


# KIN 3332 – MOTOR BEHAVIOR

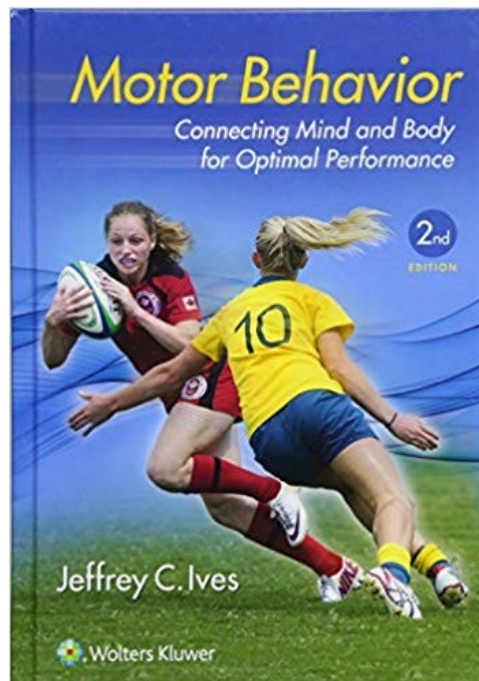
**Class Times:** Online (Asynchronous)

**Instructor Information:** Jason B Boyle, Ph.D.  
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**(Best way to reach me)**

## ***Why is this Course so Important that it is required for all Kinesiology Students?***

Whether you are going to be a physical/occupational therapist, teacher, coach, fitness instructor, or personal trainer, as a professional movement educator, you will be involved in teaching other persons motor skills of some sort. This course will help you learn how motor learning and control research can help you become a more effective instructor of motor skills. Research findings will help you learn how you can help clients learn motor skills more quickly, understand why people learn differently, and what changes in performance you can expect as your students or clients improve. If you are going to teach people motor skills or analyze problems they have with their performance of movements, you need to know how people learn and control motor skills. Therefore, Motor Behavior is one of the core courses in the Kinesiology curriculum, because all students in Kinesiology will teach people how to perform a skill at some point in their careers.

**Textbook:** Motor Behavior: Connecting mind and body for optimal performance, 2<sup>nd</sup> Edition  
Jeffery C. Ives



### ***How do you earn Your Grade?***

1. **Quizzes:** There will be 12 Quizzes throughout the semester. Each quiz will represent a chapter in the textbook. The quizzes will consist of true/false and multiple choice questions
2. **Individual Exams:** 3 exams will be given this semester. The exams will consist of true/false and multiple choice questions
3. **Discussion Board:** My “in person” classes have an expectation that we all interact with each other and learn a little about each other. Given that is not possible with the online format, we will have Discussion board assignments. Think of these purely as participation points and an opportunity to learn a little about your classmates and their thoughts on the topics discussed in this class as you enter your final semesters together.
4. **Final Exam (Cumulative)**

<b>Requirement</b>	<b>Points</b>
Quizzes (12) at 3pts each	<b>36</b>
Individual Exams (3) at 15pts each	<b>45</b>
Discussion Board (4) at 1pt each	<b>4</b>
Final Exam (1) at 15 pts	<b>15</b>
<b>Total</b>	<b>100</b>

### ***Course Grade Determination***

- A = 100-90
- B = 89-80
- C = 79-70
- D = 69 -60
- F = 59 and lower

\*\*\*I do not round up grades. Emails asking this question will be referred to this section of the syllabus. Rounding to a grade that you did not earn is a disservice to you and your fellow classmates\*\*\*

### **Textbook VS Lecture Notes:**

Although we will cover the vast majority of topics from the textbook during lecture videos, it is critical that the student completely read the textbook chapter. All material from the lectures and textbook chapters will be used during the quizzes/exams.

***Deadline Policy and Late Assignments:*** This class will operate on a week-by-week basis with **everything being due Friday at 11:59pm**. It is essential that you regularly visit the class Blackboard website prepared to work. Once a deadline has passed, you can no longer turn in your work for credit. Plan carefully to ensure you meet the deadlines. **If you wait until the last minute, things that can go wrong often do**. Start early so you have time to deal with problems and are still able to turn in your assignments on time. Do not procrastinate!

**Missed Tests:** All assignments will strictly follow UTEPs attendance policy. Any missed assignment that does not meet the requirements of an excused absence will be counted as a 0. If you are going to / or miss an assignment and you believe the absence is excusable, you must contact the Professor within 24 hours of the assignments due date. Emailing later in the semester about missing grades, even if the absence was excused, will not be accepted. It is the student's responsibility to keep track of when assignments are due and also communicating to the Professor when absences happen.

