitted without express permission of the instructor</td>
</tr>
</tbody>
</table>

| Cell phone/electronic tablet/ use policies: | Please note that all cellular telephones, Apple or Android tablets and Laptops must be used for the purpose of enhancing the learning environments.  
The use of headphones, iPods, mp3 players, earpieces and other forms of entertainment technology equipment must be powered off and put away during the class period. If a situation should arise, which necessitates a student to be contacted by a physician or family member, the instructor shall be notified and cell phone can be set to “vibrate.”  
Please be advised that students who use unauthorized technology during class time will be dismissed from that week’s class session. |
| Field trip policies: | The course HSCI 3316 introduces the practice of community nutrition through participating in field trips to local facilities, including but not limited to EPISD cafeterias, food banks, gardens, etc. Students will learn the various opportunities by which they can participate throughout the semester. Field trips are an important component of this course and will occur during the entire semester. The instructor will inform students about the details of any field trips in advance. |
| Class participation: | Active student participation in this course is very important. Students must be prepared to come to class to discuss, answer questions, and participate in all class activities. |
| Special accommodations: | If you have a disability and need classroom accommodations, please contact The Center for Accommodations and Support Services (CASS) at 747-5148, or by email to cass@utep.edu, or visit their office located in UTEP Union East, Room 106. For additional information, please visit the CASS website at www.sa.utep.edu/cass. |
| Student conduct: | Students are expected to be above reproach in all scholastic activities. Students who engage in scholastic dishonesty are subject to disciplinary penalties, including the
possibility of failure in the course and dismissal from the university. “Scholastic dishonesty includes but is not limited to cheating, plagiarism, collusion, and the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another student, any act designed to give unfair advantage to a student or the attempt to commit such acts.” Regent’s Rules and Regulations, Part One, Chapter VI, Section 3.2, Subdivision 3.22.

Since scholastic dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. From the UTEP Dean of Student Affairs (http://studentaffairs.utep.edu/Default.aspx?tabid=4386). “It is an official policy of university that all suspected cases or acts of alleged scholastic dishonesty must be referred to the Dean of Students for investigation and appropriate disposition. Any student who commits an act of scholastic dishonesty is subject to discipline. Scholastic dishonesty includes, but is not limited to cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, any act designed to give unfair advantage to a student or the attempt to commit such acts”.

Examples of “cheating” include:

- Copying from the homework, in-class work or exam paper of another student, engaging in written, oral, or any other means of communication with another student during an exam or homework assignment, or giving aid to or seeking aid from another student during a test;
- Possession and/or use during an exam or home test of materials which are not authorized by the person giving the test, such as class notes, books, or specifically designed “crib notes”;
- Using, obtaining, or attempting to obtain by any means the whole or any part of non-administered test, test key, homework solution, or computer program; using a test that has been administered in prior classes or semesters but which will be used again either in whole or in part without permission of the instructor; or accessing a test bank without instructor permission;
- Collaborating with or seeking aid from another student for an assignment without authority;
- Substituting for another person, or permitting another person to substitute for one’s self, to take a test;
- Falsifying research data, laboratory reports, and/or other records or academic work offered for credit.

“Plagiarism” means the appropriation, buying, receiving as a gift, or obtaining by any means another’s work and the unacknowledged submission or incorporation of it in one’s own academic work offered for credit, or using work in a paper or assignment for which the student had received credit in another course without direct permission of all involved instructors. NOTE: This includes cutting-and-pasting and photocopying from on-line and other material.

“Collusion” means the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on scholastic dishonesty.