


KIN 3332 – MOTOR BEHAVIOR

Class Times: Hybrid

- Tuesday: 9:00 – 10:20am
HSSN Building (Rm 217) ----->

- Thursday: Online

Instructor Information:

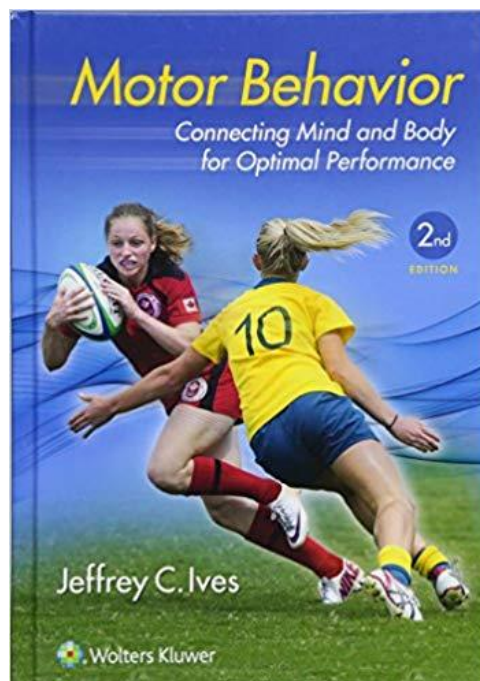
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(Best way to reach me)



Why is this Course so Important that it is required for all Kinesiology Students?

Whether you are going to be a physical/occupational therapist, teacher, coach, fitness instructor, or personal trainer, as a professional movement educator, you will be involved in teaching other persons motor skills of some sort. This course will help you learn how motor learning and control research can help you become a more effective instructor of motor skills. Research findings will help you learn how you can help clients learn motor skills more quickly, understand why people learn differently, and what changes in performance you can expect as your students or clients improve. If you are going to teach people motor skills or analyze problems they have with their performance of movements, you need to know how people learn and control motor skills. Therefore, Motor Behavior is one of the core courses in the Kinesiology curriculum, because all students in Kinesiology will teach people how to perform a skill at some point in their careers.

Textbook: Motor Behavior: Connecting mind and body for optimal performance, 2nd Edition
Jeffery C. Ives



How do you earn Your Grade?

Grade Components

1. **Quizzes:** There will be 24 Quizzes throughout the semester. The Readiness quiz will be made available immediately following class on Tuesday. This quiz will specifically cover the material discussed in class that day. The online lecture video and Retention Quiz will become available following the Readiness quiz attempt. The Retention Quiz will be a more in depth quiz and worth more points. The expectation is the student: Attends class, takes the Readiness Quiz, watches the online lecture video for a second round of studying and takes the Retention Quiz. Given these assignments are performed outside of the classroom; all quizzes will be taken in Respondus Lockdown Browser with Webcam enabled.
2. **Lab activities (4):** There will be 4 un-announced lab activities throughout the semester. These labs will be either performed in the classroom or online.
3. **Individual Exams:** 3 exams will be given this semester. The exams will consist of true/false and multiple-choice questions. All 3 individual exams will be taken in class on a Tuesday (see schedule).
4. **Final Exam (Cumulative)**
5. **Discussion Board:** There will be 5 discussion board assignments related to topics covered in the class and/or timely events related to the discipline. You must post your own response AND comment on another students post to receive the full credit.

Requirement	Points
Readiness Quiz (12) at 1pt each	12
Retention Quiz (12) at 3pts each	36
Lab Assignments (4) at 1pt each	4
Discussion Board (5) at 1pt each	5
Individual Exam (3) at 10pts each	30
Final Exam (1) at 13 pts	13
Total	100

Course Grade Determination

A = 100-90

B = 89-80

C = 79-70

D = 69 -60

F = 59 and lower

I do not round up grades. Emails asking this question will be referred to this section of the syllabus. Rounding to a grade that you did not earn is a disservice to you and your fellow classmates

IMPORTANT:

Technology in the classroom:

All exams will be administered via Blackboard in class. This means that it is the responsibility for each student to have a fully charged, WIFI capable laptop or tablet with them for class. If you do not have one, you may check one out from the [library](#) free of charge. This will be a requirement in many of your professional KIN classes and is commonplace in almost all work settings KIN majors undertake after graduating (PT/OT school, Graduate school, Medical field, etc.).

Cellular Phones will not be an accepted form of technology

Textbook VS Lecture Notes:

Although we will cover the vast majority of topics from the textbook during lecture videos, it is critical that the student completely read the textbook chapter and watch lecture videos. All material from the lectures and textbook chapters will be used during the quizzes/exams.

Cheating, Plagiarism, Scholastic Dishonesty, and Student Discipline: Cheating is obtaining a reward for ability by dishonest means. It is unethical and not acceptable. Plagiarism occurs whenever a student quotes, paraphrases or summarizes another person's work without providing correct citation. Plagiarism occurs whether the work quoted is a book, article, website, reader's guide like Cliffs Notes or SparkNotes, another student's paper, or any other source. An entire essay is fraudulent even if only a single sentence is plagiarized. *Do not submit work under your name that you did not do yourself, ever.* You may not submit work for this class that you did for another class. If you cheated or plagiarized, you will be subject to disciplinary action as stated in the UTEP undergraduate catalog policy.

“Scholastic dishonesty (which includes the attempt of any student to present the work of another as his or her own, or any work which s(he) has not honestly performed, or attempting to pass any examination by improper means) is a serious offense and will subject the student to disciplinary action. The aiding and abetting of a student in any dishonesty is held to be an equally serious offense. All alleged acts of scholastic dishonesty should be reported to the Dean of Students for disposition. It is the Dean of Students’ responsibility to investigate each allegation, dismiss the allegation, or proceed with disciplinary action in a manner which provides the accused student his or her rights of due process.”

