PT 5105  Introduction to Clinical Experience  Spring 2015

COURSE SYLLABUS

Credit Hours:  1

Contact Hours:  40 clinic, 40 lecture, lab, and self study experiences

Schedule:  Lecture and lab vary, see tentative schedule below
Clinical Site: Tuesday mornings or afternoons, Feb 10-April 21
(hours vary depending on clinical placement)

Coordinator/Instructor:  Loretta Dillon, PT, DPT, MS
Office # 312  747-8215
Office hours: 8:30-10am on Tues and Fri or by appt
E-mail:  ldillon@utep.edu

Course Description:
This introduction to the clinic will assist students in developing their professional practice skills as well as patient and practice management skills through observation and experiential learning.

Course Objectives:
Upon completion of this course, the student will be able to:
1.  Demonstrate intermediate performance in commitment to learning, interpersonal skills, use of constructive feedback, and professionalism.
2.  Complete a thorough history on one patient.
3.  Document 2 progress notes and one re-assessment of one or more patients achieving standards of the assigned clinic.
4.  Develop 2 written home exercise programs for 2 patients, one in English and one in Spanish.
5.  Develop one clinical question related to a particular patient or patient population.
6.  Research a viable answer to the clinical question using the scientific literature.
7.  Demonstrate accurate self assessment skills.
8.  Review concepts from PT 5103 and successfully peer teach these concepts to nursing students.
9.  Participate in various hospital day experiences through School of Nursing.

NO REQUIRED TEXTBOOK

Recommended Texts:  All course textbooks used in the first 3 semesters.

Methods of Instruction:  Lecture and active learning to learn how to use the clinical assessment tool. Clinical placement in one of a variety of practice settings such as acute care, out-patient, long-term care and in-patient rehab.
Methods of Evaluation:

1. The Professional Behaviors of the 21\textsuperscript{st} century document will be used by the CI to assess the professional behaviors and safety in practice. Students will self assess on one copy of the document and then compare with the CI’s ratings on the CI copy of the document. Students must earn ratings of 1 or 2 in each of the 11 behaviors in order to earn a Satisfactory grade. If students do not earn a rating of 1 or 2 on any of the professional behaviors or safety, the student will earn an Unsatisfactory grade for the course. Students must also satisfactorily complete the self reflection piece on their copy of the document.

2. Two Home Exercise Programs with appropriate dosing parameters, one in English and one in Spanish must be completed. These may be computer generated.

3. PICO Assignment (see below for detail).

4. 100% attendance at lecture/lab experiences.

5. Reflection summary on peer teaching.

UTEP PHYSICAL THERAPY PROGRAM GRADING SCALE

This course is a PASS/FAIL course and is reported as SATISFACTORY or UNSATISFACTORY per UTEP policy. 100% attendance (scheduled class time and the clinic) is required in addition to satisfactory completion of the assignments to earn a grade of SATISFACTORY. No late assignments will be accepted. Consequences for late assignments will vary depending on the severity of the infraction. This includes late submission of compliance requirements. If all compliance requirements were submitted late, then the student will not be allowed to complete the clinical hours and will therefore fail the course.

If students fail to submit the PICO Assignment, the exercise programs, BOTH copies of the professional behaviors document, and/or the reflection paper, then a grade of UNSATISFACTORY will be earned.

Course Content: Clinical placement to acculturate students to physical therapy practice in a variety of adult practice settings.

Course and Program Policy: See PT Program Handbook for all policies on exams, electronic device use, dress code, attendance, and scholastic dishonesty. Your instructors encourage you to periodically review all handbook policies, but in light of past experiences, particularly direct you to review the policies on cheating, accumulated knowledge, generic abilities, attendance, and the disclaimer that the syllabus is subject to change. In addition, refer to the Clinical Education Policies and Procedures with special attention to grading requirements as they pertain to this course.

