University of Texas at El Paso  
College of Health Sciences  
Physical Therapy Program

PT 5105  Introduction to Clinical Experience  Spring 2016

COURSE SYLLABUS

Credit Hours: 1

Contact Hours: 40 clinic, 40 lecture, lab, and self-study experiences

Schedule: Lecture and lab vary, see tentative schedule below  
           Clinical Site: Tuesday mornings or afternoons, Feb 9-April 19  
           (hours vary depending on clinical placement)

Coordinator/Instructor: Loretta Dillon, PT, DPT, MS  
                         Office # 312  747-8215  
                         Office hours: 10am-noon Fri or by appt  
                         E-mail: ldillon@utep.edu

Course Description:
This introduction to the clinic will assist students in developing their professional practice skills  
as well as patient and practice management skills through observation and experiential learning.

Course Objectives:
Upon completion of this course, the student will be able to:
1. Demonstrate intermediate performance in commitment to learning, interpersonal skills,  
   use of constructive feedback, and professionalism.
2. Complete a thorough history on one patient.
3. Document 2 progress notes and one re-assessment of one or more patients achieving  
   standards of the assigned clinic.
4. Develop 2 written home exercise programs for 2 patients, one in English and one in  
   Spanish.
5. Develop one clinical question related to a particular patient or patient population.
6. Research a viable answer to the clinical question using the scientific literature.
7. Demonstrate accurate self-assessment skills.
8. Review concepts from PT 5103 and successfully peer teach these concepts to nursing  
   students.
9. Participate in various hospital day experiences through School of Nursing.

Required “texts”: EMedley database access through the bookstore

Recommended Texts: All course textbooks used in the first 3 semesters.

Methods of Instruction: Lecture and active learning to learn how to use the clinical  
assessment tool. Clinical placement in one of a variety of practice settings such as acute  
care, out-patient, long-term care and in-patient rehab.
Methods of Evaluation:
1. The Professional Behaviors of the 21st century document will be used by the CI and student to assess the professional behaviors and safety in practice.
2. Students will self assess on one copy of the document. Students must also satisfactorily complete the self reflection piece on their copy of the document
3. CIs will assess the student on another copy of the document and provide summative comments.
4. The student and CI will compare ratings for congruence.
5. Students must earn ratings of 1 or 2 in each of the 11 behaviors in order to earn a Satisfactory grade. If students do not earn a rating of 1 or 2 on any of the professional behaviors or safety, the student will earn an Unsatisfactory grade for the course.
6. Two Home Exercise Programs with appropriate dosing parameters, one in English and one in Spanish must be completed. These may be computer generated.
7. PICO Assignment (see below for detail).
8. 100% attendance at lecture/lab experiences.
9. Reflection summary on peer teaching.

UTEP PHYSICAL THERAPY PROGRAM GRADING SCALE
This course is a PASS/FAIL course and is reported as SATISFACTORY or UNSATISFACTORY per UTEP policy. 100% attendance (scheduled class time and the clinic) is required in addition to satisfactory completion of the assignments to earn a grade of SATISFACTORY. No late assignments will be accepted. Consequences for late assignments will vary depending on the severity of the infraction. This includes late submission of compliance requirements. If all compliance requirements were submitted late, then the student will not be allowed to complete the clinical hours and will therefore fail the course.

If students fail to submit the PICO Assignment, the exercise programs, BOTH copies of the professional behaviors document, and/or the reflection paper, then a grade of UNSATISFACTORY will be earned.

Course Content: Clinical placement to acculturate students to physical therapy practice in a variety of adult practice settings.

Course and Program Policy: See PT Program Handbook for all policies on exams, electronic device use, dress code, attendance, and scholastic dishonesty. Your instructors encourage you to periodically review all handbook policies, but in light of past experiences, particularly direct you to review the policies on cheating, accumulated knowledge, generic abilities, attendance, and the disclaimer that the syllabus is subject to change. In addition, refer to the Clinical Education Policies and Procedures with special attention to grading requirements as they pertain to this course.

Special Accommodations (ADA): “If you have or suspect a disability and need accommodations, you should contact the Center for Accommodations and Support Services (CASS) at 747-5148.” You can also e-mail the office at cass@utep.edu or go by their office in Union Building East. For additional information, visit the CASS website at http://sa.utep.edu/cass/

Updated January 11, 2016
### Tentative Topic/Assignment Outline:
**DUE DATES ARE LISTED IN ASSIGNMENT INSTRUCTIONS**

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Reading Assignments Assignment Due Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wk 1 Jan 19</td>
<td>Clinical Education, 10:30am-12:30 pm</td>
<td>Review Student Handbook Clinical Education Policies and Professional Behavior Document Review expectations of the course</td>
</tr>
<tr>
<td>Wk 2 Jan 26</td>
<td>Clinical Education, 10:30am-12:30 pm</td>
<td>Clinical Education Lecture online Articles on BB</td>
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<tr>
<td>Wk 3 Feb 2</td>
<td>Clinical Education, 10:30am-12:30 pm</td>
<td>APTA Clinical Education materials Evidence Based Practice Intro DPT Expectations in the Clinic</td>
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<tr>
<td>Wk 4 Feb 9</td>
<td>Clinic begins on Feb 9</td>
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<tr>
<td>Wk 5 Feb 16</td>
<td>Clinic</td>
<td></td>
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<tr>
<td>Wk 6 Feb 23</td>
<td>Clinic</td>
<td>Home Exercise Program 1 due</td>
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<tr>
<td>Wk 7 Mar 1</td>
<td>Clinic</td>
<td>PICO Question DUE-must be approved before search process can begin.</td>
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<tr>
<td>Wk 8</td>
<td>SPRING BREAK-optinal to attend clinic and end one week early.</td>
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<tr>
<td>Wk 9 Mar 15</td>
<td>Clinic</td>
<td>Group debriefings for Cardio practical exam begin this week. Schedule TBD</td>
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<tr>
<td>Wk 10 Mar 22</td>
<td>Clinic</td>
<td>Home Exercise Program 2 due</td>
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<tr>
<td>Wk 11 Mar 28-29</td>
<td>Peer teaching mobility lab March 28 (see separate schedule)</td>
<td>Prepare with materials PRIOR to this date-More info in Cardio</td>
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<tr>
<td></td>
<td>Clinic Mar 29</td>
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<tr>
<td>Wk 12 Apr 4-5,</td>
<td>Clinic Apr 5 Hospital Day April 4 and 5(see separate schedule-34 students)</td>
<td>Reflection paper on peer teaching due</td>
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<tr>
<td>Wk 13 Apr 12</td>
<td>Clinic</td>
<td></td>
</tr>
<tr>
<td>Wk 14 Apr 19</td>
<td>Clinic -last day</td>
<td>PICO Worksheet due Apr 19 via BB BOTH Hardcopies of Professional Behavior Documents due Apr 20 unless a make up day is needed</td>
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</table>

**Updated January 11, 2016**
ASSIGNMENTS:
There are 4 assignments that are due through BBL. Late assignments will not be accepted so stay up with the due dates posted on BBL. Submit assignments early if you have the opportunity to complete them before the deadline. If you haven't had the opportunity to complete the HEP assignment, you must communicate with Dr Dillon in order to request an extension. There are no exceptions to the PICO assignment, reflection, or professional behaviors documents deadlines. Those deadlines hold fast and students will fail PT 5105 if deadlines are missed.

1. HOME EXERCISE PROGRAMS: Develop 2 HEPs for 2 patients according to the standards of the clinic site (eg use of computerized programs vs type written, etc). The goal is to develop one in English and one in Spanish. If no opportunity for Spanish, then the student still needs to create a program in Spanish and turn it in to Dr Dillon. See BBL for deadlines.

2. PICO ASSIGNMENT: Students will formulate a research question based on a patient experience during PT 5105. (Review PICO from PT 5216 Research Methods) The question is due no later than March 1. The question should address one of the following:
   1. different physical therapy interventions that were used for patients with the same diagnosis
   2. different surgical interventions used for patients with the same diagnosis
   3. other interventions selected by the referring practitioner (eg orthotics post spinal surgery) that are not consistently ordered for patients with the same diagnosis

The question will be reviewed and approved by Dr. Dillon. If the question is acceptable, the student will be instructed to complete the search procedure as listed below. If the question needs revising, students will have one week to complete the revision before searching can begin.

After the question has been deemed acceptable, complete the form documenting the search of the literature and your clinical decision. **PICO Worksheet is due April 19.** Satisfactory completion of the assignment is required for earning a grade of satisfactory. See worksheet on next page. Be as complete as possible in completing the form, keep track of databases searched, and key words used, and number of hits during your search process. This process will help you develop your searching skills as you progress in the curriculum. We will revisit this assignment in PT 6304 EBP in the 4th semester.

3. Reflection paper on peer teaching. More info will be given closer to the date.
4. Professional behavior documents: Students will self assess on one copy and the CI assesses on another copy. BOTH HARD COPIES are due to Dr Dillon April 20 (unless a make-up day was needed with Dr Dillon's permission, then the forms are due April 27). The self reflection must be completed by the student on the student copy.
1. Define the question.
(P) Patient/population: ______________________________________
(I) Intervention: ________________________________
(C) Comparison: __________________________________________
(O) Outcome: _____________________________________________

Your question:____________________________________________________
________________________________________________________________

2. Follow the PRISMA guidelines to document your search process. Identify your databases and the key words you used. Then follow the diagram below:

Databases used:__________________________________________________

Key word and key word combos used:_______________________________
_______________________________________________________________

# of records identified through database searching

# of additional records identified through other sources

# of records after duplicates removed

# of records screened

# of records excluded

# of full-text articles assessed for eligibility

# of full-text articles excluded, with reasons

# of studies included in qualitative synthesis

The above box answers #3 below
3. Appraise the evidence.
List ALL your appropriate retrievals (ie citations using AMA format) in order based on hierarchy of evidence from highest level to lowest and state the level of evidence:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

List the retrievals (again, the CITATIONS) that most closely fit your clinical situation to answer your question: (ie which of the above listed citations best answer your question)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

4. Apply your evidence.
   a. Summarize your findings: (this is a narrative section to summarize the articles briefly)

   b. Discuss how you can apply your findings to your clinical situation: