

**PHAR6222 --- Course Calendar and Topic Outline**  
**Health and Wellness Through Evidence-Based Practices**  
 January 27, 2020 to May 6, 2020

The course coordinator may adapt the syllabus/course calendar to support student and course success.

	<b>Date</b>	<b>Topics</b>	<b>Faculty</b>
Week 1	1/20/2020	No class – The Rev. Dr. Martin Luther King, Jr. Day	
Week 2	1/27/2020	<b>Introduction to Course Outcomes/Syllabus</b> <b>Introduction to Course IPPE</b> <b>Library:</b> Medline, PubMed, and GoogleScholar , MeSH search terms and Boolean operators, advanced searching tricks use in databases, how to locate a specific journal and to obtain access to articles the UTEP Library does not subscribe to, and where to find definitive sources of AMA publication/writing style rules online	Dr. Navarrete Dr. Smith  Ms. Lucero
Week 3	2/03/2020	<b>Introduction to Screening Project</b> (due at the end of semester): Create health and wellness event incorporating Healthy People, health disparities, setting target, address health belief model, how to attract people to event, and source of referral <b>Intro to Epidemiology Basics and Terms</b> <b>Principles of Screening and Awareness:</b> Health Belief Model, Stages of Changes, CLIA-waivers <b>Evidence-Based Medicine:</b> EBM triad (Armstrong), Steps – 5As, Questions: Prevalence, Screening, Diagnoses, Prognosis, Treatment, Framing Question: PICOT, Differentiating Literature: 1, 2, 3, Systematic Reviews, Guidelines (Strength of Evidence vs. Clinical Evidence), types of study design	Dr. Navarrete  Dr. Sias  Dr. Navarrete
Week 4	2/10/2020	<b>Nutrition and Lifestyle, Obesity &amp; Overweight</b> (Guidelines, Screening, Awareness, and Detection) <b>OTC/Self-Care Highlights</b>	Dr. Navarrete
Week 5	2/17/2020	<b>Diabetes</b> (Guidelines, Screening, Awareness, and Detection) <b>OTC/Self-Care Highlights</b>	Dr. Sias
Week 6	2/24/2020	<b>EXAM 1 (Weeks 1-5)</b>	
Week 7	3/02/2020	<b>Cardiovascular (HTN, HLD)</b> (Guidelines, Screening, Awareness, and Detection) <b>and OTC/Self-Care Highlights</b>	Dr. Sias
Week 8	3/9/2020	<b>Asthma and Smoking Cessation</b> (Guidelines, Screening, Awareness, and Detection) <b>OTC/Self-Care Highlights/CAM (nicotine, allergy)</b>	Dr. Pinal
	3/16/2020	<b>SPRING BREAK</b>	
Week 9	3/23/2020	<b>Pediatric Health:</b> Child PS (Guidelines, Screening, Awareness, and Detection)	Dr. Pinal

Week 10	3/30/2020	<b>Geriatric Health:</b> Adult PS (Guidelines, Screening, Awareness, and Detection) & incorporation of OTC – how read a label	Dr. Loya
Week 11	4/06/2020	<b>EXAM 2 (Weeks 7-10)</b>	
Week 12	4/13/2020	<b>Poison/Trauma Prevention</b> (Guidelines, Screening, Awareness, and Detection)	Dr. Hartman
Week 13	4/20/2020	<b>Mental Health:</b> PHQ, Suicide Hotline, Adult and Child Protective Services <b>OTC/Self-Care Highlights/CAM</b> <b>Introduction to Point-of-Care</b> (Checking BP)	Dr. Montes Dr. Sias/Navarrete
Week 14	4/27/2020	<b>Infection Prevention</b> (Guidelines, Screening, Awareness, and Detection) <b>Point-of-Care</b> (Checking BP (continued))	Dr. Sias/Navarrete
Week 15	5/04/2020	<b>Classroom Screening Presentation</b> : 9 presentations 10 minutes each (DM, HTN, cholesterol, asthma, mental health)	Dr. Sias/Navarrete
Week 16		<b>FINAL EXAM (Cumulative + Weeks 12-15)</b>	

\* Additional reading material may be required by some lecturers.