

**University of Texas at El Paso**  
**Theatre and Dance Department**  
**DANCE 1342 - 01 Ballet II ( CRN-20455)**  
**Spring 2025**

**Days, time and Location**

TR 9:00 – 10: 20 AM

FOXA M201, Fox Fine Arts

**Instructor**

**Andrea Saucedo Estala**

**Email**

asaucedoestala@utep.edu

**Office Location & Hours**

M211

TR 11:00 AM – 12:00 PM

W 9:00 - 10:00 AM

M Virtually 4:00 – 5:00 PM

**COURSE DESCRIPTION**

***Ballet II*** is a class where students will study academic elements of classical ballet and the beginnings of ballet related to history. The main focus will be learning the technique and fundamental principles, language, elements and history of Ballet. All concepts are taught through a process of explanation, demonstration, and repetition.

In this part students will learn new ballet steps that help them to develop the skills, (balance, agility, retention, efficiency), alignment, breathing work, core stability, musicality, and outward rotation (turn out) as moving more across the floor and work in center.

**LEARNING OBJECTIVES**

- Learn ballet language, principles, elements, and history of Ballet.
- Understand the movements (steps) with the body and perform it.
- Have experience with this dance style and know all the possibilities it can bring as a form of dance.
- Practice the technique and develop critical thinking.
- Alignment, breathing work, core stability, musicality and turn out.
- Connect with other students and learn to work in teams.

**COURSE MATERIAL**

- BALLET BASICS (Fifth Edition) by Sandra Noll Hammond
- Material for class, instructor may specify through Blackboard announcements a week before prior class. (yoga mat, tennis balls, pennies, resistance band, foam roller, etc.)

## ***DRESS CODE***

- Ballet slippers
- Longer & shorter hair secured away from face to avoid distractions.
- Tight fitted attire to assess proper alignment AND to avoid hindering your movement (you can choose any combination of the below options)
  - Leotard (any color) and dance tights (any color)
  - Dance tights/pants (any color) and a tight fitted shirt tucked in pants or a tank (any color)
  - Tight fitted shorts or leggings over leotard and/or tights (any color)
  - Support garments if necessary (dance belt/sports bra)
- Students may wear extra layers (sweaters, leg warmers, socks, sweatpants, etc.) in the beginning of class, as they warm up.
- Avoid baggy clothes after warming up.

**\*NOTE:** Students must place their bags, purses, cellphones in the lobby outside from room M201, in the corner of the room or near the piano, (not on top).

UTEP students with valid ID have a discount in the following dance stores in El Paso: Dance Designs (central) and Distractions (inside Champion Dance Studios - far eastside).

Refer to the UTEP Library Dance Studies research guide for important dance sources:  
<https://libguides.utep.edu/c.php?g=429599&p=2930447>

## **CLASS REQUIREMENTS AND GRADING**

### **TOTAL POINTS: 1000pts**

- 1) ***Attendance, Attire, and Progress:*** Attendance is required at all classes. (If you have a minor illness or injury, please sit in front of the class and take notes.) If classes are missed your grade will be lowered accordingly. Students have the opportunity to MAKE UP classes, the instructor will provide more information about on Blackboard. **T. P.- 400 pts.**
- 2) ***JOURNAL:*** All students are encouraged to keep a notebook of terminology, technique, ballet history, etc., discussed in class each day and for taking notes. **T.P. - 30 pts.**
- 3) ***PARTICIPATION:*** Students are encouraged to participate during class, with comments related to it, and questions/doubts and if the student found something that may interest the class, they are welcome to share it with the class. **T.P.- 70 pts.**
- 4) ***MIDTERM: MOVEMENT ANALYSIS*** All students are required to submit a writing assignment through Blackboard. Students will choose a Ballet dancer from the list

provided by the instructor in Week 2. Students will study the story of the dancer and watch some of her / his dancing through the time and write a movement analysis. Details will be provided on Blackboard. **DUE DATE: March 13, 2025.** Uploaded it to Blackboard. **T. P.- 200 pts.**

5) **FINAL EXAM : PRACTICAL TEST:** A regular class will be conducted for a practical grade on the last day of the semester for this class. To observe and receive feedback on their progress inside the Ballet dance style. **DATE: May 8, 2025,** in person. **T.P.- 300pts**

UTEP students with valid ID have a discount in the following dance stores in El Paso: Dance Designs (central) and Distractions (inside Champion Dance Studios - far eastside).

Refer to the UTEP Library Dance Studies research guide for important dance sources:  
<https://libguides.utep.edu/c.php?g=429599&p=2930447>

### Course Policies:

- Students are required to **show up to class on time and ready to start**. If you are tardy, please send an email before class to the instructor explaining the reason for being late.
- Because of the nature of this course, attendance is mandatory to assess progress of the Ballet technique. If I cannot assess your progress, you cannot pass this course.
- **Professionalism and respect**

### Mandatory Performances

Students are required to attend x2 performances and write about their experience as a dance major audience., throughout all the semester. These performances can be inside or outside of UTEP. More information / publicity will be submitted on Blackboard in a specific folder. These are some performances **from the Theatre and Dance Department:**

#### Monomyth

**Tickets on sale January 28, 2025**

Artistic Director: Ashley Kroft

**Synopsis:** Every hero's story, in some way, shape, or form, shares an internal transformation experienced in all of time and place. Leaving your comfort zone to experience something new, whether it's starting a job, traveling to a new place, or pursuing a new hobby. You may choose an aspect of a hero's journey or complete the entire cycle (Separation, Initiation, Return). You, or someone you know, being the hero. Leaving your normal world and entering the unknown. Leaving psychological dependency and transitioning to self-responsibility. Leaving and returning changed. What excites you, and to make that the basis of your personal journey. Not knowing where you are going and finding yourself in an adventure that begins your journey. Which aspect of your journey evokes a resonance within you?

A quote from Joseph Campbell, "... the Monomyth can also be metaphorically applied to someone's spiritual, psychological, or physical journey. Being able to identify elements of the hero's journey in your own life can help you see things in a new light, providing solace and guidance through a transformative period.

## **Wise Family Theatre**

### **7:30 PM Performances**

February 20\*, 21, 22, 2025 (\*Discount Performance - All Tickets \$10)

### **2:00 PM Performance**

February 23, 2025

### **Grease**

Tickets on sale for UTEP Students/ Faculty/ Staff/Alumni and Groups March 3, 2025

General Public March 4, 2025

Books, Music and Lyrics by Warren Casey and Jim Jacobs

Directed by Jay Stratton

Choreographed by Rebecca Frost Mayer

**Synopsis:** It's Rydell High's senior class of 1959: duck-tailed, hot-rodding "Burger Palace Boys" and their gum snapping, hip shaking "Pink Ladies", evoking the sound of the 50s. Head "greaser" Danny Zuko and new girl Sandy Dumbrowski try to relive the high romance of their "Summer Nights" as the rest of the gang sings and dances its way through such songs as "Greased Lightnin'," and "It's Raining on Prom Night," recalling the music of Buddy Holly, Little Richard, and Elvis Presley that became the soundtrack of a generation.

## **The Dinner Theatre**

### **Dinner Performances (6:30 P.M.)**

April 4, 5, 10\*, 11, 12, 17\*, 18, 19, 2025 (\*Discount Dinner Performance)

### **Matinee Dinner Performance (1:00 P.M.)**

April 6\*, 2025 (Meal Served) (\*Discount Dinner Performance)

### **No Dinner Matinee Performances (2:00 P.M.)**

April 13, 20, 2025 (No Meal Served / General Admission Seating)

### **Quixote**

Tickets on sale January 28, 2025

By Octavio Solis

Directed by Martín Balmaceda

**Synopsis:** In *Quixote Nuevo*, aging professor José Quijano refuses to fade quietly into the background. When his family plans to move him into an assisted living facility, he makes a daring escape on his trusty tricycle, setting off on a mission to find his long-lost love. As he journeys through the Texas desert, the lines between reality and fantasy blur, and José embraces the identity of Don Quixote. Joined by his faithful but unlucky sidekick, Sancho, they embark on a whimsical, death-defying adventure in the fictional border town of La Plancha. With lively Tejano music setting the tone, *Quixote Nuevo* is a funny, poignant tale of reclaiming one's story, facing Death, and discovering the hero within.

## **Wise Family Theatre**

### **7:30 Performances**

May 2\*, 3, 9, 10 (\*Discount Performance - All Tickets \$10)

### **2:00 PM Performances**

May 3\*, 4, 11 (\*Discount Performance - All Tickets \$10)

### **TICKET PRICES FOR MONOMYTH AND QUIXOTE**

\$18 Adults

\$15 UTEP Faculty/Staff, Seniors, Military, Groups (10+), Alumni (with card), Non-UTEP Students

\$12 UTEP Students (with a valid ID), Children (ages 4-12)

### **TICKET PRICES FOR GREASE**

Friday & Saturday Dinner Performances

Adult \$60.50

UTEP Faculty/Staff/Group (20+) \$57.50

UTEP Alumni Association Members\*\*\$57.50

Children (4-12 yrs. old) \$57.50

Non-UTEP Student \$57.50

Military\*\* \$57.50

UTEP Student\*\*\* \$18.00

Wednesday, Thursday and Sunday Matinee Dinner Performances – Reserved Tables

Adult \$55.50

UTEP Faculty/Staff/Group (20+)\*\* \$53.50

UTEP Alumni Association Members\*\*\$53.50

Children (4-12 yrs. old) \$53.50

Non-UTEP Student \$53.50

Military\*\* \$53.50

UTEP Student\*\*\* \$18.00

Sunday No Dinner Matinee Performances – General Admission Seating / No Meal Is Served

Adult \$35.50

UTEP Faculty/Staff/Group (20+)\*\* \$33.50

UTEP Alumni Association Members\*\* \$33.50

Children (4-12 yrs. old) \$33.50

Non-UTEP Student \$33.50

Military\*\* \$33.50

UTEP Student\*\*\* \$12.00

\*Children 3 years and under are not allowed in the theatre.

\*\*Up to 4 Tickets per valid ID.

\*\*\*One ticket per valid UTEP ID.

#### **WHERE YOU CAN PURCHASE TICKETS**

- The UTEP Ticket Center – Main Location 2901 N. Mesa El Paso, Texas 79902  
Monday-Friday: 8 A.M.-6 P.M. Saturday: 8 A.M.-4.PM. Closed on Sundays (915)  
747-5234
- UTEP Ticket Center – Union East Location Union Building East, Room 111 (1st Floor)  
Hours of Operation Open only Fall & Spring Semesters Monday-Friday: 9am - 2pm  
(Hours subject to change)

When purchasing tickets in any discount ticket category the person on the I.D. (student/faculty/military etc.) must be present when purchasing the tickets.

## GRADING SCALE

### The grading scale at UTEP is:

A = 900 - 1000

B = 800

C = 700

D = 600

F = < 500

## ATTENDANCE POLICY

### Attendance for Dance Classes

The Department has resumed the pre-pandemic attendance guidelines. Of course, we want to support students that contract covid and need time off for legitimate reasons, but don't feel like you need to offer Zoom instruction along with in-person instruction at all times. Instead, you can negotiate on a case-to-case basis what feels best for the students and you, while considering CDC and University guidelines about covid. Also, UTEP continues to offer tests: <https://www.utep.edu/ehs/covid/>

### The attendance policy for dance indicates:

In a course that meets twice a week, a student is allowed a maximum of 4 absences in an entire semester, 2 of which require no justification and result in no penalty. A student can use these absences based on personal necessity. The 3rd and 4th absences will result in a drop of ½ a letter grade each in the student's overall grade. In the 5th absence, regardless of the student's current course standing or grade the student will automatically fail the course.

### Exceptions:

- In the event of international bridge closures, exceptions may be made and make-up work may be assigned.
- In case of an injury or extended illness, it is the student's responsibility to meet with his or her instructor to discuss possible solutions for course continuation or to consider dropping the class.
- In the event of highly unusual or extenuating circumstances, a student may petition the course instructor and department chair for permission to continue in a course.
- In case of injury, a student who is able to be present in the studio may observe class and complete alternative and equivalent assignments to be negotiated with the instructor.

## EXCUSED ABSENCES AND/OR COURSE DROP POLICY

According to UTEP Curriculum and Classroom Policies, “When, in the judgment of the instructor, a student has been absent to such a degree as to impair his or her status relative to credit for the course, the instructor may drop the student from the class with a grade of “W” before the course drop deadline and with a grade of “F” after the course drop deadline.” See academic regulations in the UTEP Undergraduate Catalog for a list of excused absences. Therefore, if I find that, due to non-performance in the course, you are at risk of failing, I will drop you from the course. I will provide 24 hours of advance notice via email.

## **OR**

I will not drop you from the course. However, if you feel that you are unable to complete the course successfully, please let me know and then contact the [Registrar's Office](#) to initiate the drop process. If you do not, you are at risk of receiving an “F” for the course.

## **COVID-19**

UTEP is no longer asking students to report positive COVID-19 test results to the University.

However, if you have any questions or concerns about COVID-19, please email [covidaction@utep.edu](mailto:covidaction@utep.edu) for assistance.

As of March 1, 2024, the Center for Disease Control and Prevention (CDC) has updated its guidelines for people with COVID-19 infections and made them similar to recommendations for other respiratory viruses such as Influenza Virus and Respiratory Syncytial Virus (RSV).

