# Community Nutrition (HSCI 3316) SPRING 2019

## Dates, Topics, and Homework Assignments

<table>
<thead>
<tr>
<th>Week</th>
<th>Dates</th>
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<th>Homework and Class Assignments</th>
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<td><strong>Unit ONE: Working in the Community</strong></td>
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<td>WEEK 1</td>
<td>January 23</td>
<td>Overview of the course; Review Syllabus; Introductions; Myths, Presumptions, and Facts</td>
<td>Elevator Speech</td>
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| WEEK 2 | January 30   | Opportunities in Community Nutrition  
          Guest Speaker: Adrian Kamath | Readings: Chapter 1            |
| WEEK 3 | February 6   | Principles of Epidemiology  
          Understanding and Achieving Behavior change | Readings: Chapters 2 & 3         |
| WEEK 4 | February 13  | Community Needs Assessment  
          Exam 1 review  
          Program Planning for Success | Readings: Chapter 4 & 5  
          EXAM 1 Chapters 1-4 (online) |
| WEEK 5 | February 20  | The Art and Science of Policymaking  
          National Nutrition Agenda  
          Guest Speaker – Gabriela Gallegos | Readings: Chapter 6 & 7          |
| WEEK 6 | February 27  | Addressing the Obesity Epidemic  
          Health Care Systems and Policy  
          Speaker – Leah Whigham | Readings: Chapter 8 & 9          |
| **Unit TWO: Delivering Programs** |             |                                                                        |                                |
| WEEK 7 | March 6      | Food Insecurity and Food Assistance  
          Mothers and Infants: Nutrition Assessment, Services, and Programs  
          Guest Speaker – Susan Goodell | Readings: Chapters 10 & 11  
          EXAM 2 Chapters 5-9 (online) |
| WEEK 8 | March 13     | Children and Adolescents: Nutrition Issues, Services, and Programs  
          Guest Speaker – Adriana Clowe | Readings: Chapter 12            |
| **SPRING BREAK: March 18 – 22** |             |                                                                        |                                |
| WEEK 10 | March 27     | Healthy Aging: Nutrition Assessment, Services, and Programs | Readings: Chapter 13            |
| WEEK 11 | April 3      | Global Food and Nutrition Security: Challenges and Opportunities  
          Guest Speaker – Dennis Nyachoti | Readings: Chapter 14            |
| **Unit THREE: Planning Nutrition Interventions** |             |                                                                        |                                |
| WEEK 12 | April 10     | Gaining Cultural Competence in Community Nutrition | Readings: Chapter 15  
          Exam 3 Chapters 10-14 (online) |
| WEEK 13 | April 17     | Principles of Nutrition Education  
          Guest Speaker – Pema Garcia | Readings: Chapter 16            |
| WEEK 14 | April 24     | Marketing Nutrition and Health Promotion  
          Managing Community Nutrition Programs  
          Guest Speaker (Skype) Rohan Dhurandhar | Readings: Chapter 17 & 18     |
| WEEK 15 | May 1        | Building Grantsmanship Skills  
          Community Nutrition Program Presentations | Readings: Chapter 19            |
| WEEK 16 | May 8        | Community Nutrition Program Presentations | Community Nutrition Program Presentations |
| Final Exams Week | May 13 – 17 | Exam 4 Chapters 15-19 (online) |                                |

**Commencement May 18-19, 2019**

*Note: The course syllabus is a general tentative plan for the course. Any changes will be announced to the class in advance by the instructor.*

** Apr 5th – Spring Drop/Withdrawal deadline

** Mar 29th – Cesar Chavez Day Observance (No Classes)

** Mar 30th – SPRING Study Day (No Classes)

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