

## “Teaching the Importance of Physical Education”



### **KIN 3219: Individual Games and Sports**

Individual Games and Sports will provide teacher candidates with exposure to and preparation in teaching multiple individual games and sports. Teacher candidates will prepare, implement, and analyze learning experiences in a variety of mostly modern individual games and sport activities. Competency in teaching skills/tasks and individual games and sports skills will be assessed and the opportunity to participate and improve individual skills will be included in the course.

#### ***COURSE OBJECTIVES***

At the end of the course the student will:

##### **Foundational Knowledge:**

1. Understand the concepts and principles for developing and administering skills tests.
2. Identify and describe Texas Examinations of Educator Standards (TExES) Domain I competencies 002 & 004 and Domain II competency 006 necessary for developing and implementing effective learning experiences in games and sports while maintaining a productive learning environment.
3. Recall the knowledge, skills, and attitudes presented in the Physical Education Texas Essential Knowledge and Skills (TEKS §116.56).

##### **Application:**

4. Demonstrate competency in a variety of individual games and sports.
5. Use appropriate terminology when discussing and/or reflecting on teaching skills/tasks.
6. describe and practice teacher tasks (before, during, and after learning experience) used in creating and implementing learning experience plans (LEP) for team games and sports for various groups of students using criteria presented in class and based on TExES and TEKS.
7. Reflect on learning experience(s) implemented for individual games and sports and make appropriate revisions to LEP to enhance student learning in the three learning domains.
8. Utilize technology to retrieve articles for review, teaching tips, suggestions for activities and classroom management related to teaching physical education.

##### **Integration:**

9. Discuss and reflect on the role of TExES and Texas Essential Knowledge and Skills (TEKS - §116.55) in developing physical education curriculum and learning experiences that enhance student learning in the three learning domains (psychomotor, cognitive, and affective) for various grade levels and physical activities.

##### **Human Dimension**

10. Reflect on personal proficiency in teaching skills/tasks identified in the TExES necessary for becoming a master teacher.
11. Collaborate with peers in providing constructive feedback based on TExES competencies after implementation of a learning experience.

##### **Caring:**

12. Advocate for quality daily K-12 physical education in the public schools.

##### **Learning How to Learn:**

13. Become a student of teaching (pedagogy).

**COURSE MEETINGS**

Course	Days & Time	Location
KIN 3219	M W 9:00 AM – 10:20 AM	MGYM Auxiliary; Blackboard

**INSTRUCTOR INFORMATION**

INSTRUCTOR: Ana L. Cisneros, MS  
 OFFICE: Health Sciences Nursing, 441  
 TELEPHONE: 747-7266  
 EMAIL: [alcisneros@utep.edu](mailto:alcisneros@utep.edu)  
 OFFICE HOURS: by appointment

**REQUIRED COURSE TEXTS:**

Rink, J. (2019). Teaching physical education for learning (8<sup>th</sup> ed.). Boston, MA: WCB McGraw-Hill.

Graham, G., Holt-Hale, S., Parker, M. (2009). Children Moving; A Reflective Approach to Teaching Physical Education (9<sup>th</sup> ed.). Boston, MA: WCB McGraw-Hill. In this course the following chapters will be utilized:

Reading Packet- can be purchased at UTEP Print Shop  
 On Campus across from HSN Building (915)747-5135

**Required Readings:****Sports and Recreational Activities (Mood, Musker, Rink)**

Chapter 6: Badminton
Chapter 22: Pickle Ball
Chapter 32: Tennis
Chapter 34: Track & Field
Chapter 37: Weight Training
Chapter 4: Archery
Chapter : Swimming

**WEBSITES AND RESEARCH SOURCES**

[www.pecentral.com](http://www.pecentral.com)  
[www.peuniverse.com](http://www.peuniverse.com)  
[www.teachervision.com](http://www.teachervision.com)

**THE ROLE OF Blackboard**

This semester we will use Blackboard for submissions of assignments, reflections, and lesson plans as announced. Grades will be visible throughout the semester on blackboard. If students need help with blackboard, visit their virtual office during office hours M-F, 8 to 5pm online through blackboard. Blackboard provides 24/7 support at 747-HELP or through email [helpdesk@utep.edu](mailto:helpdesk@utep.edu).

**STUDENT RESPONSIBILITIES**

1. Students are expected to attend and participate in all classes. There will be 20 points subtracted from his/her total points for each absence. Students are responsible for acquisition of material covered on days they were absent.

Arrangements must be made with the instructor *prior* to an absence.

\*Excessive absences, coming to class late or leaving early will reflect on your final grade. **Coming to class late or leaving class early will be counted as a half absence. Once you are absent 2 times, I will attempt to contact you. If you acquire 3 absences you will be dropped from this course.**

All assignments, reports, and other related coursework are to be turned in ***at the beginning of the class period on the due date.*** **NOTHING** will be accepted beyond the due date without prior approval of the instructor.

**Read chapters ahead of time** and have your assignments completed so you can ask and answer questions in class, complete quizzes successfully, and be involved in discussions/ assignments.

2. Expect to spend 6-9 hours per week **outside of class** on *each* course.

### **TEACHER RESPONSIBILITIES**

1. I will provide you clear instructions on class expectations and any performance gauging (in-class team work, in-class discussions, short papers, team work, presentations, any other homework).
2. I will foster learning and engagement. If at any time you feel that you are lost you have the right to contact me via e-mail or via phone and ask me to go over material if need be or be more explanatory with my lecture.
3. I will check my e-mail at least once a day during working hours and will answer back to you within 12 hours as long as you have followed the guidelines for e-mailing me.
4. I will return phone calls related to class activities in a timely manner.
5. I will provide feedback on your performance gauging activities in a timely manner.
6. I will keep you informed about your progress in the class at all times, and will make time to discuss your needs.
7. I will leave myself open to suggestions about improvement of the class and class related activities.
8. I will do all I can to ensure your learning and success in this class.

