The University of Texas at El Paso
PSYC 4341 (CRN 26100)—Motivation and Emotion—Spring 2019
Tuesdays and Thursdays
3:00 pm – 4:20 pm
Quinn Hall 203

Professor: Craig A. Field, PhD, MPH
Office: Psychology Building Rm. 116
E-mail: cfield@utep.edu (preferred method of contact)
Phone: 915 747-8539
Office Hours: 30 minutes after class or by appointment


Course Description
The purpose of this course is to introduce you to the scientific study of motivation and emotion. The study of motivation is devoted to uncovering principles that explain both why individuals engage in certain behaviors and the extent to which they persist in a behavior. Emotions are a complex kind of motivation and will be given particular emphasis in the course.

Course Objectives
Upon successful completion of this course, a student should: (1) know the major theoretical perspectives that address motivated behavior; (2) understand the utility and limitations of the various theoretical perspectives; (3) understand research strategies employed in the study of motivation and emotion, (4) understand the principal motives of behavior, (5) be able to apply ideas from the study of motivation to explain behavior, and (6) develop strategies to help change your own behavior.

Exams and Assignments:
1) Quizzes (40% of final grade) – There will be one quiz per chapter from the textbook. Quizzes will be given at the end of class during which that chapters lectures are completed. You will be given 15 minutes to take the quiz. Each quiz will include 10 questions and you may use your notes. Failure to take a quiz will result in a score of “0” for that quiz. No make-up quizzes will be given under any circumstances. Your lowest quiz grade will be dropped. Your overall quiz grade will be the average of your remaining quiz scores.

2) Exams (40% of final grade) – There will be 4 exams throughout the class, including a comprehensive final exam. The exams will cover 3 to 4 chapters each, with the exception of the final which will be cumulative. Each exam will include material from the textbook, class lectures and class presentations. The format of the exam will be multiple-choice. Your overall exam grade will be the average of your 4 exam scores. The final exam which is cumulative will replace your lowest exam grade.

3) Presentation (10% of final grade) – Each student is assigned a group. Each group will present once during the semester. The presentation will cover a key study from a chapter. For each presentation, you will be graded by your peers. First, your group will evaluate your participation as a member of the group. Second, the class will evaluate the group presentation. Ten percent of your final grade will be based on my evaluation of your group’s presentations taking into account the evaluation of your peers.
(4) Present and Future Authoring (10% of final grade) – To better understand the core concepts in this course, you should complete the virtues component of the Present Authoring Program and the Future Authoring Program in its entirety which are both available at a discounted price at selfauthoring.com. In the Virtues component of the Present Authoring Program, you will be asked to select virtues that are typical of you. Then you will be asked to make a final list of virtues, from those that you have selected. Then you will be asked to write about a time when that virtue helped you attain a desired goal or cause a desired outcome. Finally, you will be asked to write about how you might use that virtue more effectively in you’re the future. The Future Authoring Program is designed to help you imagine your ideal future, three to five years down the road. What would your life be like if you could set it up in the manner that would be best for you? You will be asked to consider the people you admire, things you could do better, your educational and career goals, what habits you would like to improve, your family life, your social network, and your leisure activities. The cost of these programs is $29.90. These exercises will provide you with a deeper understanding of core concepts discussed throughout the course. Per the syllabus, the Present Authoring Program is due prior to the Spring Break and the Future Authoring Program is due prior to the Final Exam.

Exam policy
Failure to take any exam will result in a score of zero (0) for that exam. Make-up exams will be administered only in extraordinary circumstances and only when written documentation justifying an absence for an exam is provided.

Grading
Final grades will be assigned according to the following scale: 90-100% = A; 80-89% = B; 70-79% = C; 60-69% = D; and < 60% = F.

Class attendance and last day to withdraw class
Regular class attendance is expected. The last day for students to withdraw from this class and receive a “W” is April 5, 2019. Students will be responsible for dropping the course; the professor will not drop any student (which will make them earn a grade of “F”).

Electronic devices and classroom behavior
Please turn off your cell phone on arrival. If you want to ask a question or make a comment, raise your hand and try not to interrupt others as they speak. The use of electronic devices is NOT ALLOWED in class (e.g., laptops, smartphones, iPads, others not listed).

Special accommodations
If you have a disability and need classroom accommodations, please contact The Center for Accommodations and Support Services (CASS) at 747-5148, or by email at cass@utep.edu, or visit their office located in UTEP Union East, Room 106. For additional information, please visit the CASS website at www.sa.utep.edu/cass

Student Conduct
Students are expected to behave in a polite manner in the classroom by respecting their fellow classmates and the professor. The professor reserves the right to either drop a student or ask him/her to leave for inappropriate/disruptive behavior in class. Dishonest behaviors like cheating and/or plagiarism will NOT be permitted and appropriate action will be taken according to the UTEP Student Standards of Conduct, which can be accessed at: http://admin.utep.edu/LinkClick.aspx?link=HOOP-Section+II.pdf&tabid=30181&mid=63285

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## Course Calendar Outline:

### January 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic &amp; Assigned Readings</th>
<th>Due</th>
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<tbody>
<tr>
<td>22, Tuesday</td>
<td>Syllabus</td>
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<tr>
<td>24, Thursday</td>
<td>Chapter 1: Introduction</td>
<td></td>
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<tr>
<td>29, Tuesday</td>
<td>Chapter 1 &amp; Chapter 2</td>
<td>Quiz Chapter 1</td>
</tr>
<tr>
<td>31, Thursday</td>
<td>Chapter 2: Historical Perspective</td>
<td>Quiz Chapter 2</td>
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### February 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic &amp; Assigned Readings</th>
<th>Due</th>
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<tbody>
<tr>
<td>5, Tuesday</td>
<td>Chapter 15: Growth Motivation</td>
<td>Group 1 Presentation</td>
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<tr>
<td>7, Thursday</td>
<td>Chapter 15: Growth Motivation</td>
<td>Quiz Chapter 15</td>
</tr>
<tr>
<td>12, Tuesday</td>
<td>Chapter 17: Interventions</td>
<td>Quiz Chapter 17</td>
</tr>
<tr>
<td>14, Thursday</td>
<td></td>
<td><strong>EXAM 1</strong></td>
</tr>
<tr>
<td>19, Tuesday</td>
<td>Chapter 5: Extrinsic Motivation</td>
<td>Group 2 Presentation</td>
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<tr>
<td>21, Thursday</td>
<td>Chapter 5: Extrinsic Motivation</td>
<td>Quiz Chapter 5</td>
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<tr>
<td>26, Tuesday</td>
<td>Chapter 6: Psychological Needs</td>
<td>Group 3 Presentation</td>
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<tr>
<td>28, Thursday</td>
<td>Chapter 6: Psychological Needs</td>
<td>Quiz Chapter 6</td>
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### March 2018

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<tr>
<th>Date</th>
<th>Topic &amp; Assigned Readings</th>
<th>Due</th>
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<tbody>
<tr>
<td>5, Tuesday</td>
<td>Chapter 7: Implicit Motives</td>
<td>Group 4 Presentation</td>
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<tr>
<td>7, Thursday</td>
<td>Chapter 7: Implicit Motives</td>
<td>Quiz Chapter 7</td>
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<tr>
<td>12, Tuesday</td>
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<td><strong>EXAM 2</strong></td>
</tr>
<tr>
<td>14, Thursday</td>
<td>Chapter 8: Goal Setting &amp; Goal Striving</td>
<td>Group 5 Presentation</td>
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<td>Present Authoring DUE</td>
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| Week of March 19th | Spring Break!                             | Spring Break!    
| 26, Tuesday| Chapter 8: Goal Setting & Goal Striving         | Quiz Chapter 8    |
| 28, Thursday| Chapter 9: Mindsets                             | Group 6 Presentation|

### April 2018
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic &amp; Assigned Readings</th>
<th>Due</th>
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</thead>
<tbody>
<tr>
<td>2, Tuesday</td>
<td>Chapter 9: Mindsets</td>
<td>Quiz Chapter 9</td>
</tr>
<tr>
<td>4, Thursday*</td>
<td>Chapter 10: Personal Control Beliefs</td>
<td>Group 7 Presentation</td>
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<tr>
<td>9, Tuesday</td>
<td>Chapter 10: Personal Control Beliefs</td>
<td>Quiz Chapter 10</td>
</tr>
<tr>
<td>11, Thursday</td>
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<td>EXAM 3</td>
</tr>
<tr>
<td>16, Tuesday</td>
<td>Chapter 12: Nature of Emotions</td>
<td>Group 8 Presentation</td>
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<tr>
<td>18, Thursday</td>
<td>Chapter 12: Nature of Emotions</td>
<td>Quiz Chapter 12</td>
</tr>
<tr>
<td>23, Tuesday</td>
<td>Chapter 13: Aspects of Emotions</td>
<td>Group 9 Presentation</td>
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<tr>
<td>25, Thursday</td>
<td>Chapter 13: Aspects of Emotions</td>
<td>Quiz Chapter 13</td>
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<tr>
<td>30, Tuesday</td>
<td>Chapter 14: Individual Emotions</td>
<td>Group 10 Presentation</td>
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<td>* Thursday April 5th is the deadline for Drop/Withdrawal</td>
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**May 2018**

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<tr>
<th>Date</th>
<th>Topic &amp; Assigned Readings</th>
<th>Due</th>
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</thead>
<tbody>
<tr>
<td>2, Thursday</td>
<td>Chapter 14: Individual Emotions</td>
<td>Quiz Chapter 14</td>
</tr>
<tr>
<td>7, Tuesday</td>
<td></td>
<td>EXAM 4</td>
</tr>
<tr>
<td>9, Thursday</td>
<td>Comprehensive Review</td>
<td>Future Authoring DUE</td>
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<tr>
<td>16, Thursday</td>
<td>Comprehensive Final Exam</td>
<td>4:00 – 6:45</td>
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Research Study Presentation

**Chapter 15: Positive Psychology (Group 1)**

**Chapter 5: Extrinsic Motivation (Group 2)**

**Chapter 6: Psychological Needs (Group 3)**

**Chapter 7: Implicit Motives (Group 4)**
Chapter 8: Goal Setting & Goal Striving (Group 5)

Chapter 9: Mindsets (Group 6)

Chapter 10: Personal Control Beliefs (Group 7)

Chapter 12: Nature of Emotions (Group 8)

Chapter 13: Aspects of Emotion (Group 9)

Chapter 14: Aspects of Emotion (Group 10)
Supplemental Readings
Supplemental readings are not required readings. Supplemental readings are readings that you may find particularly helpful if you want to know more about the studies from the chapter readings that are highlighted in the lecture or a central topic covered in the chapter. Readings marked with an * cover central topics from the chapter. You may these readings helpful for better understanding that topic and the chapter in general.

Ch 5: Extrinsic Motivation


Chapter 6: Psychological Needs


Chapter 7: Implicit Motives


Chapter 8: Goal Setting


Chapter 9: Mindsets


Chapter 10: Control


Chapter 11: Self and Its Strivings


Chapter 12: Nature of Emotions


Chapter 13: Aspects of Emotion


Chapter 15: Positive Psychology


Chapter 17: Interventions


Group Assignments

Group 1
Alvaredo, Sophia
Contreras, Luis
Holland, J’Anais
Mora, Jessica
Rosales, Samantha

Group 2
Andrade, Evelyn
Desantiago, Brittany
Iturralde, April
Murillo, Natalia
Seo, Jina

Group 3
Archuleta, Briana
Dominguez, Valeria
James, Japheth
Ochoa, Aprial
Serrano, Jacqueline

Group 4
Arellanas, Alejandro
Garcia, Claudia
Knott, Melissa
O’Dell, Tabitha
Serrato, Maricristal

Group 5
Bear, Elizabeth
Gates, Gregory
Lares, Luis
Prieto, Ashley
Silvia, Gonzalo

Group 6
Becerra, Yvette
Gomez, Christopher
Lopez, Kevin
Quinn, Morgan
Soto, Ashley

Group 7
Briones, Eva
Gonzalez, Sarah
Lujan, Markos
Ramirez, Adrianna
Sunderland, Irma

Group 8
Calderon, Marcos
Gonzalez, Daniela
Marquez, Ambar
Rios, Erika
Torres, Sabrina

Group 9
Camacho, Emmanuel
Guerrero Martinez, Miguel
Martinez, Arantxa
Ridriguez, Marisol
Vargas, Stephanie

Group 10
Caraveo, Vanessa
Gutierrez, Adrian
Medina, Carlos
Rodriguez, Andrea