



Department of Public Health Sciences
Health Promotion Program Syllabus

Course name:	Fundamentals of Nutrition
Course no.:	HSCI 2302
Course CRN:	
Semester/year	SPRING 2018
Undergraduate credit hours:	3
Class location:	UTEP Blackboard/Online course
Class meeting time:	N/A
Class instructor:	Aida L. Moreno-Brown, MS, RDN, LD
Office location:	By appointment
Phone:	(915) 637-5060 - If you leave a message please state your name and the course CRN#.
Email:	Communication with instructor should be done through the Blackboard message system, not through the college e-mail address.
Office hours:	By appointment
Preferred contact method:	Course Black Board email
Course description:	
	Includes a study of the nutrients and their sources, their metabolic functions and effects of wellbeing and health problems; also the components of adequate diets and local, national and world nutritional problems.
Course pre-requisites:	BIOL 1305 with a grade of "C" or better.
Required textbooks:	<p>Blackboard MindLink for MindTap Nutrition Instant Access forSizer/Whitney's Nutrition: Concepts and Controversies, 14e Edition</p> <p>(You DO NOT need to purchase a textbook for this course, it is included in this item! This access code will give you access to the course and includes an eBook, a Diet Analysis Program, and all material needed for the class. You CANNOT enter part of the Blackboard coursework without the access code. If you do not have the financial means to purchase this access code immediately, you are given the opportunity to start a 14 day free trial. At the end of the trial period you will be prompted to purchase the code. If you do not do so, you will not be able to continue to access the class assignments.)</p> <p>Purchase your Instant Access Code through the link provided here for \$89. When you open the link, you are given 2 options; one is for the eBook with Access Code for \$89 and the 2nd for a loose leaf version of the textbook with the access code for \$102.17 You only need the \$89 version). You can also purchase it at the EPCC Bookstore for a comparable price. To purchase it online, you can copy and paste the following link to open the webpage or just click on the link:</p> <p>http://www.cengagebrain.com/course/2408591</p>
Supplemental reading:	
Course format:	Blackboard: Case studies, multimedia, written assignments, readings, quizzes, and exams

**Major learning objectives
(must be numbered):**

- The student will become familiar with healthy People 2020 goals and objectives.
- The student will become familiar with the Dietary Guidelines.
- The student will be able to explain the functions of the major organs involved in the digestion and absorption of food.
- The student will be able to describe the physiological functions and sources of proteins, carbohydrates, fats, vitamins, minerals, and fiber.
- The student will be able to analyze the relationship between energy balance and weight management.

**Assessment strategies:
(must be numbered)**

1. Text chapters and readings
There are three Modules: Module 1 (Chapters 1-5); Module 2 (Chapters 6-10); Module 3 (Chapters 11-15) Each chapter contains the following for a graded assignment:
 2. Case studies
 3. Video Quizzes
 4. Global Nutrition
 5. Post Learning QuizzesDiet & Wellness + (**See instructions below**) **Mandatory Assignment** Diet & Wellness + will require you to set up your own personal file.
Due on April 9th, 2018 by 5:00 PM
6. Comprehensive Multiple Choice/T/F Final

Computerized Diet & Wellness Analysis Assignment:

Students will be completing an analysis of 3 days of intake & activity using Cengage's Diet & Wellness Plus program found in Mindtap (big yellow plus sign on right margin of page). Assignment questions are provided under Course Content in Blackboard. Students will complete this assignment to gain a better understanding of how nutrition relates to their personal health goals. The assignment is worth 100 pts. The assignment will be available throughout the semester. It will be due on April 9th, 2018 at 5:00 pm.

A Link for a tutorial (Diet & Wellness Analysis) and instructions is provided here:

[cengage](#)

<http://www..com/tlconnect/client/product/findProduct.do?productId=31>

Open the link and go to the lower left section "Expert Training" and open the

"Quick Start Tutorial". This will show you how to create a profile and start the Diet & Wellness Plus Analysis

Students must ensure that a report is generated by clicking the REPORTS tab and then selecting the required options.