Refer to <http://www.utep.edu/dos/acadintg.htm> for further information.

When an assignment specifies that you must perform a task individually, asking for your classmates’ help is **collusion** and thus scholastic dishonesty. Any instances of scholastic dishonesty will be reported to the Dean of Students Office.

Deadline Policy and Late Assignments: It is essential that you regularly visit the class Blackboard website prepared to work. Once a deadline has passed, you can no longer turn in your work for credit. Plan carefully to ensure you meet the deadlines. If you wait until the last minute, things that can go wrong often do. Start early so you have time to deal with problems and are still able turn in your assignments on time. Do not procrastinate!

Missed Tests: All assignments will strictly follow UTEPs attendance policy. Any missed assignment that does not meet the requirements of an excused absence will be counted as a 0. If you are going to / or miss an assignment and you believe the absence is excusable, you must contact the Professor within 24 hours of the assignments due date. Emailing later in the semester about missing grades, even if the absence was excused, will not be accepted. It is the student’s responsibility to keep track of when assignments are due and also communicating to the Professor when absences happen.

Students in Need of Assistance: UTEP seeks to provide reasonable accommodations for all qualified individuals who need accommodations or support for their learning. This university adheres to all applicable federal, state, and local laws, regulations and guidelines with respect to providing reasonable accommodations as required, affording equal educational opportunity. It is the *student's responsibility* to register with the **Center for Accommodations and Support Services** <http://sa.utep.edu/cass/> in the UTEP Union Bldg. East Wing, Room 106 ***within the first two weeks of classes***, and inform the faculty member to arrange for appropriate accommodations or support.

The CASS Office can also be reached in the following ways:

Web: <http://cass.utep.edu/>; Phone: (915) 747-5148 voice or TTY; Fax: (915) 747-8712; E-Mail: cass@utep.edu

Campus Safety and Emergencies Notifications: Information Technology at UTEP provides emergency notification via your mobile phone. Visit <http://www.utep.edu/it> for more information and registration. Check the UTEP website for health related information and updates.

COVID-19 PRECAUTIONS

Please stay home if you have been diagnosed with COVID-19 or are experiencing COVID-19 symptoms. If you are feeling unwell, please let me know as soon as possible, so that we can work on appropriate accommodations. If you have tested positive for COVID-19, you are encouraged to report your results to covidaction@utep.edu, so that the Dean of Students Office can provide you with support and help with communication with your professors. The Student Health Center is equipped to provide COVID 19 testing.

The Center for Disease Control and Prevention recommends that people in areas of substantial or high COVID-19 transmission wear face masks when indoors in groups of people. The best way that Miners can take care of Miners is to get the vaccine. If you still need the vaccine, it is widely available in the El Paso area, and will be available at no charge on campus during the first week of classes. For more information about the current rates, testing, and vaccinations, please visit epstrong.org

**Kinesiology 3332 Motor Behavior:
Fall 2022 Tentative Schedule**

Week	Dates	Topics	Assignments
1	August 22, 2022 - August 26, 2022	Welcome (1) Introduction to Motor Behavior and the Mind–Body Connection	-Readiness Quiz 1 -Retention Quiz 1
2	August 29, 2022 - September 2, 2022	(2) Neural Mechanisms in Planning and Initiating Movement	-Readiness Quiz 2 -Retention Quiz 2 -DB #1
3	September 5, 2022 - September 9, 2022	(3) Peripheral Neuromuscular Mechanisms in Executing Movement	-Readiness Quiz 3 -Retention Quiz 3
4	September 12, 2022 - September 16, 2022	(4) Peripheral Sensory Systems in Monitoring Movement	-Readiness Quiz 4 -Retention Quiz 4
5	Tuesday September 20, 2022	EXAM 1 (1-4) *** In the classroom ***	-EXAM 1
6	September 26, 2022 - September 30, 2022	(5) Movement Models	-Readiness Quiz 5 -Retention Quiz 5

7	October 2, 2022 - October 7, 2022	(6) Understanding Motor Skill and Motor Abilities	-Readiness Quiz 6 -Retention Quiz 6 -DB#2
8	October 10, 2022 - October 14, 2022	(7) Learning and the Development of Expertise	-Readiness Quiz 7 -Retention Quiz 7
9	October 17, 2022 - October 21, 2022	(8) Information Processing and Motor Skill Performance	-Readiness Quiz 8 -Retention Quiz 8 -DB#3
10	Tuesday October 25, 2022	EXAM 2 (5-8) *** In the classroom ***	-EXAM 2
11	October 31, 2022 - November 4, 2022	(9) Practice and Instruction	-Readiness Quiz 9 -Retention Quiz 9 -DB#4
12	November 7, 2022 - November 11, 2022	(10) Postural Control Mechanisms	-Readiness Quiz 10 -Retention Quiz 10

13	November 14, 2022 - November 18, 2022	(11) Postural Control in Wellness and Performance	-Readiness Quiz 11 -Retention Quiz 11
14	November 21, 2022 - November 25, 2022	(12) Functional Training ***Entire week ONLINE- Thanksgiving***	-Readiness Quiz 12 -Retention Quiz 12 -DB#5
15	Tuesday November 29, 2022	EXAM 3 (9-12) *** In the classroom ***	-EXAM 3
16	Tuesday December 6, 2022 10:00-12:45pm	FINAL EXAM Chapters 1-12 *** In the classroom ***	-FINAL EXAM