

The University of Texas at El Paso
School of Nursing
Course Syllabus
Nursing 3319 CRN 17283
Cultural Perspectives on Health Care
Fall 2016
Aug 22, 2016 - Dec 01, 2016

COURSE NUMBER AND TITLE

Nursing 3319: Cultural Perspectives on Health Care
CRN 17283
Online (Blackboard)

COURSE DESCRIPTION/COURSE OVERVIEW: This course is designed to introduce students to cross-cultural issues in health and to the fundamentals of cultural competence. The course builds upon concepts and issues related to culture and health, focusing on values and attitudes about caring, health, illness, and treatment as related to diverse cultural groups.

COURSE PREREQUISITES None.

CREDIT ALLOCATION 3 credit hours

FACULTY INFORMATION

Dr. Kathleen O'Connor
Office location: HSN 316
Phone extension 7285
Email: kaoconnor2@utep.edu
Office Hours: By appointment

COURSE OBJECTIVES

- To introduce students to the fundamentals of cultural competence.
- To raise student awareness of how members of other cultures perceive, interpret and enact health and healing
- To prepare students to interview clients from cultures other than their own
- To encourage students toward ongoing self-examination with regard to healing members of other cultures
- To introduce students to anthropology, on which transcultural nursing is based

Upon completion of this course, the learner should be able to:

- Identify beliefs, values, and traditional health care practices of various ethnic groups.
- Relate culture and ethnicity to the utilization of health care services.
- Explain the acculturation process in relation to health care practices.
- Discuss biologic human variations and their implications for client care.
- Apply cultural concepts and research findings to assessment, planning, and evaluating of health care.
- Discuss international health care issues and international nursing.

COURSE ACTIVITIES:

All assignments should be posted in the corresponding folder in Discussions.

- 1) 600 points: Weekly reading reflections and responses:
 - 30 points: Reading reflection posted on discussion board (at least 200 words)
 - 15 points: One reply to at least one classmate (at least 50 words)
 - 5 points: One followup post engaging with a discussion of your choice (at least 30 words)

Must engage with the discussion – don't just write "I agree with you."

- 2) 20 points each: Chapter quizzes: asynchronous with 3 attempts.

- 3) 150 points each: Two essays on the following films:
"The Disappearing Male" and "Outbreak."

Essays must be *at least* four pages in length. Points will be deducted for short essays. Double spaced, 1-inch margins, 12-point Times or 11-point Arial font.

- 4) 150 points: Ethnographic interview with an individual on an illness experience that they have had.

Try to find someone who might have a different interpretation of illness from yours or from the Western medical paradigm, such as someone from a different generation or from a different culture from yours. That could be a grandparent, or an athlete, or someone from a different religion. If you need help thinking about this, let me know and I can give you some ideas.

You must use the Explanatory Model set of questions developed by Arthur Kleinman, no exceptions. You will practice active listening, which is describe in a handout on the Home Page.

You will audiotape the interview and upload the digital recording onto Blackboard. During the interview, take notes. Note your body language and your interviewee's body language when responding to the questions. Does their body reveal things that their words aren't saying? Reflect on your experience using active listening. Post a short, 250-word description or your interview with the audio file.

This is not a health assessment and points will be deducted for clinical language or interpretation. The goal is to listen to what the person is saying about how they understand their illness, and their experience of being ill.

- 5) 150 points. Research essay. You will identify a topic of your choice about the intersection of culture and health, and conduct outside library research using at least one source from each: PubMed, J-Stor, Academic Search Complete, and Lexis-Nexis. The essay should be written in APA style. **This topic must be approved by the instructor by Week 3.**

- 6) 200 points each: Midterm and final examinations completed online. One attempt only.

7) 25 points each: Netiquette Quiz and Academic Tutorial: complete in the first week of class.

8) 25 points: Active Listening Exercise. See handout on home page.

9) Course Evaluation: 25 points for completing the Course Evaluation at the end of the course; email me to tell me you completed it (honor system).

COURSE MATERIALS:

REQUIRED TEXTBOOK:

Transcultural Concepts in Nursing Care (Andrews and Boyle, 6th edition 2012)
ISBN 978-1-60831-075-3

REQUIRED FILMS: Available for streaming online.

- **“The Disappearing Male”:**
<http://topdocumentaryfilms.com/the-disappearing-male/>
- **“Outbreak”:**
<http://www.pbs.org/wgbh/frontline/film/outbreak/>
(link verified 1/18/2016)

GRADING POLICY AND STRUCTURE

All course requirements must be met in order to pass the course.

Achieving less than 75% in the course results in course failure.

Grading Distribution

Final exam	200
Midterm	200
Reading Responses (30)	600: 12 @ 50 points each = 600
Replies to Classmates (20)	
Quizzes	300: 15 @ 20 points each = 300
Essays: 150 pts each	300
Ethnographic interview	150
Research essay	150
Netiquette Quiz	25
Academic Tutorial	25
Active Listening Exercise	25
Course Evaluation	25

Total possible points =2000

Grading scale: 1800 - 2000 = A

1600 - 1799	= B
1400 - 1599	= C (75% = 1500)
1200 - 1399	= D
≤ 1199	= F

COURSE POLICIES

Academic Honesty: Students will complete an academic honesty tutorial and submit their certificate of completion by the end of the second week of class (25 points).

Your tutorial:

VAIL: Virtual Academic Integrity Laboratory

<http://www-apps.umuc.edu/vailtutor/index.html>

Disable the sound if you are in the library.

Post the completion certificate.

Students are responsible for their own academic behavior, and for making themselves fully aware of the University's policies. Academic dishonesty is prohibited and is considered a violation of the UTEP Handbook of Operating Procedures. It includes, but is not limited to, cheating, plagiarism, and collusion. Cheating may involve copying from or providing information to another student and possessing unauthorized materials during a test. Plagiarism occurs when someone intentionally or knowingly represents the words or ideas of another person as her/his own. And, collusion involves collaborating with another person to commit academically dishonest. Any act of academic dishonesty attempted by a UTEP student is unacceptable and will not be tolerated. Violations will be taken seriously and will be referred to the Office of Student Life for disciplinary action. In addition to receiving a failing grade in this class, students may be suspended or expelled from UTEP for such actions. Further information can be gained from the UTEP Office of Student Life web page. Go to <http://www.utep.edu/dos/>, then click the "Student Conduct" tab on the top.

Rule of thumb: You may use direct quotes from other sources, but you must put the words of others in quotes and cite them, giving the reference (book, article, page number journal etc) for the quote.

NETIQUETTE QUIZ: Complete the netiquette quiz and post a few words on what you learned (25 points).

AMERICANS WITH DISABILITIES ACT. Nursing is a physically and mentally challenging profession. Nurses are required to think critically and quickly in order to respond to patient care needs. Providing direct patient care in the clinical rotation can also be physically demanding and may involve assisting patients in transfer, ambulation and activities of daily living. Students with disabilities may contact the UTEP Center for Accommodations and Support Services (CASS) to request reasonable accommodations under the Americans with

Disabilities Act guidelines at <http://sa.utep.edu/cass/>. They can also be reached by calling (915) 747-5148, or by email at cass@utep.edu.

Retention Action Plan (RAP): should a student not be successful on an examination or is not progressing in the course as expected, the student must complete a retention action plan with the course manager. Please do not wait until assignments are returned or exams are upcoming: seek help and advice early and often. Our goal is your success.

IMPORTANT: Please let the instructor know, while maintaining your privacy to your own comfort level, if you encounter a life issue (illness, family, work conflicts etc) that prevents you from completing your work on time. I am happy to work with you but do let me know in a timely manner if you are struggling.

Students are required to subscribe to and access the course Blackboard site. Students are encouraged to access this site on a daily basis. For full credit, students must access the site at least twice a week. Discussions will be posted on this site. The course syllabus, calendar, topical outline of scheduled lectures with objectives, assigned and supplemental readings, and internet links will also be posted on this site.

Email should be sent through Blackboard; however, please do not hesitate to email the professor via UTEP email.

Send assignments and all communications through Blackboard as well. However, we know that there are moments when Blackboard is down or overloaded; if after three attempts, you are not able to access Blackboard, write to Dr. O'Connor through webmail at kaoconnor2@utep.edu and let me know. Please don't send assignments via email – we will wait until Blackboard comes back up.

Communication is the responsibility of both students and faculty. The faculty will keep students informed of progress. Please, if you have a personal matter that gets in the way of your successful and timely completion of your work, tell me right away so we can work something out!

Students with questions or concerns should resolve these concerns in the following order:

First go to the appropriate faculty member.

If not resolved, then go to the course manager.

If still not resolved, ask for a student-faculty team meeting to discuss the issue.

If not resolved at faculty team level, ask to meet with the Semester Coordinator.

If still unresolved, follow the next sequencing in the chain of command: Assistant Dean for Undergraduate Education;

Assistant Dean for Student Affairs;

Associate Dean for Academic Affairs

Dean of the School of Nursing

METHODS OF EVALUATION:

EXAMS (400 points): There will be two examinations: the midterm and the final exam (200 points each). These will be cumulative, comprise multiple choice, true and false, short answers and essay. They will be online, open-book exams; the emphasis is on learning and critical thinking. Collaborating with classmates is NOT permitted. **You have only one attempt at the exams since that are open book, so answer carefully.**

READING REFLECTIONS, REPLIES TO CLASSMATE, AND FOLLOWUP.

(50 points = 600 points):

For full credit, you will be expected to post on the due dates (usually Wednesday/Friday/Saturday of each week) by 11:59 PM. Due dates are listed in the course schedule and calendar.

Reading reflection. A thoughtful analysis of what you have read for that week. This should address the reading but you can write about what the reading made you think about and can be personal. You *may* use the thought questions in the learning modules but don't just answer those questions, and you *do not have to* address them at all. An example might be to critique what you read; talk about what you thought was important or interesting in the reading; and/or also what you found disappointing or wished you learned more about.

Due by 11:59 PM on the Thursday of the week.

Replies (one engaged, 50-word reply to at least one classmate's original post) are due by 11:59 PM on the Friday of that week. Please be sure to address your reply to a specific person by name.

Followup (engaged, 30-word followup to a reply in any discussion) due by 11:59 PM on the Sunday of that week.

Reading responses must be your thoughts on the reading and what you took away from what you read. They are NOT summaries of the chapters.

Do NOT just write "I agree with you." No credit for posts that are unresponsive. Points will be taken off for late work.

ESSAY ASSIGNMENTS (150 points each = 300 points): Two 4-page essays based on "The Disappearing Male" and "Outbreak." Each essay is worth 150 points. The films are scheduled to coincide with specific chapters, so be sure to read the chapter before viewing the film.

For full credit, provide a short summary of the main points of the film (1 and a half to 2 pages only). The rest of the paper should relate the subject matter of the films to what we have been learning in class; what you've observed in your workplace; and how what you learned might

apply in your practice. Include observations of what you learned from this media document, and anything else you found interesting.

Post your essays in the appropriate folder in Discussions.

QUIZZES: Asynchronous; all must be completed before the last week of class. You have 3 attempts and the highest grade will be counted.

NETIQUETTE QUIZ, ACADEMIC TUTORIAL: 25 points each.
Please complete in Week 1.

DEADLINES: Following deadlines for full credit:

- Netiquette Quiz, Self-Introduction and Academic Tutorial due by 8/28/16.
- Weekly reading response posts, due Wednesdays at 11:59 PM
 - Replies due by 11:59 PM each Friday
 - Followups due by 11:58 PM each Saturday
- Essay on “The Disappearing Male” due 9/11
- Active Listening Exercise, due 10/2
- Midterm, available 10/19, due 10/23
- Explanatory model interview due 11/13
- Essay on “Outbreak” due 12/1
- Research essay due 12/4
- Course evaluation due approximately the first week of May (voluntary)
- Final Exam: available 12/1, due at 11:59 PM on 12/7

NOTE: MULTIPLE ATTEMPTS ARE NOT ALLOWED ON THE EXAMS BECAUSE THEY ARE OPEN BOOK, SO ANSWER CAREFULLY.

