WELCOME TO KIN 4101 (CRN 32875)

SYLLABUS SUMMER 2023

Where: Memorial Gym and classroom (opposite the gym)

Class Time: Monday – Friday 12:00 -2pm

Lecturer: Ms. Josie Francis

E – Mail: jkfrancis@utep.edu (best method of contact)

Biography:

Ms. Francis was educated in London, England, and earned a B.Ed. from the University of London, (Goldsmith’s College). She started her teaching career in south London, before moving to El Paso, Texas. She then taught in the Gadsden School District for twenty-two years, as a PE/Health teacher, and a Varsity Boys Soccer Coach, as well as earning her Master’s degree in Education Administration. After retiring from New Mexico, she moved to Beijing, China, where she continued to teach PE/Health and Human Geography, in a Beijing High school. Having moved back to El Paso she joined the faculty at UTEP lecturing in the P.E.T.E. Program (Physical Education Teacher Education) for the Kinesiology Department.

Class Information: We will be using Memorial Gym, and a classroom opposite.

Midterm and Final Exams will be Online.

Please provide your own water bottle as the fountains have been turned off. It is important that all equipment is wiped down – wipes and hand sanitizer are provided.

Ensure you have something to take notes on – the class time is split between lecture and activity.

There is parking outside Memorial gym and in the Sun bowl Parking lot– however please ensure with the Parking Police that is OK during class time to be there. (Sometimes during the Summer, they are OK with any parking sticker, but??....) Please do not try to park at places e.g., McDonalds - off Mesa as you will be towed. Be aware that on some days there will be a Graduation Ceremony taking place in the Don Haskins Center – which can make parking difficult.

All written assignments will be posted on Blackboard. Please check daily after class. If you experience difficulties with Blackboard, please contact their helpdesk. 915 747 HELP, or helpdesk@utep.edu

Course Description:
The course will develop the principles and practices of teaching Physical Education in Elementary schools. Upon completion of this course, students will have the confidence and knowledge to teach groups of school aged children various movement skills that they can build upon throughout their school years and beyond. These books are suggestions – you do not need to purchase them.


“What do you Think? – A Kids guide to dealing with daily dilemma’s” By Linda Schwartz

Course Objective:

At the end of the course students will have knowledge of:

-The value of a PE program in a school setting.

-How to use a School District curriculum guide to develop a Physical Education program.

- Motor development and motor learning concepts as they apply to P.E.

-Implementing different teaching strategies, and techniques when teaching movement and health.

-Developing lesson plans for teaching subject content, as well as developing a variety effective teaching skills.

-Actively promoting a healthy living lifestyle.

-How to use motivating techniques to maximize participation and encourage students to be physically creative and active.

-How to ensure students work in a physically safe environment and have an understanding of injury prevention and first aid care.

-Adapt teaching strategies to ensure students with special needs can participate to the best of their abilities.

-Understand and apply the concepts involved in motivating students to be physically active.

-Identify and discuss equity issues relevant to the movement setting.

-Identifying fitness concepts and activities appropriate for Pre-K-6 students.

-Organizing activities in such a way they can provide feedback on performances to guide students.
- Understand how to organize activities, provide feedback on skill performance, and help students choose responsible behavior when teaching movement skills.

- Discuss the benefits of recess to the elementary school student, and construct quality recess time for the children

Various websites: i.e. pecentral.org  YouTube.com, CATCH.org

**Materials needed:**

Index cards - week 2 (3”x5” or 4”x6” – preferably pack of 15 or 50 on a spiral – available in Walmart/Target/Hobby Lobby)

Empty gallon or half gallon plastic jug. (Please rinse and dry and bring to class Tuesday 20th)

**Important dates:**

Monday June 12th first day of class

Monday June 19th No class (Juneteenth)

Friday June 23rd Midterm (online)

Tuesday June 27th Drop/Withdraw deadline.

Tuesday July 4th No Class (Independence Day)

Friday July 7th Final Exam - online

**Attendance/Participation Policy:** Attendance is mandatory.

Students are required to attend and participate in the physical education course(s) for which they are registered. In addition, students must complete all course requirements (any assessments, mid-term and final exams). Any student who misses more than 2 class sessions throughout the course, other than those absences officially excused by the University, will have his/her attendance/participation grade impacted. If you miss two/three consecutive days, I will attempt to contact you. If there is no communication or absences are not excusable you will be advised to drop the class. If it is before drop date or given and F after drop date. Students will be expected to be on time to class. Excessive tardiness will negatively impact your grade, as this goes towards your professionalism. There are no make-up classes or make up assignments. You need to be present in the gym to be able to fully participate. Participation includes being on time, full participation in the gym and class discussions, cooperation with other students and instructor, and appropriate behavior.

The class will be split between theory and activities. Ensure you have something to take notes on. When we are in the gym, please ensure you wear comfortable clothing, and tennis shoes, as you will be moving around the gym.
Please keep your phones in your bag when moving around the gym.

You may not record any part of the class or take photos of the class.

If you have a disability and need classroom accommodations, please contact The Center for Accommodations and Support Services (CASS) at 915.747.5148, or by email to cass@utep.edu, or visit their office located in UTEP Union East, Room 106. For additional information, please visit the CASS website at www.sa.utep.edu/cass. CASS Staff are the only individuals who can validate and if need be, authorize accommodations for students with disabilities.

**Topics that will be covered: (order may vary)**

1. Overview and introduction to the Course. The need for PE in Elementary Schools
3. Safety and Supervision
4. Locomotor Skills
5. Throwing and Catching
6. Management, Organization and Discipline
7. Child Development
8. TEKS for Health and P.E.

**MIDTERM EXAM**

9. C.A.T.C.H. Program
10. Texas Senate Bill.
11. Striking and Dribbling
12. Teaching PE online
13. Music and PE
14. Diet, Exercise and Health Education
15. Special Education.
16. Incorporating different subjects into PE Class.

**FINAL EXAM**