Program Competencies (core competency area must be identified & numbered according to that listed by the Health Promotion program)	Learning objectives	Assessment strategies
This course meets the following Health Promotion degree competencies		

Grading scale & criteria	<p>Grading scale:</p> <p>Grading components:</p> <p>Diet & Wellness = 100 points</p> <p>Video quizzes = 225 points</p> <p>Case Studies = 225 points</p> <p>Global Nutrition =225points</p> <p>Post-learning Quizzes =225 points</p> <p>Final (Comprehensive) = 100 points</p> <p>Total possible points for this course = 1100 points</p> <p>A = 990 - 1100</p> <p>B = 880 - 989</p> <p>C = 770 - 879</p> <p>D = 660 - 769</p> <p>F = Below 600</p>
Incomplete policy:	An "I" (incomplete grade) can only be considered only <u>if requested by the student in advance of the conclusion of the course</u> and only for <u>legitimate, documented</u> emergencies. Failure to request and negotiate the terms of an "Incomplete" grade before the conclusion of the course will result in a denial except in the most extraordinary circumstances.
Course/Instructor & Institutional Policies	
Attendance:	When a student registers for a course, it is assumed that she/he has made arrangements to avoid such conflicts. Students are responsible for any information or activities presented lectures, assignments, and/or readings. Students may be administratively withdrawn for excessive unexcused absences (2 or more classes, if applicable). Compliance to due dates, in class presentations, homework, exams and other activities is mandatory. All emergency-related assignment tardiness must be verified. If an exceptional situation arises that prevents you to complete the work within the suggested timeline you are expected to contact me via BB message, immediately. No Exceptions!!
Reading assignments:	All assigned readings need to be completed prior to coming to completing assignments.
Writing standards	Effective public health leaders and practitioners are also effective written as well as oral communicators. Written communication is a critical element of the communication

	process. Our MPH graduate program both recognizes and expects good writing to be the norm for course work. Please feel free to seek out assistance from the UTEP Writing Center. It is free and they are very helpful.
Policy for late assignments	Due dates for homework, exams, presentations and other assignments are designed for fairness to all students. No exceptions to those dates will be made excepting in cases of university-designated closures.
Permission to record lectures & discussions	Not permitted without express permission of the instructor.

Cellphone/electronic tablet/ use policies:	N/A in online course Please note that all cellular telephones, pagers, headphones, iPods, iPads, mp3 players, earpieces, laptops, and other forms of communication and entertainment technology equipment must be powered off and put away during the class period. If a situation should arise which necessitates a student to be contacted by a physician or family member, the instructor shall be notified and cell phone can be set to "vibrate." Please be advised that students who use unauthorized technology during class time will be dismissed from that week's class session.
Field trip policies:	N/A
Class participation:	N/A in online course Active student participation in this course is very important. Students must be prepared to come to class to discuss, answer questions, and participate in all class activities.
Special accommodations:	If you have a disability and need classroom accommodations, please contact The Center for Accommodations and Support Services (CASS) at 747-5148, or by email to cass@utep.edu , or visit their office located in UTEP Union East, Room 106. For additional information, please visit the CASS website at www.sa.utep.edu/cass .
MPH handbook:	http://chs.utep.edu/publichealthsciences/pdf/MPH%20STUDENT%20%20HANDBOOK%202013-2014.pdf
Student conduct:	Students are expected to be above reproach in all scholastic activities. Students who engage in scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and dismissal from the university. "Scholastic dishonesty includes but is not limited to cheating, plagiarism, collusion, and the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another student, any act designed to give unfair advantage to a student or the attempt to commit such acts." <u>Regent's Rules and Regulations</u> , Part One, Chapter VI, Section 3.2, Subdivision 3.22. Since scholastic dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. From the UTEP Dean of Student Affairs (http://studentaffairs.utep.edu/Default.aspx?tabid=4386) "It is an official policy of university that all suspected cases or acts of alleged scholastic dishonesty must be referred to the Dean of Students for investigation and appropriate disposition. Any student who commits an act of scholastic dishonesty is subject to discipline. Scholastic dishonesty includes, but is not limited to cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts". Examples of "cheating" include: <ul style="list-style-type: none"> • Copying from the homework, in-class work or exam paper of another student, engaging in written, oral, or any other means of communication with another

student during an exam or homework assignment, or giving aid to or seeking aid from another student during a test;

- Possession and/or use during an exam or home test of materials which are not authorized by the person giving the test, such as class notes, books, or specifically designed “crib notes”;
- Using, obtaining, or attempting to obtain by any means the whole or any part of non-administered test, test key, homework solution, or computer program; using a test that has been administered in prior classes or semesters but which will be used again either in whole or in part without permission of the instructor; or accessing a test bank without instructor permission;
- Collaborating with or seeking aid from another student for an assignment without authority;
- Substituting for another person, or permitting another person to substitute for one's self, to take a test;
- Falsifying research data, laboratory reports, and/or other records or academic work offered for credit.

“Plagiarism” means the appropriation, buying, receiving as a gift, or obtaining by any means another's work and the unacknowledged submission or incorporation of it in one's own academic work offered for credit, or using work in a paper or assignment for which the student had received credit in another course without direct permission of all involved instructors. NOTE: This includes cutting-and-pasting and photocopying from on-line and other material.

“Collusion” means the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on scholastic dishonesty.