Course Schedule.

WEEK	READING	ASSIGNMENTS FOR THE WEEK: Due at 11:59 on the due date Replies and follow-up posts due on the Sunday of each week.
1 Getting Started	Read Chapter 1 Complete the several assignments Post a self-introduction	<p>1) Get familiar with Blackboard: tutorials are available on the ISS site: http://issweb.utep.edu/home/index.php?option=com_content&view=article&id=210&Itemid=313</p> <p>2) Tutorial on Netiquette; http://www.sophia.org/tutorials/netiquette-2 <u>Post that you completed it and any comments on what you learned.</u></p> <p>3) Academic Integrity Tutorial: Virtual Academic Integrity Laboratory http://www-apps.umuc.edu/vaitutor/index.html Post certificate of completion.</p> <p>4) Post your personal introduction</p> <p>Chapter 1: Read Chapter 1 Theoretical foundations</p> <p>Reading reflections on Chapter 1 due Wednesday 8/24 Reply to classmate due Friday 8/26 Followup due Sunday 8/28 Netiquette, Academic Integrity tutorials and self-Introductions due Sunday 8/28</p>
WEEK 2	Read Chapter 2 Culturally competent nursing care	Reading reflections on Chapter 2 due 8/31 Reply to classmate due 9/2 Followup due 9/4

WEEK 3	Read Chapter 3 Health history	Reading reflections on Chapter 3 due 9/7 Reply to classmate due 9/9 Followup due 9/11 Essay on “The Disappearing Male” due 9/11 Research topic due
WEEK 4	Read Chapter 4 Cultural health beliefs	Reading reflections on Chapter 4 due 9/14 Reply to classmate due 9/16 Followup due 9/18
WEEK 5	Read Chapter 5 Childbearing	Reading reflections on Chapter 5 due 9/21 Reply to classmate due 9/23 Followup due 9/25
WEEK 6	Read Chapter 6 Nursing care of children	Reading reflections on Chapter 6 due 9/28 Reply to classmate due 9/30 Followup due 10/2 Active Listening Exercise, due 10/2
WEEK 7	Read Chapter 7 Adults	Reading reflections on Chapter 7 due 10/5 Reply to classmate due 10/7 Followup due 10/9
WEEK 8	Read Chapter 8 Older Adults	Reading reflections on Chapter 8 due 10/12 Reply to classmate due 10/14 Followup due 10/16
WEEK 9	Read Chapter 10 Mental health MIDTERM!	Reading reflections on Chapter 10 due 10/19 Reply to classmate due 10/21 Followup due 10/23

	Available 10/19, due 10/23 <u>Includes Chapter 10</u>	Midterm due 10/23
WEEK 10	Chapter 9 Culturally-Competent Organizations	Reading reflections on Chapter 9 due 10/26 Reply to classmate due 10/28 Followup due 10/30
WEEK 11	Read Chapter 11 Culture, Family and Community	Reading reflections on Chapter 11 due 11/3 Reply to classmate due 11/5 Followup due 11/7
WEEK 12	Read Chapter 12 Religion	Reading reflections on Chapter 12 due 11/9 Reply to classmate due 11/11 Followup due 11/13 Explanatory model interview Due 11/13
WEEK 13	Read Chapter 13 Cultural Diversity in the Health Care Workforce	Reading reflections on Chapter 13 due 11/16 Reply to classmate due 11/18 Followup due 11/20
WEEK 14	Read Chapter 14 Ethics and culture Thanksgiving! 11/24	Reading reflections on Chapter 14 due 11/23 Reply to classmate due 11/25 Followup due 11/27
WEEK 15	Read Chapter 15 International Nursing	Reading reflections on Chapter 15 due 11/30 Reply to classmate due 12/1 No followup this week

		Essay on “Outbreak” due 12/1
FINAL EXAM	FINAL AVAILABLE 12/1	FINAL DUE 12/7 Research essay due 12/7

p