

KIN 3332 – MOTOR BEHAVIOR

Class Times: Fully ONLINE

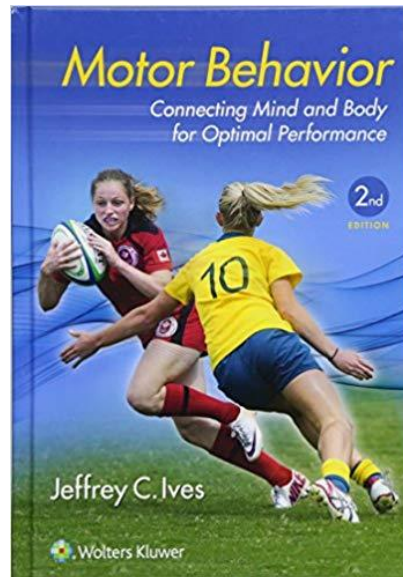
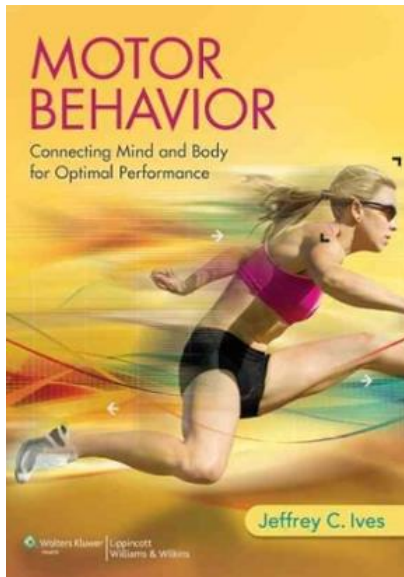
Instructor Information:

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Why is this Course so Important that it is required for all Kinesiology Students?

Whether you are going to be a physical/occupational therapist, teacher, coach, fitness instructor, or personal trainer, as a professional movement educator, you will be involved in teaching other persons motor skills of some sort. This course will help you learn how motor learning and control research can help you become a more effective instructor of motor skills. Research findings will help you learn how you can help clients learn motor skills more quickly, understand why people learn differently, and what changes in performance you can expect as your students or clients improve. If you are going to teach people motor skills or analyze problems they have with their performance of movements, you need to know how people learn and control motor skills. Therefore, Motor Behavior is one of the core courses in the Kinesiology curriculum, because all students in Kinesiology will teach people how to perform a skill at some point in their careers.

Textbook: Motor Behavior: Connecting mind and body for optimal performance, 1st or 2nd Edition
Jeffrey C. Ives



How do you earn Your Grade?

Grade Components

1. Quizzes: There will be 12 Readiness Quizzes and 12 Retention Quizzes throughout the semester.
* There will be 2 quizzes posted on Blackboard each week. The Readiness quiz will be available on Monday morning and the Retention quiz will be available immediately following the attempt for the Readiness quiz
2. Online lab activities (4)
3. Individual Exams: 3 exams will be given this semester. The exams will consist of true/false and multiple choice questions
4. Final Exam (Cumulative)
5. Discussion Board

| Requirement | Points |
|-----------------------------------|--------|
| Readiness Quiz (12) at 1pt each | 12 |
| Retention Quiz (12) at 3pts each | 36 |
| Lab Assignments (4) at 1pt each | 4 |
| Discussion Board (5) at 1pt each | 5 |
| Individual Exam (3) at 10pts each | 30 |
| Final Exam (Optional) | 13 |
| Total | 100 |

Course Grade Determination

- A = 100-90
- B = 89-80
- C = 79-70
- D = 69 -60
- F = 59 and lower

I do not round up grades. Emails asking this question will be referred to this section of the syllabus. Rounding to a grade that you did not earn is a disservice to you and your fellow classmates

IMPORTANT:

Technology in the classroom:

All quizzes, class polls and exams will be administered via Blackboard in class. This means that it is the responsibility for each student to have a fully charged, WIFI capable laptop or tablet with them for class. If you do not have one, you may check one out from the [library](#) free of charge. This will be a requirement in many of your professional KIN classes and is commonplace in almost all work settings KIN majors undertake after graduating (PT/OT school, Graduate school, Medical field, etc.).

Cellular Phones will not be an accepted form of technology

Textbook VS Lecture Notes:

Although we will cover the vast majority of topics from the textbook during lecture videos, it is critical that the student completely read the textbook chapter and watch lecture videos. All material from the lectures and textbook chapters will be used during the quizzes/exams.

Cheating, Plagiarism, Scholastic Dishonesty, and Student Discipline: Cheating is obtaining a reward for ability by dishonest means. It is unethical and not acceptable. Plagiarism occurs whenever a student quotes, paraphrases or summarizes another person's work without providing correct citation. Plagiarism occurs whether the work quoted is a book, article, website, reader's guide like Cliffs Notes or SparkNotes, another student's paper, or any other source. An entire essay is fraudulent even if only a single sentence is plagiarized. *Do not submit work under your name that you did not do yourself, ever.* You may not submit work for this class that you did for another class. If you cheated or plagiarized, you will be subject to disciplinary action as stated in the UTEP undergraduate catalog policy.

“Scholastic dishonesty (which includes the attempt of any student to present the work of another as his or her own, or any work which s(he) has not honestly performed, or attempting to pass any examination by improper means) is a serious offense and will subject the student to disciplinary action. The aiding and abetting of a student in any dishonesty is held to be an equally serious offense. All alleged acts of scholastic dishonesty should be reported to the Dean of Students for disposition. It is the Dean of Students’ responsibility to investigate each allegation, dismiss the allegation, or proceed with disciplinary action in a manner which provides the accused student his or her rights of due process.”

Refer to <http://www.utep.edu/dos/acadintg.htm> for further information.

When an assignment specifies that you must perform a task individually, asking for your classmates’ help is **collusion** and thus scholastic dishonesty. Any instances of scholastic dishonesty will be reported to the Dean of Students Office.

Deadline Policy and Late Assignments: It is essential that you regularly visit the class Blackboard website prepared to work. Once a deadline has passed, you can no longer turn in your work for credit. Plan carefully to ensure you meet the deadlines. If you wait until the last minute, things that can go wrong often do. Start early so you have time to deal with problems and are still able turn in your assignments on time. Do not procrastinate!

Missed Tests: All assignments will strictly follow UTEPs attendance policy. Any missed assignment that does not meet the requirements of an excused absence will be counted as a 0. If you are going to / or miss an assignment and you believe the absence is excusable, you must contact the Professor within 24 hours of the assignments due date. Emailing later in the semester about missing grades, even if the absence was excused, will not be accepted. It is the student’s responsibility to keep track of when assignments are due and also communicating to the Professor when absences happen.

Students in Need of Assistance: UTEP seeks to provide reasonable accommodations for all qualified individuals who need accommodations or support for their learning. This university adheres to all applicable federal, state, and local laws, regulations and guidelines with respect to providing reasonable accommodations as required, affording equal educational opportunity. It is the *student's responsibility* to register with the **Center for Accommodations and Support Services** <http://sa.utep.edu/cass/> in the UTEP Union Bldg. East Wing, Room 106 **within the first two weeks of classes**, and inform the faculty member to arrange for appropriate accommodations or support.

The CASS Office can also be reached in the following ways:

Web: <http://cass.utep.edu/>; Phone: (915) 747-5148 voice or TTY; Fax: (915) 747-8712; E-Mail: cass@utep.edu

Campus Safety and Emergencies Notifications: Information Technology at UTEP provides emergency notification via your mobile phone. Visit <http://www.utep.edu/it> for more information and registration. Check the UTEP website for health related information and updates.

**Kinesiology 3332 Motor Behavior:
Fall 2020 Tentative Schedule**

| Week | Dates | Topics | Assignments |
|-------------|-----------------------------------------------|--------------------------------------------------------------------------------|-----------------------------------|
| 1 | August 24, 2020 - August 30, 2020 | Welcome (1) Introduction to Motor Behavior and the Mind–Body Connection | -Quiz 1.1 -Quiz 1.2 |
| 2 | August 31, 2020 - September 6, 2020 | (2) Neural Mechanisms in Planning and Initiating Movement | -Quiz 2.1 -Quiz 2.2 -DB #1 |
| 3 | September 7, 2020 - September 13, 2020 | (3) Peripheral Neuromuscular Mechanisms in Executing Movement | -Quiz 3.1 -Quiz 3.2 -Lab #1 |
| 4 | September 14, 2020 - September 20, 2020 | (4) Peripheral Sensory Systems in Monitoring Movement | -Quiz 4.1 -Quiz 4.2 |
| 5 | September 21, 2020 - September 27, 2020 | EXAM 1 | -EXAM 1 |
| 6 | September 28, 2020 - October 4, 2020 | (5) Movement Models | -Quiz 5.1 -Quiz 5.2 |
| 7 | October 5, 2020 - October 11, 2020 | (6) Understanding Motor Skill and Motor Abilities | -Quiz 6.1 -Quiz 6.2 -DB#2 |
| 8 | October 12, 2020 - October 18, 2020 | (7) Learning and the Development of Expertise | -Quiz 7.1 -Quiz 7.2 -Lab #2 |
| 9 | October 19, 2020 - October 25, 2020 | (8) Information Processing and Motor Skill Performance | -Quiz 8.1 -Quiz 8.2 -DB#3 |

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|----|---------------------------------------------|----------------------------------------------------|-------------------------------------|
| 10 | October 26, 2020 - November 1, 2020 | EXAM 2 | -EXAM 2 |
| 11 | November 2, 2020 - November 8, 2020 | (9) Practice and Instruction | -Quiz 9.1 -Quiz 9.2 -DB#4 |
| 12 | November 9, 2020 - November 15, 2020 | (10) Postural Control Mechanisms | -Quiz 10.1 -Quiz 10.2 -Lab #3 |
| 13 | November 16, 2020 - November 22, 2020 | (11) Postural Control in Wellness and Performance | -Quiz 11.1 -Quiz 11.2 -Lab #4 |
| 14 | November 23, 2020 - November 29, 2020 | (12) Functional Training ***Thanksgiving*** | -Quiz 12.1 -Quiz 12.2 -DB#5 |
| 15 | November 30, 2020 - December 6, 2020 | EXAM 3 | -EXAM 3 |
| 16 | December 6, 2020 - December 11, 2020 | FINAL EXAM Chapters 1-12 | -FINAL EXAM |