COURSE SYLLABUS

Credit Hours: 1

Contact Hours: 80 clinic, 4 lecture (15 weeks)

Schedule: January 22, 29, and Feb 5, 10am-noon
            Wednesdays, Feb 12-April 23, 2014 at the assigned clinical site

Coordinator/Instructor: Loretta Dillon, PT, DPT, MS
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                        Office hours: 8-10am on Mon and Wed and by appt
                        E-mail: ldillon@utep.edu

Course Description:
This introduction to the clinic will assist students in developing their professional practice skills as well as patient and practice management skills through observation and experiential learning. Clinical experiences will be 1 day/week over 10 weeks.

Course Objectives:
Upon completion of this course, the student will be able to:
1. Demonstrate intermediate performance in commitment to learning, interpersonal skills, use of constructive feedback, and professionalism. (CC-4, 5.11, 5.15)
2. Complete a thorough history on one patient. (CC-5.28)
3. Document 2 progress notes and one re-assessment of one or more patients achieving standards of the assigned clinic. (CC-5.42)
4. Develop 2 written home exercise programs for 2 patients, one in English and one in Spanish.(CC-5.39a)
5. Develop one clinical question related to a particular patient or patient population. (CC-4)
6. Research a viable answer to the clinical question using the scientific literature.(CC-5.22)
7. Demonstrate accurate self assessment skills. (CC-5.12)


Recommended Texts: All course textbooks used in the first 3 semesters.

Methods of Instruction: Lecture and active learning to learn how to use the clinical assessment tool. Clinical placement in one of a variety of practice settings such as acute care, out-patient, long-term care and in-patient rehab.

Methods of Evaluation:
1. The Professional Behaviors of the 21st century document will be used by the CI to assess the professional behaviors and document on Safety in Practice. Students will self assess on a separate document and then compare with the CI.

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must earn ratings of 1 or 2 in each of the 11 behaviors in order to earn a Satisfactory grade. If students do not earn a rating of 1 or 2 on any of the professional behaviors or safety, the student will earn an Unsatisfactory grade. The clinical assessment portion is half of the overall grade. (50%)

2. Four documentation assignments (turned into Dr Dillon with all PHI deleted and following all HIPAA regulations): (20% total, 5% for each note)
   a. History on one patient
   b. Progress note #1
   c. Progress note #2
   d. Reassessment note

3. Two Home Exercise Programs with appropriate dosing parameters, one in English and one in Spanish (20% total, 10% each HEP)

4. PICO Assignment (see below for detail) (10%)

UTEPE PHYSICAL THERAPY PROGRAM GRADING SCALE

This course is a PASS/FAIL course and is reported as SATISFACTORY or UNSATISFACTORY per UTEP policy. 100% attendance (scheduled class time and the clinic) is required in addition to satisfactory completion of the assignments to earn a grade of SATISFACTORY. No late assignments will be accepted.

80% or greater is the required percentage to earn a grade of SATISFACTORY. Students who earn below 80% will earn a grade of UNSATISFACTORY.

Course Content: Use of the PT MACS and clinical placement to introduce student to physical therapy practice in a variety of adult and pediatric practice settings.

Course and Program Policy: See PT Program Handbook for all policies on exams, electronic device use, dress code, attendance, and scholastic dishonesty. Your instructors encourage you to periodically review all handbook policies, but in light of past experiences, particularly direct you to review the policies on cheating, accumulated knowledge, generic abilities, attendance, and the disclaimer that the syllabus is subject to change. In addition, refer to the Clinical Education Policies and Procedures with special attention to grading requirements as they pertain to this course.

Special Accommodations (ADA): “If you have or suspect a disability and need accommodations, you should contact the Center for Accommodations and Support Services (CASS) at 747-5148.” You can also e-mail the office at cass@utep.edu or go by their office in Union Building East. For additional information, visit the CASS website at http://sa.utep.edu/cass/

Tentative Topic/Assignment Outline:
DUE DATES ARE LISTED IN ASSIGNMENT INSTRUCTIONS

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Reading Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wk 1</td>
<td>Review of lost content, hoyer lift, tilt table Overview and expectations for the course</td>
<td>Posted lecture on BB, Atkinson article on BB</td>
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<tr>
<td>Wk 2</td>
<td>Use of PT MACS as a reference for the Intro course and as a required evaluation tool for the 3, 8 week rotations.</td>
<td>READ PT MACS Instructions and skills on your own.</td>
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<tr>
<td>Wk 3</td>
<td>Use of PT MACS (cont from wk 2)</td>
<td>PT MACS Skills</td>
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<tr>
<td>Wk 4-13</td>
<td>Clinical Practice (Spring Break, no clinic on Mar 12 unless student wants to finish a week early and the clinic consents)</td>
<td>To be determined by clinical instructor onsite</td>
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<tr>
<td>Wk 14</td>
<td>Professional behavior document due by MAY 1. It is preferable to turn in the documentation and HEP assignments as you complete them during the 10 weeks (see below).</td>
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**ASSIGNMENTS:**

There are 8 assignments that are due through BBL. Late assignments will not be accepted so stay up with the due dates posted on BBL. If you miss a documentation or HEP assignment, you won’t pass the rotation if you fall below the 80% requirement. However, the instructor's expectation is that each and every student will complete all assignments on time. Submit assignments early if you have the opportunity to complete them before the deadline. If you haven’t had the opportunity to complete the documentation or HEP assignment, you must communicate with Dr Dillon in order to request an extension. There are no exceptions to the PICO assignment deadlines. Those deadlines hold fast. And if the PICO assignment is not completed, you won’t pass the course. It is the student’s responsibility to keep track of his/her own percentage of completion of assignments for this course.

1. **DOCUMENTATION ASSIGNMENTS:** During the course of 10 weeks in the clinic, there will be ample time to practice documentation skills. Students will need to submit 4 examples of documentation on patients with all PHI deleted in order to be in compliance with HIPAA. See BBL for deadlines.

2. **HOME EXERCISE PROGRAMS:** Develop 2 HEPs for 2 patients according to the standards of the clinic site (eg use of computerized programs vs type written, etc). The goals is to develop one in English and one in Spanish. If no opportunity for Spanish, then the student still needs to create a program in Spanish and turn it in to Dr Dillon. See BBL for deadlines.

3. **PICO ASSIGNMENT:** Students will formulate a research question based on a patient experience during PT 5105. (Review PICO from PT 5216 Research Methods) The question is due no later than March 7. The question should address one of the following:
   1. different physical therapy interventions that were used for patients with the same diagnosis
   2. different surgical interventions used for patients with the same diagnosis
3. other interventions selected by the referring practitioner (eg orthotics post spinal surgery) that are not consistently ordered for patients with the same diagnosis

The question will be reviewed by Dr. Dillon. If the question is acceptable, the student will be instructed to complete the search procedure as listed below. If the question needs revising, students will have one week to complete the revision before searching can begin.

After the question has been deemed acceptable, complete the form documenting the search of the literature and your clinical decision. PICO Worksheet is due May 1. Satisfactory completion of the assignment is required for earning a grade of satisfactory. See worksheet on next page. Be as complete as possible in completing the form, keep track of databases searched, and key words used, and number of hits during your search process. This process will help you develop your searching skills as you progress in the curriculum. We will revisit this assignment in PT 6304 EBP in the 4th semester.
Evidence Based Practice PICO Worksheet

1. Define the question.
   (P) Patient/population: ______________________________________
   (I) Intervention: ____________________________________________
   (C) Comparison: ____________________________________________
   (O) Outcome: ______________________________________________

   Your question: ______________________________________________
   ____________________________________________________________

2. Find the evidence.
   List the databases you used:
   _____________________________________________________________
   _____________________________________________________________
   _____________________________________________________________

   List your key words and number of hits for each word or word combination:
   _____________________________________________________________
   _____________________________________________________________
   _____________________________________________________________
   _____________________________________________________________

   Describe your how you narrowed the search if number of hits was over 50:
   _____________________________________________________________

3. Appraise the evidence.
   List ALL your appropriate retrievals (ie citations using AMA format) in order
   based on hierarchy of evidence from highest level to lowest and state the level of
   evidence:
   _____________________________________________________________
   _____________________________________________________________
   _____________________________________________________________
   _____________________________________________________________

   List the retrievals (again, the CITATIONS) that most closely fit your clinical
   situation: (ie which of the above listed citations best answer your question)
   _____________________________________________________________
   _____________________________________________________________

4. Apply your evidence.
   Summarize your findings: (this is a narrative section to summarize the articles
   briefly)
   _____________________________________________________________

   Discuss how you can apply your findings to your clinical situation: