WELCOME TO KIN 4101 (CRN 29099)

SYLLABUS WINTERMESTER 2022

**Where:** Holliday Hall Gym

**Class Time:** M/T/W/T/F. 10am – 12:50pm

**Lecturer:** Ms. Josie Francis

**E – Mail:** jkfrancis@utep.edu (best method of contact)

**Biography:**

Ms. Francis was educated in London, England, and earned a B.Ed. from the University of London, (Goldsmith’s College). She started her teaching career in south London, before moving to El Paso, Texas. She then taught in the Gadsden School District for twenty-two years, as a PE/Health teacher, and a Varsity Boys Soccer Coach, as well as earning her Master’s degree in Education Administration. After retiring from New Mexico, she moved to Beijing, China, where she continued to teach PE/Health and Human Geography, in a Beijing High school. Having moved back to El Paso she joined the faculty at UTEP lecturing for the Kinesiology Department.

**Class Information:** This will be face to face in Holliday Hall Gym. Exams will be Online. Holliday Hall is located at the top of the hill behind the Education Building.

During this time of Covid things could be subject to change. It will depend on how as a City we are dealing with COVID-19 and the rules of UTEP. The Campus could open and then shut down at any given time. If we are unable to meet on campus, the class will resume online.

While in the gym, feel free to wear a mask – this is optional. Please provide your own water bottle as the fountains have been turned off. It is important that all equipment is wiped down – wipes and hand sanitizer are provided.

If you test positive for Covid – you need to stay home and continue the class online (I will provide a Zoom link for you, however be aware that following a PE class online is hard as the reception is not very good, we are moving plus the acoustics in the gym are make it difficult to hear)

All written assignments will be posted on Blackboard. If you experience difficulties with Blackboard, please contact their helpdesk. 915 747 HELP, or helpdesk@utep.edu

**Course Description:**

The course will develop the principles and practices of teaching Physical Education in Elementary schools. Upon completion of this course, students will have the confidence and knowledge to teach
groups of school aged children various movement skills that they can build upon throughout their school years and beyond. These books are suggestions – you do not need to purchase them.


“What do you Think? – A Kids guide to dealing with daily dilemma’s” By Linda Schwartz

Course Objective:

The student will be able to:

- Explain the value of a PE program in a school setting.
- Use a school district curriculum guide to develop a Physical Education program.
- Understand motor development and motor learning concepts as they apply to P.E.
- Implement different teaching strategies, and techniques when teaching movement and health.
- Develop lesson plans for teaching subject content, as well as develop a variety effective teaching skills.
- Actively promote healthy living lifestyles.
- Use motivating techniques in order to maximize participation and encourage students to be physically creative and active.
- Ensure students work in a physically safe environment and discuss injury prevention and first aid care.
- Adapt teaching strategies to ensure students with special needs can participate to the best of their abilities.
- Understand and apply the concepts involved in motivating students to be physically active.
- Identify and discuss equity issues relevant to the movement setting.
- Identify fitness concepts and activities appropriate for Pre K-6 students.
- Organize activities in such a way they can provide feedback on performances to guide students.
- Show knowledge and ability to implement different teaching strategies and techniques when teaching movement and health, using COVID guidelines.
-Understand how to organize activities, provide feedback on skill performance, and help students choose responsible behavior when teaching movement skills.

-Discuss the benefits of recess to the elementary school student, and construct quality recess time for the children

Various websites: i.e. pecentral.org  YouTube.com, CATCH.org

**Materials needed:**

Index cards - week 2 (3”x5” or 4”x6” – preferably pack of 15 or 50 on a spiral – available in Walmart/Target/Hobby Lobby)

Empty gallon or half gallon plastic jug. (Please rinse and dry and bring to class Wed 5th)

**Important dates:**

Monday January 3rd – first day of class. Friday Jan 7th Midterm Exam. Jan. 14th Final Exam – both exams will be posted on Blackboard (Late exam submissions are not accepted)

**Attendance/Participation Policy:** Attendance is mandatory.

Students are required to attend and participate in the physical education course(s) for which they are registered. In addition, students must complete all course requirements (any assessments, mid-term and final exams). Any student who misses more than 1 class session throughout the course, other than those absences officially excused by the University, will have his/her attendance/participation grade lowered one letter grade for each additional absence. If a student misses 2 classes consecutively without prior notice I will attempt to contact you, if there is no communication or absences are not excusable you will be dropped from class if it is before drop date or given and F after drop date. Students will be expected to be on time to class. Excessive tardiness will negatively impact your grade, as this goes towards your professionalism. There are no make-up classes or make up assignments. Participation includes being on time, full participation in the gym, cooperation with other students and instructor, and appropriate behavior. When we are in the gym, please ensure you wear comfortable clothing, and tennis shoes.

If you have a disability and need classroom accommodations, please contact The Center for Accommodations and Support Services (CASS) at 915.747.5148, or by email to cass@utep.edu, or visit their office located in UTEP Union East, Room 106. For additional information, please visit the CASS website at www.sa.utep.edu/cass. CASS Staff are the only individuals who can validate and if need be, authorize accommodations for students with disabilities.

**Topics that will be covered:**

1. Overview and introduction to the Course. The need for PE in Elementary Schools

3. Safety and Supervision + Teaching PE with COVID-19
4. Locomotor Skills
5. Throwing and Catching
6. Management, Organization and Discipline
7. Child Development
8. TEKS

MIDTERM EXAM
9. C.A.T.C.H. Program
10. Texas Senate Bill.
11. Leadership and Competition.
12. Music and PE
13. Diet, Exercise and Health Education
14. Special Education.
15. Incorporating different subjects into PE Class.

FINAL EXAM