


**The University of Texas at El Paso
Department of Kinesiology
Syllabus**

COURSE INFORMATION

KIN 1303: Foundations of Kinesiology
 CRN: 26365
 Term: Spring 2024
 Delivery Method: Hybrid
 Meeting Day and Time: Thursdays, 1:30pm – 2:50 pm
 Location: HSSN Building, Room 211



INSTRUCTOR INFORMATION

Jason B Boyle, PhD
 Chair: Department of Kinesiology
 Associate Professor
 Phone Number: (915)747-7239
 Email: jboyle@utep.edu 
(Best way to reach me)
 Office Location: HSSN 443
 Office Hours:





- Virtual: By Appointment only: Teams or Zoom

COURSE DESCRIPTION

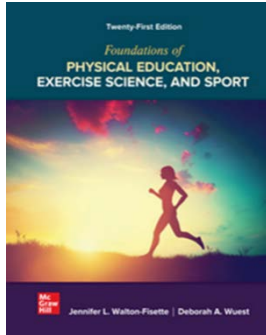
KIN 1303 is a required 3-credit core course for all Kinesiology majors and minors. The course involves the study of the history and philosophy of physical activity, and provides an introduction to anatomy, physiology, biomechanics, motor behavior, and psychology of exercise and sport. This course will also introduce careers in kinesiology and the requirements for graduation with a degree in kinesiology.

COURSE OBJECTIVES AND UNIVERSITY LEARNING OUTCOMES

By the end of the course, students will be able to:

<u>Student Learning Objective</u>	<u>Outcome</u>
Demonstrate historical, modern, and trending knowledge within the diverse fields of Kinesiology. Including, but not limited to: Physical Education, Exercise Science, Exercise Physiology, Biomechanics, Motor Behavior, Sport Management and Sports Medicine	 Critical Thinking Skills
Demonstrate the ability to consider different points of view and to work effectively with others to support a shared purpose or goal	 Teamwork Skills
Engage as a community of writers who dialogue across various discussion board assignments	 Communication Skills
Address historical and current cultural issues of sport, physical activity, and health	 Social Responsibility

REQUIRED MATERIALS



Title: Foundations of Physical Education, Exercise Science, and Sport

Authors: Wuest & Fisette

Edition: 21st

ASSIGNMENTS AND GRADING

1. Discussion Board: There will be 12 Discussion board assignments this semester. Each week will have a discussion board question related to that week's topic. **The discussion board will open on Monday morning and be available until Thursday at 12pm.** To receive full credit for the assignment, the student is expected to: 1) post a well thought out response to the prompt, 2) make a reply on at least 1 classmates' response and 3) vote for their favorite response.
2. Quizzes: There will be 12 Quizzes throughout the semester. **The quiz will be made available immediately following class on Thursday and due by Friday at 5pm.** This quiz will specifically cover the material covered in the online lecture video as well as the material discussed in class. The expectation is the student: Watches the online video before coming to class on Thursday, attends the in-person class, studies the chapter review document, and then takes the quiz before it is due on Friday at 5pm.
The quiz will be 10 questions and have a time limit of 13 minutes. The quiz may be taken open note / open book.
3. Individual Exams: 3 exams will be given this semester. The exams will consist of true/false and multiple-choice questions. All 3 individual exams will be taken in class on a Thursday (see schedule for specific dates). The Exams will be taken without the use of notes or the textbook.
4. Final Exam (Cumulative)

Requirement	Points
Quiz (12) at 3pts each	36
Discussion Boards (12) at 2pts each	24
Individual Exam (3) at 10pts each	30
Final Exam (1) at 10 pts	10
Total	100

Course Grade Determination

A = 100-90

B = 89-80

C = 79-70

D = 69 -60

F = 59 and lower

TECHNOLOGY REQUIREMENTS

All exams will be administered via Blackboard in class. This means that it is the responsibility for each student to have a fully charged, WIFI capable laptop or tablet with them for class. If you do not have one, you may check one out from the library free of charge. This will be a requirement in many of your professional KIN classes and is commonplace in almost all work settings KIN majors undertake after graduating (PT/OT school, Graduate school, Medical field, etc.).

Ensure your UTEP e-mail account is working and that you have access to the Web and a stable web browser. Google Chrome and Mozilla Firefox are the best browsers for Blackboard; other browsers may cause complications. When having technical difficulties, update your browser, clear your cache, or try switching to another browser.

IMPORTANT: If you encounter technical difficulties beyond your scope of troubleshooting, please contact the UTEP [Help Desk](#) as they are trained specifically in assisting with technological needs of students. Please do not contact me for this type of assistance. The Help Desk is much better equipped than I am to assist you!

COURSE COMMUNICATION: How we will stay in contact with each other
Here are the ways we can keep the communication channels open:

- Office Hours: I will have virtual office hours for your questions and comments about the course by request. Please send me a request to meet through email and we will work together to set up a time that works for both of us.
- Email: UTEP e-mail is the best way to contact me. I will make every attempt to respond to your e-mail within 24 hours of receipt. When e-mailing me, be sure to email from your UTEP student e-mail account and please put the course number in the subject line. In the body of your e-mail, clearly state your question. At the end of your e-mail, be sure to put your first and last name, and your university identification number.
- Announcements: Check the Blackboard announcements frequently for any updates, deadlines, or other important messages.

EXCUSED ABSENCES, DEADLINES and COURSE DROP POLICY

All assignments will strictly follow UTEP's attendance policy. Any missed assignment that does not meet the requirements of an excused absence will be counted as a 0. If you are going to / or miss an assignment and you believe the absence is excusable, you must contact the Professor within 24 hours of the assignment's due date. Emailing later in the semester about missing grades, even if the absence was excused, will not be accepted. It is the student's responsibility to keep track of when assignments are due and to communicate to the Professor when absences happen.

- **Discussion Board assignments are due by 12pm the day of class (Thursday)**
- **Quizzes will be due by Friday at 5pm**
- **Exams will be done during scheduled in-person Thursday class times.** You will have the entire class period to complete the exam.

I will not drop you from the course. However, if you feel that you are unable to complete the course successfully, please let me know and then contact the [Registrar's Office](#) to initiate the drop process. If you do not, you are at risk of receiving an "F" for the course.

MAKE-UP WORK

Make-up work will be given *only* in the case of a *documented* emergency. Note that make-up work may be in a different format than the original work, may require more intensive preparation, and may be graded with penalty points. If you miss an assignment and the reason is not considered excusable, you will receive a zero. It is therefore important to reach out to me—in advance if at all possible—and explain with proper documentation why you missed a given course requirement. Once a deadline has been established for make-up work, no further extensions or exceptions will be granted.

INCOMPLETE GRADE POLICY

Incomplete grades may be requested only in exceptional circumstances after you have completed at least half of the course requirements. Talk to me immediately if you believe an incomplete is warranted. If granted, we will establish a contract of work to be completed with deadlines.

ACCOMMODATIONS POLICY

The University is committed to providing reasonable accommodations to students with documented disabilities. Students who become pregnant may also request reasonable accommodations, in accordance with state and federal laws and regulations and University policy. Accommodations that constitute undue hardship are not reasonable. To make a request, please register with the UTEP Center for Accommodations and Support Services (CASS). Contact CASS at 915-747-5148, email them at cass@utep.edu, or apply for accommodations online via the CASS portal.

SCHOLASTIC INTEGRITY

Academic dishonesty is prohibited and is considered a violation of the UTEP Handbook of Operating Procedures. It includes, but is not limited to, cheating, plagiarism, and collusion. Cheating may involve copying from or providing information to another student, possessing unauthorized materials during a test, or falsifying research data on laboratory reports. Plagiarism occurs when someone intentionally or knowingly represents the words or ideas of another as ones' own. Collusion involves collaborating with another person to commit any academically dishonest act. Any act of academic dishonesty attempted by a UTEP student is unacceptable and will not be tolerated. All suspected violations of academic integrity at The University of Texas at El Paso must be reported to the [Office of Student Conduct and Conflict Resolution \(OSCCR\)](#) for possible disciplinary action. To learn more, please visit [HOOP: Student Conduct and Discipline](#).

PLAGIARISM DETECTING SOFTWARE

Some of your course work and assessments may be submitted to SafeAssign, a plagiarism detecting software. SafeAssign is used to review assignment submissions for originality and will help you learn how to properly attribute sources rather than paraphrase.

