

WEEK	DATES	TOPICS COVERED	ONLINE ASSIGNMENT DUE
Week 1	August 29	Syllabus & Intro to Biomechanics	
	August 31	Basic Terminology	
Week 2	September 5	Skeletal Considerations for Movement	
	September 7	Neural Considerations for Movement	
Week 3	September 12	Linear Kinematics (pt 1)	Journal 1: Tuesday, Sept. 12th
	September 14	Linear Kinematics (pt 2)	Quiz 1: Sunday, Sept. 17th
Week 4	September 19	~Math Refresher~	
	September 21	Linear Kinematics (pt 3)	
Week 5	September 26	Linear Kinematics (pt 4)	
	September 28	~Math Refresher~	
Week 6	October 3	Angular Kinematics (pt 1)	Journal 2: Tuesday, Oct. 3rd
	October 5	Angular Kinematics (pt 2)	Quiz 2: Sunday, Oct. 8th
Week 7	October 10*	~Math Refresher~	
	October 12*	Exam Review	
Week 8	October 17	Exam 1	
	October 19	Linear Kinetics (pt 1)	
Week 9	October 24	Linear Kinetics (pt 2)	
	October 26	Linear Kinetics (pt 3)	
Week 10	October 31	~Math Refresher~	Journal 3: Tuesday, Oct. 31st
	November 2	Linear Kinetics (Work & Power)	Quiz 3: Sunday, Nov. 5th
Week 11	November 7	Linear Kinetics (Energy)	
	November 9	Exam Review	
Week 12	November 14	Exam 2	
	November 16	Angular Kinetics (pt 1)	
Week 13	November 21	Angular Kinetics (pt 2)	
	November 23	Thanksgiving Break- No Class	
Week 14	November 28	~Math Refresher~	Journal 4: Tuesday, Nov. 28th
	November 30	Angular Kinetics (pt 3)	Quiz 4 – Sunday, Dec. 3rd
Week 15	December 5	Angular Kinetics (pt 4)	
	December 7	Final Exam Review	
Finals Week	December 12	FINAL EXAM	DECEMBER 12