Visit for more information:

<https://www.cdc.gov/respiratory-viruses/guidance/>  
[www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html](https://www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html)

## **ACADEMIC DISHONESTY AND COPYRIGHT**

Any form of academic dishonesty, cheating, plagiarizing, or taking a test for another student is considered a very serious matter at UTEP. Our library webpage provides good information on what UTEP considers Academic Dishonesty and what steps the University takes in such cases. Please review this information at: <http://libraryweb.utep.edu/research/plagiarism.php>. Refer also to the [Handbook of Operating Procedures: Student Affairs](#).

Some of the materials in this course are copyrighted. Copying from textbooks is not “fair use” under the Copyright Act. Your cooperation is expected. The University requires all members of its community to follow copyright and fair use requirements. You are individually and responsible for violations of copyright and fair use laws. The University will neither protect nor defend you nor assume any responsibility for student violations of fair use laws. Violations of copyright laws could subject you to federal and state civil penalties and criminal liability, as well as disciplinary action under University policies.



## STUDENTS WITH DISABILITIES POLICY

The Americans with Disabilities Act requires that reasonable accommodations be provided for students with physical, sensory, cognitive, systemic, learning, and psychiatric special needs. If you have a disability, abilities that cannot be performed with the given format, and/or you need any accommodation, please contact The Center for Accommodations and Support Services (CASS) at 747-5148, or by email at [cass@utep.edu](mailto:cass@utep.edu), or visit their office located in UTEP Union East, Room 106. For additional information, please visit the CASS website at [www.sa.utep.edu/cass](http://www.sa.utep.edu/cass).

## TECHNOLOGY REQUIREMENTS

Part of the course content is delivered via the Internet through the Blackboard learning management system (LMS). Ensure your UTEP email account is working and that you have access to the Web. You may use any of the primary Web browsers—Explorer, Google Chrome, Firefox, Safari, etc. When having technical difficulties, try switching to another browser.

You will need to have or have access to a computer/laptop, a webcam, a microphone, or a device (like a phone) that allows you to enter Blackboard, check the emails, and record and watch audio-visual materials. Sometimes, if a video doesn't work or a page doesn't open, it's because you need to download or update Microsoft Office, Adobe, Flashplayer, Windows Media Player, QuickTime, and Java or so. Also, check that your computer hardware and software are up-to-date and able to access all parts of the course. If you encounter technical difficulties of any kind, contact the Help Desk at <https://www.utep.edu/technologysupport/>

If you cannot have access to technological means for whatever reasons, contact me ASAP and I will negotiate an accommodation.

**Technical Support.** If you do not know how to use Blackboard – contact Tech Support immediately. Do not wait until you do not understand until you are having problems. You can go in person to Room 300 at the UTEP Library, or contact the Help Desk via email at [helpdesk@utep.edu](mailto:helpdesk@utep.edu), or by phone at 747-5257. Hours are M-F 7a-8p, Sat 9a-10p and Sun 12-4p.

## ALTERNATIVE MEANS OF SUBMITTING WORK IN CASE OF TECHNICAL ISSUES

I strongly suggest that you submit your work with plenty of time to spare if you have a technical issue with the course website, network, and/or your computer. I also suggest you save all your work (answers to discussion points, quizzes, exams, and essays) in a separate Word document as a backup. This way, you will have evidence that you completed the work and will not lose credit. If you are experiencing difficulties submitting your work through the course website, please contact the UTEP Help Desk. You can email me your backup document as a last resort.

## ON-CAMPUS SOURCES OF STUDENT SUPPORT

- Center for Accommodations and Support Services

<https://www.utep.edu/student-affairs/cass/>

- Student Success Helpdesk

[https://www.utep.edu/advising/student\\_resources/student-success-helpdesk.html](https://www.utep.edu/advising/student_resources/student-success-helpdesk.html)

- Miner Learning Center

<https://www.utep.edu/mlc/>

- University Writing Center

<https://www.utep.edu/uwc/>

- Counseling and Psychological Services

<https://www.utep.edu/student-affairs/counsel/>

Students are encouraged to speak with professionals from UTEP's Counseling and Psychological Services on a walk-in basis from 8 a.m. to 5 p.m. Monday through Friday in Union Building West, Room 202. In addition, the Miners Talk Crisis Line at 915-747-5302 is available 24 hours a day, 7 days a week.

- UTEP Title IX (Anti-Sexual Harassment and Anti-Sexual Violence)

Office: <https://www.utep.edu/titleix/sb-212.html>

Do- Need more dance in your life? Join the UTEP student organization **DESERT DANCE**.

E-mail [desertdanceutep@gmail.com](mailto:desertdanceutep@gmail.com)