

KIN 1303 – Foundations of Kinesiology

Class Times:

- Tuesday: 12:00 – 1:20pm
Undergraduate Learning Center (Rm 128) ----->

- Thursday: Online



Instructor Information:

Jason B Boyle, Ph.D.

Chair: Department of Kinesiology

Associate Professor

College of Health Sciences,

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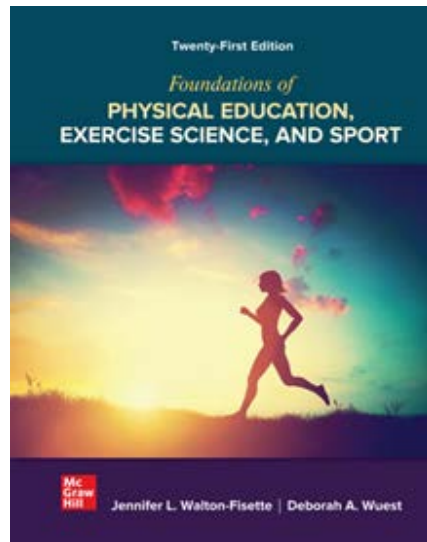
Email: jboyle@utep.edu ←

(Best way to reach me)

Textbook:

Foundations of Physical Education, Exercise Science, and Sport.

Wuest & Fisette, 21st edition



Course Prerequisites: None

Course Description:

Study of the history and philosophy of physical activity, and an introduction to anatomy, physiology, biomechanics, motor behavior, and psychology of exercise and sport. This course will also introduce careers in kinesiology and the requirements for graduation with a degree in kinesiology.

How do you earn Your Grade?

Grade Components

1. **Quizzes:** There will be 30 Quizzes throughout the semester. The Readiness quiz will be made available immediately following class on Tuesday. This quiz will specifically cover the material discussed in class that day. The online lecture video and Retention Quiz will become available following the Readiness quiz attempt. The Retention Quiz will be a more in depth quiz and worth more points. The expectation is the student: Attends class, takes the Readiness Quiz, watches the online lecture video for a second round of studying and takes the Retention Quiz. Given these assignments are performed outside of the classroom; all quizzes will be taken in Respondus Lockdown Browser with Webcam enabled.
2. **Individual Exams:** 3 exams will be given this semester. The exams will consist of true/false and multiple-choice questions. All 3 individual exams will be taken in class on a Tuesday (see schedule).
3. **Final Exam (Cumulative)**

Requirement	Points
Readiness Quiz (15) at 1pt each	15
Retention Quiz (15) at 3pts each	45
Individual Exam (3) at 10pts each	30
Final Exam (1) at 10 pts	10
Total	100

Course Grade Determination

- A = 100-90
- B = 89-80
- C = 79-70
- D = 69 -60
- F = 59 and lower

I do not round up grades. Emails asking this question will be referred to this section of the syllabus. Rounding to a grade that you did not earn is a disservice to you and your fellow classmates

IMPORTANT:

Technology in the classroom:

All exams will be administered via Blackboard in class. This means that it is the responsibility for each student to have a fully charged, WIFI capable laptop or tablet with them for class. If you do not have one, you may check one out from the [library](#) free of charge. This will be a requirement in many of your professional KIN classes and is commonplace in almost all work settings KIN majors undertake after graduating (PT/OT school, Graduate school, Medical field, etc.).

Cellular Phones will not be an accepted form of technology

Textbook VS Lecture Notes:

Although we will cover the vast majority of topics from the textbook during lecture videos, it is critical that the student completely read the textbook chapter and watch lecture videos. All material from the lectures and textbook chapters will be used during the quizzes/exams.

Cheating, Plagiarism, Scholastic Dishonesty, and Student Discipline: Cheating is obtaining a reward for ability by dishonest means. It is unethical and not acceptable. Plagiarism occurs whenever a student quotes, paraphrases or summarizes another person's work without providing correct citation. Plagiarism occurs whether the work quoted is a book, article, website, reader's guide like Cliffs Notes or SparkNotes, another

student's paper, or any other source. An entire essay is fraudulent even if only a single sentence is plagiarized. *Do not submit work under your name that you did not do yourself, ever.* You may not submit work for this class that you did for another class. If you cheated or plagiarized, you will be subject to disciplinary action as stated in the UTEP undergraduate catalog policy.

“Scholastic dishonesty (which includes the attempt of any student to present the work of another as his or her own, or any work which s(he) has not honestly performed, or attempting to pass any examination by improper means) is a serious offense and will subject the student to disciplinary action. The aiding and abetting of a student in any dishonesty is held to be an equally serious offense. All alleged acts of scholastic dishonesty should be reported to the Dean of Students for disposition. It is the Dean of Students’ responsibility to investigate each allegation, dismiss the allegation, or proceed with disciplinary action in a manner which provides the accused student his or her rights of due process.”

Refer to <http://www.utep.edu/dos/acadintg.htm> for further information.

When an assignment specifies that you must perform a task individually, asking for your classmates’ help is **collusion** and thus scholastic dishonesty. Any instances of scholastic dishonesty will be reported to the Dean of Students Office.

Deadline Policy and Late Assignments: It is essential that you regularly visit the class Blackboard website prepared to work. Once a deadline has passed, you can no longer turn in your work for credit. Plan carefully to ensure you meet the deadlines. If you wait until the last minute, things that can go wrong often do. Start early so you have time to deal with problems and are still able turn in your assignments on time. Do not procrastinate!

Missed Tests: All assignments will strictly follow UTEPs attendance policy. Any missed assignment that does not meet the requirements of an excused absence will be counted as a 0. If you are going to / or miss an assignment and you believe the absence is excusable, you must contact the Professor within 24 hours of the assignments due date. Emailing later in the semester about missing grades, even if the absence was excused, will not be accepted. It is the student’s responsibility to keep track of when assignments are due and also communicating to the Professor when absences happen.

Students in Need of Assistance: UTEP seeks to provide reasonable accommodations for all qualified individuals who need accommodations or support for their learning. This university adheres to all applicable federal, state, and local laws, regulations and guidelines with respect to providing reasonable accommodations as required, affording equal educational opportunity. It is the *student's responsibility* to register with the **Center for Accommodations and Support Services** <http://sa.utep.edu/cass/> in the UTEP Union Bldg. East Wing, Room 106 ***within the first two weeks of classes***, and inform the faculty member to arrange for appropriate accommodations or support.

The CASS Office can also be reached in the following ways:

Web: <http://cass.utep.edu/>; Phone: (915) 747-5148 voice or TTY; Fax: (915) 747-8712; E-Mail: cass@utep.edu

Campus Safety and Emergencies Notifications: Information Technology at UTEP provides emergency notification via your mobile phone. Visit <http://www.utep.edu/it> for more information and registration. Check the UTEP website for health related information and updates.

**KIN 1301 Foundations of Kinesiology
Fall 2023 Tentative Schedule**

Week	Dates	Topics	Assignments
1	Monday August 28, 2023 - Friday September 1, 2023	Welcome (1) Meaning and Scope	-Readiness Quiz 1 -Retention Quiz 1
2	Monday September 4, 2023 - Friday September 8, 2023	(2) Philosophy, Goals & Objectives & (3) Health & Physical Activity in Our Society	-Readiness Quiz 2 & 3 -Retention Quiz 2 & 3
3	Monday September 11, 2023 - Friday September 15, 2023	(4) Historical Foundations	-Readiness Quiz 4 -Retention Quiz 4
4	Tuesday September 19, 2023	EXAM 1 (1-4) *** In the classroom ***	EXAM 1
5	Monday September 25, 2023 - Friday September 29, 2023	(5) Motor Behavior	-Readiness Quiz 5 -Retention Quiz 5
6	Monday October 2, 2023 - Friday October 6, 2023	(6) Biomechanical Foundations ***Entire week ONLINE***	-Readiness Quiz 6 -Retention Quiz 7
7	Monday October 9, 2023 - Friday October 13, 2023	(7) Exercise Physiology & Fitness	-Readiness Quiz 7 -Retention Quiz 7

8	Monday October 16, 2023 - Friday October 20, 2023	(8) Sociological Foundations & (9) Sport and Physical Activity Psychology	-Readiness Quiz 8 & 9 -Retention Quiz 8 & 9
9	Tuesday October 24, 2023	EXAM 2 (5-9) *** In the classroom ***	-EXAM 2
10	Monday October 30, 2023 - Friday November 3, 2023	(10) Physical Education Pedagogy	-Readiness Quiz 10 -Retention Quiz 10
11	Monday November 6, 2023 - Friday November 10, 2023	(11) Career and Professional Development	-Readiness Quiz 11 -Retention Quiz 11
12	Monday November 13, 2023 - Friday November 17, 2023	(12) Teaching & Coaching Careers	-Readiness Quiz 12 -Retention Quiz 12
13	Monday November 20, 2023 - Friday November 24, 2023	(13) Fitness & Health Related Careers ***Entire week ONLINE***	-Readiness Quiz 13 -Retention Quiz 13
14	Monday November 27, 2023 - Friday December 1, 2023	(14) Sport Management, Media and Sport- Related Careers (15) Future Professionals as Leaders and Advocates ***Entire week ONLINE***	-Readiness Quiz 14 & 15 -Retention Quiz 14 & 15

15	Tuesday December 4, 2023	EXAM 3 (10-15) *** In the classroom ***	-EXAM 3
16	Tuesday December 12, 2023 1:00-3:45pm	FINAL EXAM Chapters 1-15 *** In the classroom ***	-FINAL EXAM