



**Department of Public Health Sciences
HSCI 4306 Syllabus**

Course name:	Health Concerns of Pre-Adolescents and Adolescents
Course no.:	HSCI 4306
Course CRN:	CRN 13635
Semester/year	Fall 2017
Graduate credit hours:	3
Class location:	HSSN room 211
Class meeting time:	9:00-11:50 am
Class instructor:	Cynthia Wittenburg, MS, DrPh (in progress)
Office location:	Health Science and Nursing Building
Phone:	747-7372
Email:	cwittenburg@utep.edu
Office hours:	Tuesdays, Thursdays 9:30-11:00 am or by appointment
Preferred contact method:	Email cwittenburg@utep.edu
Course description:	Addresses major health problems, health risks, transitions and lifestyle choices of pre-adolescents and adolescents.
Course pre-requisites:	Undergraduate upper division
Required textbooks:	Adolescent Health: Understanding and Preventing Risk Behaviors By: DiClemente Wiley; Latest edition ISBN: 9780470176764 Most chapters will be covered, and students will be required to complete read all of them; additionally, students will be required to go over all posted materials.
Supplemental reading:	Assigned readings provided on blackboard or in class
Course format:	In person format During classroom sessions the teaching method is based on Problem based learning (PBL), which can include, but not be limited to: 1. Introductory lectures 2. Problem solving group work 3. Student discussions, presentations and exercises 4. Movies and other visual media materials 5. Possible guest lecturers (to be announced)
Major learning objectives	After completing the course, the student will be able to: 1. The student will learn the physical, psychological, and behavioral changes that occur during the transition from adolescent to adulthood. 2. The student will be informed about adolescent risk-taking behaviors and its impact on health; understand them and learn on preventative interventions. 3. The student will be able to explain and orientate adolescents regarding health concerns, aiding in overcoming developmental barriers and achieve healthy lifestyles. 4. The student will practice his/her ability to critically review research-based materials related to adolescent health and risk taking. 5. The student will practice and increase his/hers oral and public presentation abilities necessary in future health care professionals.
Assessment strategies:	Evaluation of Student Learning assessments will be based on the following: Quizzes (10) 100 points Exam 1 100 points

each team must prepare an electronic report to be delivered at the time of presentation. "Research Report Paper Scoring Guide" will be available on Blackboard.

Part II. Report presentation

1. Each team will provide a visual presentation of the report. Suggestions include using Slide Share, YouTube, Powerpoint (with a voice over).

2. The presentation will include at a minimum: an introduction, findings of the YRBBS Survey highlights, mini lit review to support findings, conclusion and recommendations.

Active participation

Students are encouraged to actively participate in the learning process. A component of active participation is asking questions for clarification of confusing information and expressing opinions.

Student progress

Student progress Grades and feedback from the instructor will be posted on the "Grades" section of Blackboard Learn platform; individual progress, and all other inquiries will be managed through regular UTEP email.

Group work Group work will be an integral part of the course. Groups will be formed during the first week of the course. During this time period students will be given the option of freely assembling and joining one until a set deadline; however, if a student does not join a group by the set date, he/she will be assigned to a group only if the rest of the members are in agreement, otherwise the student will have to work alone or look for other to create a new group. The maximum number of members allowed in each group is two (2). When completing a group assessment, the score will be the same for all members which names appear on the report; however, a member may not receive a score at the request of the majority of the group members if he/she did not collaborate in a substantial way; furthermore, group membership can be revoked if majority of members agree that member(s) are not collaborating to the group's success.

Incomplete policy:

An "I" (incomplete grade) can only be considered only if requested by the student in advance of the conclusion of the course and only for legitimate, documented emergencies. Failure to request and negotiate the terms of an "Incomplete" grade before the conclusion of the course will result in a denial except in the most extraordinary circumstances.

Course/Instructor & Institutional Policies

Attendance:

It is UTEP policy that all students attend/participate in all classes and activities. When a student registers for a course, it is assumed that she/he has made arrangements to avoid such conflicts that may interfere with the course. Students are responsible for any information or activities for class discussions, lectures, assignments, and/or readings. If you are unable to participate in class, it is your responsibility to inform the instructor before the respective class session, week or module. Students may be administratively withdrawn for excessive unexcused absences and/or lack of participation (2 or more classes). Compliance to due dates, class presentations, homework, exams and other activities is mandatory. All emergency-related absences must be verified.

Chronic tardiness – lack of participation - not only reflects lack of commitment and professional behavior but also is disruptive to your classmates and the instructor.

Reading assignments:	All assigned readings need to be completed prior to the next scheduled class session. Example: the reading assignments for week 2 need to be completed to the week 2 class session.
Writing standards	Effective public health leaders and practitioners are also effective written as well as oral communicators. Written communication is a critical element of the communication process. Our program both recognizes and expects good writing to be the norm for course work. Please feel free to seek out assistance from the UTEP Writing Center. It is free and they are very helpful.
Policy for late assignments	Due dates for homework, exams, presentations and other assignments are designed for fairness to all students. No exceptions to those dates will be made excepting in cases of university-designated closures. All assignments are due at the beginning of the class period on the due date. Absolutley NO late entries will be accepted.
Permission to record lectures & discussions	Not permitted without express permission of the instructor

Cellphone/electronic tablet/ use policies: (Pertaining to Face to Face – Traditional Classes)	Please note that all cellular telephones, pagers, headphones, iPods, iPads, mp3 players, earpieces, laptops, and other forms of communication and entertainment technology equipment must be powered off and put away during the class period, if exams are being conducted.
Field trip policies:	N/A
Class participation:	Active student participation in this course is very important. Students must be prepared to come to class to discuss, answer questions, and participate in all class activities.
Special accommodations:	If you have a disability and need classroom accommodations, please contact The Center for Accommodations and Support Services (CASS) at 747-5148, or by email to cass@utep.edu , or visit their office located in UTEP Union East, Room 106. For additional information, please visit the CASS website at www.sa.utep.edu/cass .
Student conduct:	Students are expected to be above reproach in all scholastic activities. Students who engage in scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and dismissal from the university. "Scholastic dishonesty includes but is not limited to cheating, plagiarism, collusion, and the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another student, any act designed to give unfair advantage to a student or the attempt to commit such acts." <u>Regent's Rules and Regulations</u> , Part One, Chapter VI, Section 3.2, Subdivision 3.22. Since scholastic dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. From the UTEP Dean of Student Affairs (http://studentaffairs.utep.edu/Default.aspx?tabid=4386) "It is an official policy of university that all suspected cases or acts of alleged scholastic dishonesty must be referred to the Dean of Students for investigation and appropriate disposition. Any student who commits an act of scholastic dishonesty is subject to discipline. Scholastic dishonesty includes, but is not limited to cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking

an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts”.

Examples of “cheating” include:

- Copying from the homework, in-class work or exam paper of another student, engaging in written, oral, or any other means of communication with another student during an exam or homework assignment, or giving aid to or seeking aid from another student during a test;
- Possession and/or use during an exam or home test of materials which are not authorized by the person giving the test, such as class notes, books, or specifically designed “crib notes”;
- Using, obtaining, or attempting to obtain by any means the whole or any part of non-administered test, test key, homework solution, or computer program; using a test that has been administered in prior classes or semesters but which will be used again either in whole or in part without permission of the instructor; or accessing a test bank without instructor permission;
- Collaborating with or seeking aid from another student for an assignment without authority;
- Substituting for another person, or permitting another person to substitute for one's self, to take a test;
- Falsifying research data, laboratory reports, and/or other records or academic work offered for credit.

“**Plagiarism**” means the appropriation, buying, receiving as a gift, or obtaining by any means another's work and the unacknowledged submission or incorporation of it in one's own academic work offered for credit, or using work in a paper or assignment for which the student had received credit in another course without direct permission of all involved instructors. NOTE: This includes cutting-and-pasting and photocopying from on-line and other material.

“**Collusion**” means the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on scholastic dishonesty.

Tentative Course Schedule

<u>Week</u>	<u>Topics</u>	<u>Readings</u>	<u>Activities</u>	<u>Due dates</u>
Aug. 30	Syllabus review; Course introduction – Overview, Building of teams.	<u>Syllabus</u>	Syllabus Quiz#1	8/30
Sept. 6	A Generation at Risk: The Big Picture Adolescents at risk; trends in morbidity and mortality	Ch 1 & 2 Ted Talk Video	Practice Discussion Quiz#2	9/6
Sept. 13	Resilience, and Decision Making Theories of Risk taking, resilience, and decision making	Ch. 4 <u>Ch. 3</u>	Discussion Quiz#3	Sept 13
Sept 20	Adolescent Development Positive youth development	Chapter 6 Chapter 7	Discussion Activity Quiz #4	Sept.20

Sep. 27	Exam #1	Sec I Part 1-7 (Not 5)	<i>In class exam</i>	Sept. 27
Oct.4	Tobacco use in youth Alcohol / Substance Abuse	Chapters 8, 10 -11	Speaker /Discussion Quiz #5	Oct 4
Oct. 11 Sec I part 7	Adolescent obesity	Chapter 9	Discussion / Activity	Oct. 11
Oct. 18	Adolescent violence, risk, resilience, & prevention	Chapter 12	<i>Discussion/ Quiz#6</i>	Oct.18
Oct. 25	STIs and Teen pregnancy	Chapter 15 Chapter 16	Discussion Quiz#7	Oct. 25
Nov 1	Exam #2	Sec II Chapters 8,9,12, 15 & 16	In class exam	Nov 1
Nov 8	Connectedness in youth Family influence	Chapters 19 Chapters 20	Discussion / Quiz #8	Nov 8
Nov 15	Media Technological advances	Chapter 21 Chapter 22	Guest Speaker Discussion / Quiz #9	Nov 15
Nov 22	Youth Incarceration Measuring adolescent behaviors	Chapters 17 Chapter 23	Guest Speaker Discussion	Nov 22
<u>Oct. 6</u>	Youth Health Policy / Ethics	Chapter 25 & 26	Discussion / Quiz #10	Due on Oct 13
<u>Nov29</u>	Group Project Presentations		In class	Nov 29
<u>Dec. 6</u>	Group Project Presentations		In class	Dec. 6
<u>Dec. 13</u>	Final Exam	Chapters 17, 19, 20, 21, 22, 23, 25, 26	<i>In class</i>	<i>Dec. 13</i>

* Note: The course syllabus is a general tentative plan for the course. Any changes will be announced to the class in advance by the instructor.