



## PSYC 2312 INTRODUCTION TO ABNORMAL PSYCHOLOGY (CRN 11524)



FALL 2022 Tue & Thur 10:30 to 11:50 a.m.

Physical Science 208

F: Syll Fall 2022 Abnormal Psych Tue Thur

### INSTRUCTOR

Adolfo J. Alvarez, M.A., Adjunct Faculty and Psi Chi Faculty Co-Advisor

Prospect Hall, Room 208 Telephone: (915) 747-6589 Email: [adolfoa@utep.edu](mailto:adolfoa@utep.edu)



I teach several classes so it is impossible for me to remember each one of my students. Therefore, **include your full name and the name of this class in all your emails to me.**

### OFFICE HOURS

Wed: 10:30 a.m. to 11:30 a.m.; Thur: 12:00 p.m. to 1:00 p.m.; and by appointment.

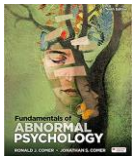
### TEACHING ASSISTANT (TA)

I will give you the TA's contact information as soon as one is assigned.

### COURSE PREREQUISITE

1301 Introduction to Psychology.

### REQUIRED TEXTBOOK



Comer, R.J. & Comer, J.S. (2022). *Fundamentals of Abnormal Psychology* (10<sup>th</sup> Ed.). New York: Worth Publishers. ISBN: 9781319247218. The textbook publisher's link is [www.macmillanlearning.com](http://www.macmillanlearning.com)

**Make sure that you get this textbook because another instructor is using a very similar textbook to ours.**

### COURSE DESCRIPTION

The course will be a general overview of a variety of mental disorders, particularly the most common ones, such as anxiety, depression, childhood disorders, and others. We will cover the history, myths, causes, and past and present treatments of mental disorders.

### LEARNING OUTCOMES+

After completing the course, you will be able to:

- 1) Know how mental disorders have been viewed throughout history,
- 2) Know how mental disorders are studied,
- 3) Know how the major theoretical models explain mental disorders,
- 4) Know how mental disorders are diagnosed,
- 5) Learn the symptoms of mental disorders, and
- 6) Learn, in general terms, treatments that are used in therapy.

### ATTENDANCE

This is a challenging course, so attendance will be mandatory. I reserve the right to lower your overall grade by one letter grade if you have four or more\* absences. Likewise, I reserve the right to withdraw you from the course if you miss six or more\* classes. A student will be counted as absent if the student does not sign the attendance sheet. **You must sign the attendance sheet even if you are late.**

### TESTS

There will be five tests. Each test will be worth 100 points and will consist of 40 to 60 multiple-choice questions. The questions will be based on the lectures, textbooks, videos, and the syllabus. The syllabus contains important information about the course, so it is important for you to know it. There will be questions about the syllabus on information that has a + sign. There will be questions from the book on material that will not be covered during the lectures, so it is very important that you learn the information in the textbooks.

**If you miss one test, you will have the opportunity to make up for it by taking a comprehensive makeup exam at the end of the semester.** If you have a documented and verifiable military reason or are hospitalized, you will need to provide documentation. The documentation must contain all of the following information: (1) A legible name of the person who writes the documentation, (2) Title of the person writing the documentation; (3) Signature of that person; (4) A legibly written phone number, and (5) Be written in official stationery. If any one of the above five points are not met, I will not grant authorization to take the comprehensive makeup. **I reserve the right to call the person who signs the documentation to ensure the validity of the document.** It is extremely important that you are not out of town on the day of the final test.

#### EXAM RULES

The following rules will be enforced during tests: 1) Students will not be allowed to go to the bathroom once a test has started. 2) No headphones caps, hats, or hoodies will be allowed. (Headphones are not allowed during any of the lectures.)

#### SONA EXPERIMENTS & CREDITS

You will be required you to participate in the “SONA experiments” and complete **four (4)** “SONA credits.” For each hour that you participate as a subject in the “SONA experiments,” you will earn **one** “credit.” Experiments that last half an hour accrue 0.5 “credits”; those that last two hours, accrue two “credits,” and so forth. Each “credit” is worth **15 points**. The SONA experiments vary in length. The SONA research is conducted in-person or on-line. The instructions on how to sign up and how to participate in the SONA experiments are posted in Blackboard in the tab titled “Syllabus, SONA, & Written Summaries.” **The last day to participate in the SONA experiments is Friday, December 2. No exceptions.** I will discuss SONA during our first class.

#### WRITTEN SUMMARIES

If you cannot or do not want to participate in the SONA experiments, you can write summaries of **four (4)** research articles that will be posted in Blackboard. Each summary will be worth **15 points**. The requirements for the written summaries are posted in Blackboard in the tab titled “Syllabus, SONA & Research Summaries.” **Email the summaries to my TA, not to me. The last day to email the summaries TO YOUR TA is Friday, November 11. No exceptions.** The instructions on how to do the written summaries are posted in Blackboard in the tab titled file titled “Syllabus, SONA, & Written Summaries.” I will discuss the summaries during our first lecture.

You can combine any number of SONA research credits with any number of written summaries. For example, you can participate in three SONA credit experiments and write one summary or participate in three SONA credit experiments and write one summary. Both the SONA research participation and the written summaries must add up to **four (4)**. **The maximum points for both SONA credits and for the written summaries are 60 points. Email our TA if you have any questions about the SONA experiments and the written summaries.**

#### GRADING

As stated above, there will be five tests. Each test is worth 100 points. Each SONA credit and each summary is worth 15 point for a maximum of 60 points. The maximum points for the course will be 560 points.

Total points from five tests (each test is worth 100 points) =	500 points
Total points from SONA and/or research summaries:	60 points
<b>TOTAL POINTS FOR COURSE =</b>	<b>560 points</b>

The final grade will be based on the following point scale:

F = 0 - 335      D = 336 - 391      C = 392 - 447      B = 448 - 503      A = 504 - 560

The grade on each test is based on the following percentage scale:

F = 0 – 59%      D = 60 – 69%      C = 70 – 79%      B = 80 – 89%      A = 90 – 100%



You will be required to see the movie *A beautiful mind* (starring Russel Crowe). The movie has been posted on your home page of Blackboard. The movie is autobiographical and depicts schizophrenia, a mental disorder. I will ask questions about the film when we discuss schizophrenia. I will give you information about the test questions when we discuss this disorder.

### **PASS REVIEW SESSIONS**

UTEP and I are committed to helping you succeed in this course. For this reason, UTEP created the Miner Learning Center (MLC) to help students succeed in challenging core-curriculum classes, such as this class. The MLC offers free review sessions through the Peers Assisting Student Success (PASS) program. The person who will conduct the reviews for you is called the "PASS Leader."

Paola Zuniga+ will be your PASS leader. She was selected as your PASS leader because she took this class a few semesters ago and excelled in it. Paola will attend our lectures and she will give a review of the lectures. You can contact Paola at [pazuniga@miners.utep.edu](mailto:pazuniga@miners.utep.edu)

I strongly encourage you to attend all the PASS reviews, even though they are not mandatory. The MLC has conducted research on the effectiveness of the PASS reviews and has found that that students who attend the reviews get better grades than those that don't.

### **ACADEMIC DISHONESTY**

Academic dishonesty is unacceptable and will not be tolerated. Students involved in academic dishonesty will be referred to the Office of Student Conflict and Resolution+ and will be disciplined. Academic dishonesty includes but is not limited to cheating, plagiarism, collusion, and submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

### **CENTER FOR ACCOMMODATIONS AND SUPPORT SERVICES (CASS)**

If you have a disability I strongly recommend that you take advantage of the services mandated by federal law. Contact CASS at 747-5148 or at [cass@utep.edu](mailto:cass@utep.edu) to request accommodations within the first two weeks of the semester. Receiving these free services is not unfair to other students, and will help you get better grades.

## TENTATIVE SCHEDULE

The schedule is subject to change. I will inform you of any changes via Blackboard or an email, or in my recorded lectures, but it is your responsibility to be aware of any change.

				<b>Discussion/Lecture Topics</b>	<b>Required reading</b>
1	Tue	Aug	23	Logistics & Abnormal Psychology: Past & Present	Ch. 1
2	Thu	Aug	25	Abnormal Psychology: Past & Present	
3	Tue	Aug	30	Abnormal Psychology: Past & Present	
4	Thu	Sep	1	Models of Abnormality	Ch. 2
5	Tue	Sep	6	Therapies	Topic not in textbook
6	Thu	Sep	8	Therapies	
<b>7</b>	<b>Tue</b>	<b>Sep</b>	<b>13</b>	<b>Test 1 Chs: 1, 2, &amp; syllabus</b>	
8	Thu	Sep	15	Clinical Assessment, Diagnosis, & Treatment	Ch. 3
9	Tue	Sep	20	Anxiety & Obsessive-Compulsive & Related Disorders	Ch. 4
10	Thu	Sep	22	Anxiety & Obsessive-Compulsive & Related Disorders Guest speaker: Living with Generalized Anxiety Disorder	
11	Tue	Sep	27	Anxiety & Obsessive-Compulsive Disorders & Related Disorders	
12	Thu	Sep	29	Eating Disorders	Ch. 9
<b>13</b>	<b>Tue</b>	<b>Oct</b>	<b>4</b>	<b>Test 2 Chs: 3, 4, &amp; Syllabus</b>	
14	Thu	Oct	6	Disorders of Trauma & Stress	
15	Tue	Oct	11	Depressive & Bipolar Disorders	
16	Thu	Oct	13	Depressive & Bipolar Disorders	
17	Tue	Oct	18	Suicide	Ch. 7
<b>18</b>	<b>Thu</b>	<b>Oct</b>	<b>20</b>	<b>Test 3 Chs: &amp; Syllabus</b>	
19	Tue	Oct	25	Substance Use & Addictive Disorders	Ch. 10
20	Thu	Oct	27	Substance Use & Addictive Disorders	
21	Tue	Nov	1	Schizophrenia & Related Disorders	Ch. 12
22	Thu	Nov	3	Schizophrenia & Related Disorders	
<b>23</b>	<b>Tue</b>	<b>Nov</b>	<b>8</b>	<b>Test 4 Chs: , <i>A Beautiful Mind</i>, &amp; Syllabus</b>	
24	Thu	Nov	10	Personality Disorders	Ch. 13
				Friday Nov. 11. Last day to email summaries to Teaching Assistant	
25	Tue	Nov	15	Antisocial Personality Disorder & Psychopathy	Ch. 13
26	Thu	Nov	17	Antisocial Personality Disorder & Psychopathy	
27	Tue	Nov	22	Childhood & Adolescent Disorders Guest speaker: "A mother's views on Asperger's Spectrum Disorder" Guest speaker: "Questions & answers: Living with Asperger's"	Ch. 14
	Thu	Nov	24	Thanksgiving. No class.	
28	Tue	Nov	29	Childhood & Adolescent Disorders	
29	Thu	Dec	1	Disorders of Aging & Cognition	Ch. 15
				Friday Dec 2. Last day to do SONA studies	
<b>30</b>	<b>Thu</b>	<b>Dec</b>	<b>8</b>	<b>TEST 5 at <u>10:00 a.m.</u>***</b>	

**DO NOT BE OUT OF TOWN ON THE DAY OF THE FINAL TEST.**