### **COVID-19 PRECAUTIONS**

Please stay home if you have been diagnosed with COVID-19 or are experiencing COVID-19 symptoms. If you are feeling unwell, please let me know as soon as possible, so that we can work on appropriate accommodations. If you have tested positive for COVID-19, you are encouraged to report your results to [covidaction@utep.edu](mailto:covidaction@utep.edu), so that the Dean of Students Office can provide you with support and help with communication with your professors. The Student Health Center is equipped to provide COVID 19 testing.

The Center for Disease Control and Prevention recommends that people in areas of substantial or high COVID-19 transmission wear face masks when indoors in groups of people. The best way that Miners can take care of Miners is to get the vaccine. If you still need the vaccine, it is widely available in the El Paso area, and will be available at no charge on campus during the

first week of classes. For more information about the current rates, testing, and vaccinations, please visit [epstrong.org](http://epstrong.org)

### **SCHOLASTIC HONESTY AND DISCIPLINE**

Students are encouraged to study together and to share their knowledge freely during the learning process, as well as cooperate to the best of their ability on group projects. However, during exams and quizzes no assistance from other students or outside sources is allowed (materials such as books and notes may not be used unless otherwise indicated by the instructor). Students should handle their answer sheets discretely by keeping them out of easy view of others. Students may discuss individual written assignments (i.e. lab reports, article reviews, etc.) but these assignments must be the student's own work. "Scholastic dishonesty--which includes the attempt of any student to present the work of another as his or her own, or any work which s(he) has not honestly performed, or attempting to pass any examination by improper means--is a serious offense and will subject the student to disciplinary action. The aiding and abetting of a student in any dishonesty is held to be an equally serious offense. All alleged acts of scholastic dishonesty will be reported to the Dean of Students for disposition. It is the Dean of Students' responsibility to investigate each allegation, dismiss the allegation, or proceed with disciplinary action in a manner that provides the accused student his or her rights of due process.

### **PROFESSIONAL CONDUCT**

During this course you will be expected to deal with your subject area, your colleagues, and yourself as a professional. Approach learning with offensive strategies rather than with defensive and evasive approach. Demonstrate pride in your chosen profession through both your actions and your attitude. This includes being on time for class and coming to class prepared. **Attendance is required. Contact the instructor if you are going to miss a class. Policy will be enforced.**

### **LEARNING DISABILITIES**

The Kinesiology Program seeks to provide reasonable accommodations for all qualified individuals with disabilities with respect to equal educational opportunities. It is the student's responsibility to present proper documentation to the faculty member in a timely manner in order to arrange for appropriate accommodations.



**EVALUATION OF STUDENTS**  
(Tentative and subject to change)

<u>Category</u>	<u>% of Grade</u>	<u>Points Possible</u> <b>850</b>	<u>Points Made</u>
<b>Professionalism I:</b> Behavior, attitude, focus, readiness, energy, daily participation, enthusiasm for the profession (-10 every incident of non-professional behavior) <b>Professionalism II:</b> Attendance and punctuality (-20 each absence, -10 each tardy)	12%	<b>100</b> 100	
<b>Readiness Assessments Tests</b> <b>Individual RATs</b> Quiz 1: Badminton Quiz 2: Pickle Ball Quiz 3: Swimming Quiz 4: Weight Training Quiz 5: Archery Quiz 6: Track & Field Quiz 7: Tennis	16%	<b>140</b> (7x20)	_____ _____ _____ _____ _____ _____ _____
<b>Assignments</b> Fact Sheets  Skills Tests Development  Skills Test Practical  <u>Mini Teaches</u> Badminton Pickleball Dance Weights Track & Field	36%	<b>275</b> 6x10(60)  5x20(100)  5x10(50)  5x20(100)	_____ _____ _____ _____ _____ _____ _____ _____
<b>Teaching Assignment</b> Weights Project- Fitness Program Lesson Plan	24%	<b>200</b> 100 100	_____ _____
<b>Final Exam</b> Half Written/ Half Practical	12%	<b>100</b>	_____

**Grades** will be determined according to the following scale out of a possible 920 points:

A = 765 - 850    B = 680 – 764    C = 595 – 679    D= 510 – 594    F= Below 594

**A STUDENT CAN FAIL THE COURSE OR BE ASKED TO COMPLETE ADDITIONAL TASKS IN SUBSEQUENT SEMESTERS IF THE INSTRUCTORS DETERMINE THAT THE STUDENT LACKS PROFESSIONAL BEHAVIOR, THE KNOWLEDGE, SKILLS, ATTITUDE, OR ENTHUSIASM FOR THE PROFESSION.**

**NOTE: All PETE students must maintain a GPA of 2.75 or higher to graduate with a degree in Kinesiology and a minor in education.** Teaching is a complex art that cannot be mastered without competence in the necessary basic tools, skills, and knowledge offered in these courses.

**NOTE: ALL KIN STUDENTS SEEKING AN EDUCATION MINOR MUST MEET THE FOLLOWING REQUIREMENTS:**

- **PASS CONTENT QUALIFYING EXAM**
- **MEET ALL OTHER REQUIREMENTS AS SPECIFIED ON COE APPLICATION**
- **MAINTAIN A GPA OF 2.75 OR HIGHER TO OBTAIN A MINOR IN EDUCATION AND BE ADMITTED INTO THE COLLEGE OF ED**
- **APPLICATION ESSAYS AND APPLICATION FEE**
- **PASS STATE EXAMS PRIOR TO INTERNSHIP ACCEPTANCE**