**Things that are not considered excused absences (Not an exhaustive list but some of the reasons I have been given over the years).** Given that this class is fully online, I have to exercise the utmost discretion in allowing makeups/retakes. It is too easy to simply email me an excuse in order to take an exam again. Think of it this way: As soon as you click begin it is if you have sat down at a desk in a classroom. **The following list would not work in a traditional class so therefore it will not be accepted in this online class.**

- I forgot to take the quiz/exam and this will really hurt my grade
- My internet was down
- The power went down in my neighborhood
- Blackboard froze (I would suggest you take the quiz on a secure hard line / not wifi)
- My computer froze
- A snake crawled in to my house
- My sister threw up
- Etc.

### **Taking Quizzes & Exams**

Quizzes and exams will use the Respondus Lockdown browser system. Students are encouraged to makethemselves familiar with this system by visiting the UTEP IT website:

<https://www.utep.edu/technologysupport/learningremotely.html>

The assignments will be closed notes and taken on a lockdown browser software system. Additional webcam facial monitoring will be utilized as well. For further information, please see the link in the section above for all the needed information regarding the quizzing/testing experience using Respondus.

**Any student who violates the rules of taking quizzes and exams will be issued an automatic grade of zero, no exceptions. Not an exhaustive list, but typical violations that have been seen in the past:**

- Opening new browsers during exams
- Recording half of your face so you can look around
- Blocking the camera
- Having another laptop present
- Continuously looking off to the side at notes
- Continuously looking down at notes
- Using a cell phone

***Students in Need of Assistance:*** UTEP seeks to provide reasonable accommodations for all qualified individuals who need accommodations or support for their learning. This university adheres to all applicable federal, state, and local laws, regulations and guidelines with respect to providing reasonable accommodations as required, affording equal educational opportunity. It is the *student's responsibility* to register with the **Center for Accommodations and Support Services** <http://sa.utep.edu/cass/> in the UTEP Union Bldg. East Wing, Room 106 ***within the first two weeks of classes***, and inform the faculty member to arrange for appropriate accommodations or support.

The CASS Office can also be reached in the following ways:

Web: <http://cass.utep.edu/>; Phone: (915) 747-5148 voice or TTY; Fax: (915) 747-8712; E-Mail: [cass@utep.edu](mailto:cass@utep.edu)

**Campus Safety and Emergencies Notifications:** Information Technology at UTEP provides emergency notification via your mobile phone. Visit <http://www.utep.edu/it> for more information and registration. Check the UTEP website for health related information and updates.

## Kinesiology 3332 Motor Behavior: Fall 2023 Tentative Schedule

<b>Week</b>	<b>Dates</b>	<b>Topics</b>	<b>Assignments</b>
1	Monday August 28, 2023 - Friday September 1, 2023	Welcome  (1) Introduction to Motor Behavior and the Mind–Body Connection	-Quiz 1
2	Monday September 4, 2023 - Friday September 8, 2023	(2) Neural Mechanisms in Planning and Initiating Movement	-Quiz 2  -DB #1
3	Monday September 11, 2023 - Friday September 15, 2023	(3) Peripheral Neuromuscular Mechanisms in Executing Movement	-Quiz 3
4	Monday September 18, 2023 - Friday September 22, 2023	(4) Peripheral Sensory Systems in Monitoring Movement	-Quiz 4
5	Monday September 25, 2023 - Friday September 29, 2023	<b>EXAM 1 (1-4)</b>	-EXAM 1
6	Monday October 2, 2023 - Friday October 6, 2023	(5) Movement Models	-Quiz 5

7	Monday October 9, 2023 - Friday October 13, 2023	(6) Understanding Motor Skill and Motor Abilities	-Quiz 6 -DB#2
8	Monday October 16, 2023 - Friday October 20, 2023	(7) Learning and the Development of Expertise	-Quiz 7
9	Monday October 23, 2023 - Friday October 27, 2023	(8) Information Processing and Motor Skill Performance	-Quiz 8 -DB#3
10	Monday October 30, 2023 - Friday November 3, 2023	<b>EXAM 2 (5-8)</b>	-EXAM 2
11	Monday November 6, 2023 - Friday November 10, 2023	(9) Practice and Instruction	-Quiz 9
12	Monday November 13, 2023 - Friday November 17, 2023	(10) Postural Control Mechanisms	-Quiz 10
13	Monday November 20, 2023 - Friday November 24, 2023	(11) Postural Control in Wellness and Performance	-Quiz 11 -DB#4

14	Monday November 27, 2023 - Friday December 1, 2023	(12) Functional Training	-Quiz 12
15	Monday December 4, 2023 - Friday December 8, 2023	<b>EXAM 3 (9-12)</b>	-EXAM 3
16	Monday December 11, 2023 - Friday December 15, 2023	<b>FINAL EXAM</b> Chapters 1-12	-FINAL EXAM