COURSE RESOURCES

UTEP provides a variety of student services and support. Please refer to the QR code below for a listing of campus resources.



KIN 1301 Foundations of Kinesiology Spring 2024 Tentative Schedule

Week	In-Person Class	Topics	Assignments
Monday (1/15/24) – Friday (1/19/24)	Thursday (1/18/24)	Welcome (1) Meaning and Scope	-Discussion Board #1 <i>Due: 12pm, 1/18/24</i> - Quiz #1 <i>Due: 5pm, 1/19/24</i>
Monday (1/22/24) – Friday (1/26/24)	<i>Fully Online this week</i>	(2) Philosophy, Goals & Objectives	-Discussion Board #2 <i>Due: 12pm, 1/25/24</i> - Quiz #2 <i>Due: 5pm, 1/26/24</i>
Monday (1/29/24) – Friday (2/2/24)	Thursday (2/1/24)	(3) Health & Physical Activity in Our Society	-Discussion Board #3 <i>Due: 12pm, 2/1/24</i> - Quiz #3 <i>Due: 5pm, 2/2/24</i>
Monday (2/5/24) – Friday (2/9/24)	Thursday (2/8/24)	(4) Historical Foundations	-Discussion Board #4 <i>Due: 12pm, 2/8/24</i> - Quiz #4 <i>Due: 5pm, 2/9/24</i>
Monday (2/12/24) – Friday (2/16/24)	Thursday (2/15/24)	EXAM 1 (1-4)	- Exam 1

Monday (2/19/24) – Friday (2/23/24)	Thursday (2/22/24)	(5) Motor Behavior	-Discussion Board #5 <i>Due: 12pm, 2/22/24</i> - Quiz #5 <i>Due: 5pm, 2/23/24</i>
Monday (2/26/24) – Friday (3/1/24)	Thursday (2/29/24)	(6) Biomechanical Foundations	-Discussion Board #6 <i>Due: 12pm, 2/29/24</i> - Quiz #6 <i>Due: 5pm, 3/1/24</i>
Monday (3/4/24) – Friday (3/8/24)	Thursday (3/7/24)	(7) Exercise Physiology & Fitness	-Discussion Board #7 <i>Due: 12pm, 2/29/24</i> - Quiz #7 <i>Due: 5pm, 3/1/24</i>
Monday (3/11/24) – Friday (3/15/24)	<i>No class</i>	SPRING BREAK	
Monday (3/18/24) – Friday (3/22/24)	Thursday (3/21/24)	(8) Sociological Foundations	-Discussion Board #8 <i>Due: 12pm, 3/21/24</i> - Quiz #8 <i>Due: 5pm, 3/22/24</i>
Monday (3/25/24) – Friday (3/29/24)	Thursday (3/28/24)	EXAM 2 (5 - 8)	- Exam 2

Monday (4/1/24) – Friday (4/5/24)	Thursday (4/4/24)	(9) Sport and Physical Activity Psychology	-Discussion Board #9 <i>Due:12pm, 4/4/24</i> - Quiz #9 <i>Due: 5pm, 4/5/24</i>
Monday (4/8/24) – Friday (4/12/24)	Thursday (4/11/24)	(10) Physical Education Pedagogy (12) Teaching & Coaching Careers	-Discussion Board #10 <i>Due:12pm, 4/11/24</i> - Quiz #10 <i>Due: 5pm, 4/12/24</i>
Monday (4/15/24) – Friday (4/19/24)	Thursday (4/18/24)	(13) Fitness & Health Related Careers	-Discussion Board #11 <i>Due:12pm, 4/18/24</i> - Quiz #11 <i>Due: 5pm, 4/19/24</i>
Monday (4/22/24) – Friday (4/26/24)	Thursday (4/25/24)	EXAM 3 (9,10,12,13)	- Exam 3
Monday (4/29/24) – Friday (5/3/24)	Thursday (5/2/24)	FINAL EXAM Chapters 1- 10, 12-13	-Discussion Board #12 <i>Due:12pm, 5/2/24</i> - Quiz #12 <i>Due: 5pm, 5/3/24</i> -Final Exam