Special Accommodations (ADA): “If you have or suspect a disability and need accommodations, you should contact the Center for Accommodations and Support Services (CASS) at 747-5148.” You can also e-mail the office at cass@utep.edu or go by their office in Union Building East. For additional information, visit the CASS website at http://sa.utep.edu/cass/
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Reading Assignments Assignment Due Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wk 1 Jan 20</td>
<td>Clinical Education, 2-4 pm</td>
<td>Review Student Handbook Clinical Education Policies and Professional Behavior Document Review expectations of the course</td>
</tr>
<tr>
<td>Wk 2 Jan 27-29</td>
<td>Clinical Education, 2-4 pm</td>
<td>Clinical Education Lecture online Articles on BB</td>
</tr>
<tr>
<td>Wk 3 Feb 3</td>
<td>Clinical Education, 2-4 pm</td>
<td>APTA Clinical Education materials</td>
</tr>
<tr>
<td>Wk 4 Feb 10-12</td>
<td>Clinic begins on Feb 10</td>
<td></td>
</tr>
<tr>
<td>Wk 5 Feb 17</td>
<td>Clinic</td>
<td>Home Exercise Program 1 due</td>
</tr>
<tr>
<td>Wk 6 Feb 24</td>
<td>Clinic</td>
<td></td>
</tr>
<tr>
<td>Wk 7 Mar 3</td>
<td>Clinic</td>
<td>PICO Question DUE-must be approved before search process can begin.</td>
</tr>
<tr>
<td>Wk 8 Mar 17</td>
<td>SPRING BREAK-optinal to attend clinic and end one week early.</td>
<td></td>
</tr>
<tr>
<td>Wk 9 Mar 24</td>
<td>Clinic</td>
<td></td>
</tr>
<tr>
<td>Wk 10 Mar 30-31</td>
<td>Group debriefings for Cardio practical exam begin this week. Schedule TBD</td>
<td></td>
</tr>
<tr>
<td>Wk 11 Mar 31</td>
<td>Clinic</td>
<td>Home Exercise Program 2 due</td>
</tr>
<tr>
<td>Wk 12 Apr 6-7</td>
<td>Peer teaching mobility lab March 30 (see separate schedule)</td>
<td>Prepare with materials PRIOR to this date-More info in Cardio</td>
</tr>
<tr>
<td>Wk 13 Apr 14</td>
<td>Clinic</td>
<td>Reflection paper on peer teaching due</td>
</tr>
<tr>
<td>Wk 14 Apr 21</td>
<td>Clinic -last day</td>
<td>PICO Worksheet due</td>
</tr>
<tr>
<td>Wk 15 Apr 28</td>
<td>MAKE UP DAY IF NEEDED</td>
<td>BOTH Professional behavior documents due in class if they have not already been submitted.</td>
</tr>
<tr>
<td>Wk 16</td>
<td>NO CLASS</td>
<td></td>
</tr>
</tbody>
</table>
ASSIGNMENTS:
There are 4 assignments that are due through BBL. Late assignments will not be accepted so stay up with the due dates posted on BBL. Submit assignments early if you have the opportunity to complete them before the deadline. If you haven’t had the opportunity to complete the HEP assignment, you must communicate with Dr Dillon in order to request an extension. There are no exceptions to the PICO assignment, reflection, or professional behaviors documents deadlines. Those deadlines hold fast and students will fail PT 5105 if deadlines are missed.

1. HOME EXERCISE PROGRAMS: Develop 2 HEPs for 2 patients according to the standards of the clinic site (eg use of computerized programs vs type written, etc). The goal is to develop one in English and one in Spanish. If no opportunity for Spanish, then the student still needs to create a program in Spanish and turn it in to Dr Dillon. See BBL for deadlines.

2. PICO ASSIGNMENT: Students will formulate a research question based on a patient experience during PT 5105. (Review PICO from PT 5216 Research Methods) The question is due no later than March 3. The question should address one of the following:
   1. different physical therapy interventions that were used for patients with the same diagnosis
   2. different surgical interventions used for patients with the same diagnosis
   3. other interventions selected by the referring practitioner (eg orthotics post spinal surgery) that are not consistently ordered for patients with the same diagnosis

The question will be reviewed and approved by Dr. Dillon. If the question is acceptable, the student will be instructed to complete the search procedure as listed below. If the question needs revising, students will have one week to complete the revision before searching can begin.

After the question has been deemed acceptable, complete the form documenting the search of the literature and your clinical decision. **PICO Worksheet is due April 28.** Satisfactory completion of the assignment is required for earning a grade of satisfactory. See worksheet on next page. Be as complete as possible in completing the form, keep track of databases searched, and key words used, and number of hits during your search process. This process will help you develop your searching skills as you progress in the curriculum. We will revisit this assignment in PT 6304 EBP in the 4th semester.

3. Reflection paper on peer teaching. More info will be given closer to the date.
4. Professional behavior documents: Students will self assess on one copy and the CI assesses on another copy. BOTH HARD COPIES are due to Dr Dillon no later than April 28 (this allows for one make up day in the event a student is ill and cannot attend the clinic). The self reflection must be completed by the student on the student copy.
Evidence Based Practice PICO Worksheet

1. Define the question.
(P) Patient/population: ______________________________________
(I) Intervention: ____________________________________________
(C) Comparison: ____________________________________________
(O) Outcome: ______________________________________________

Your question:__________________________________________________________________________________________
__________________________________________________________________________________________

2. Find the evidence.
List the databases you used:
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________

List your key words and number of hits for each word or word combination:
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________

Describe your how you narrowed the search if number of hits was over 50:
__________________________________________________________________________________________
__________________________________________________________________________________________

3. Appraise the evidence.
List ALL your appropriate retrievals (ie citations using AMA format) in order based on hierarchy of evidence from highest level to lowest and state the level of evidence:
__________________________________________________________________________________________
__________________________________________________________________________________________
__________________________________________________________________________________________
__________________________________________________________________________________________

List the retrievals (again, the CITATIONS) that most closely fit your clinical situation: (ie which of the above listed citations best answer your question)
__________________________________________________________________________________________
__________________________________________________________________________________________
__________________________________________________________________________________________

4. Apply your evidence.
Summarize your findings: (this is a narrative section to summarize the articles briefly)

Discuss how you can apply your findings to your clinical situation: