



INTRODUCTION TO PSYCHOLOGY



Spring 2019 Mon & Wed 12:00 to 1:20 UGLC 342

F: Syll 12 noon Spring 2019 Intro

PSYC 1301 INTRODUCTION TO PSYCHOLOGY Course Register Number (CRN): 21002+

Instructor: Adolfo J. Alvarez, M.A.

Office hours: I have an open-door policy. If my office door is open and I am not occupied you can talk to me. In addition, I will be available by appointment, and during the following office hours+:

Mon & Wed+: 4:45 p.m. to 5:15 p.m. Tue & Thu+: 10:30 a.m. to 11:30 a.m.

Office: Prospect Hall 208 Telephone: 747-6589 E-mail: adolfoa@utep.edu

Peers Assisting Student Succeed (PASS) Leader: Belen Torres btorres9@miners.utep.edu

See below for information about the PASS program.

REQUIRED TEXTBOOK

Hockenbury, S.E., Nolan, S.A., & Hockenbury, D.H. *Discovering Psychology* (7th ed.). New York: Worth. The UTEP bookstore has a “special UTEP” loose-leaf edition of the textbook. I suggest you purchase it from the cheapest source. There are copies of the book in the Library’s Circulation Desk.

LEARNING OBJECTIVES+

The objectives of this course are for you to learn:

- 1) The major theories, research methods, and major findings in psychology+;
- 2) The applications of psychological research to daily life situations+;
- 3) How to think scientifically about psychological topics and about life situations+;
- 4) Prepare you for the workforce by fostering your critical thinking skills, and by practicing and sharpening your interpersonal skills by working in the group activities of the class+.

PARTICIPATION IN EXPERIMENTS

The Department of Psychology requires Introduction-to-Psychology students to participate as research subjects in experiments conducted by its faculty and students. You will be required to participate in several experiments for a total of **EIGHT**+ experimental credits. Each experimental credit will be worth 5 points. Read the section titled “Research Component for Introduction to Psychology (PSY 1301, CRN 21002),” which starts in page 4.

In case you cannot or do not want to participate in the experiments, you can write summaries of **EIGHT** research articles posted in Blackboard. Each summary will be worth 5 points. The instructions for these summaries are at the end of the syllabus, under the title of Research Participation — Alternate Assignment. Research Summaries.

You can combine any number of research participation with any number of written research summaries. For example, you can participate in four experiments and write four summaries; or, participate in six experiments and write two summaries. The research participation and the written research summaries must add up to eight. **The maximum points for both SONA and for the research summaries is 40 points.**

EXAMS AND QUIZZES

Test and quizzes will consist of multiple-choice questions, which will come from class discussions, lectures, the textbook, and films. Some questions will come from the textbook on material not cover in class. You will not be tested on the book’s sections on Sigmund Freud nor on the Neo-Freudians because their theories have not been supported by scientific research. However, you will be required to study the section titled *Evaluating Freud and the Psychoanalytic Perspective on Personality* on pages 427-428. You will be required to watch the film *A Beautiful Mind*+ (featuring Russel Crowe) for the final exam, which is in the library’s Media and Microfilm Office.

Quizzes will begin one or two minutes after the class starts and will last 5 minutes. **The quizzes will be shown on the classroom’s screen and will be on display for only 5 minutes.** The screen will be turned off when the 5 minutes have elapsed. If you have vision limitations, please sit at the front of the classroom. **You must bring your own Scantron and pencil, otherwise you will not be able to take the quizzes or the exams.**

There will be five exams, each consisting of 40 questions. Each question will be worth 2 points for a maximum of 80 points per exam. There will be five quizzes, each consisting of 5 questions. Each exam and quiz question will be worth 2 points for a maximum of 10 points per quiz. The maximum points for both SONA and for the research summaries is 40 points. The maximum points for the course will be 590

points. Your final grade will be the addition of all points earned in the exams, quizzes, and on SONA and/or the research summaries.

The final grade will be based on the following point scale:

F = 0 – 293 D = 294 - 342 C = 343 - 391 B = 392 - 440 A = 441 - 490

To get a general idea on how you do on each exam use the following percentage scale:

F = 0 – 59% D = 60 – 69% C = 70 – 79% B = 80 – 89% A = 90 – 100%

If you do not study the textbook, you will most likely not get an A nor a B. I will not ask you to memorize dates, names of psychologists, or statistics, unless I mention them in class or the textbook states something like: “The most common psychological ...”; “The number one cause of ... is ...”; or “The most important ...” This syllabus contains important information so it is important for you to read it. You will be tested on the information that has a +.

I will keep the exams in my office for 14 days+ in case you want to go over your answers. I encourage you strongly to come to my office to review your exams. Going over your exam will likely help you improve your grade.

Go to the bathroom before the tests as you will not be permitted to leave the classroom once the exam has begun+. No student will be allowed to enter the classroom once a student has left the classroom+. Makeup exams will consist of open-ended questions+ and will be given only with documented medical emergencies or documented military deployment. Bring an **882-E green** Scranton and a number-two pencil for the exams and quizzes.

ATTENDANCE

Attendance is essential to learn the course material, and because I will discuss some topics that are not in the textbook. If you miss three+ or more classes, your final grade will be dropped one letter grade+.

CLASS PARTICIPATION AND SEATING

We will do group activities so you will be assigned a specific seat in the classroom.

FEDERAL LAW OF AMERICANS WITH DISABILITIES ACTS

If you have a disability, I strongly encourage you to use the **services mandated by federal law**. Do contact the Center for Accommodations and Support Services (CASS) to discuss with case and to request accommodations within the first two weeks of the semester. CASS is in Room 106, Union East Building, and can be contacted at 747-5148 and at cass@utep.edu.

CLASS REVIEWS

UTEP is committed to help you succeed in your academic goals. UTEP created the Miner Learning Center (MLC) to help students enrolled in challenging core-curriculum classes, such as this Introduction to Psychology class. The MLC offers free review sessions through the Peers Assisting Student Success+ (PASS) program. Belen Perez+ (PASS Leader) was a student of mine. She took the same class you are taking now. Belen will attend my classes alongside with you, and she will review the material that I cover in class. You are required to answer the survey questionnaire that was sent to you by “mlctutor” on January 15 in an e-mail to your UTEP address. The results of the survey will determine on what days and on what times the review sessions will be held. Please read the homepage of the MLC at <https://www.utep.edu/mlc/> for information about the PASS program.

LAPTOPS, TABLETS, CELL PHONES

Laptops, tablets, cell phones, and other electronic devices **CANNOT** be used during class, unless you are authorized by CASS. I will be glad to accommodate you if you have a CASS-related issue. It is very important for me that all of you finish college. I do many things to help you get good grades, one of which is related to this policy. Research conducted by Mueller and Oppenheimer (2104) showed that students who wrote notes by hand had better comprehension and memorization of the class material than those who used laptops.

Students who fall asleep during class, and those who use electronic devices without CASS permission will be told to leave the classroom+. Those who persist will be referred to the Office of Student Conflict and Resolution+ and their final grade will be dropped by one letter+. If you receive an emergency call, please inform me and take the call outside of the classroom.

ACADEMIC DISHONESTY

Academic dishonesty is unacceptable and will not be tolerated. Students involved in academic dishonesty will be referred to the Office of Student Conflict and Resolution+ and will be disciplined in accordance with UTEP’s policy. Academic dishonesty includes but is not limited to **cheating, plagiarism, collusion,** and submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student

or the attempt to commit such acts. Cheating is, but not limited to, copying answers from another student, looking in the direction of another student's test or Scantron, talking to students during exams, looking at or using cell phones or other electronic communication devices during and after exams, and looking at any type of notes or the textbook during exams.

CALENDAR

The following schedule is tentative. It is your responsibility to be informed of any changes.

Class will resume after the quizzes and after the tests (with the exception of the final exam).

Class Topics & Book Chapters				
1	W	Jan	23	Logistics & Introduction to Psychology (Ch. 1 pp. 1-15)
2	M	Jan	28	Introduction to Psychology
3	W	Jan	30	Introduction to Psychology
4	M	Feb	4	Quiz 1 on section "To the Student" on pp. xviii-li & Ch. 1 pp. 1-15 The Scientific Method (Ch. 1 pp. 15-39)
5	W	Feb	6	The Scientific Method
6	M	Feb	11	The Scientific Method
7	W	Feb	13	Neuroscience and Behavior (Ch. 2)
8	M	Feb	18	Test 1 on "To the Student" (pp. xviii to li) and Ch. 1. Review of exam. Neuroscience and Behavior
9	W	Feb	20	Neuroscience and Behavior
10	M	Feb	25	Neuroscience and Behavior
11	W	Feb	27	Quiz 2 on Ch. 2. Sensation & Perception (Ch. 3 pp. 84-94; 103; 106-109; 110-113, & 125-131)
12	M	Mar	4	Consciousness & Its Variations (Ch. 4 pp. 131-149 & 152-156)
13	W	Mar	6	Consciousness & Its Variations (Ch. 4 pp. 156-160; 164-166; & sections on alcohol, opioids, nicotine, amphetamines and cocaine, & marijuana)
14	M	Mar	11	TEST 2 on Chs: 2, 3, & 4. Learning (Ch. 5 pp. 180-196)
15	W	Mar	13	Learning
	M	Mar	18	Spring Break. Study Learning (Ch. 5 pp. 180-196)
	W	Mar	20	Spring Break
16	M	Mar	25	Quiz 3 on Ch. 5: pp. 180-196. Learning (Ch. 5 pp. 196-225)
17	W	Mar	27	Learning & Memory (Ch. 6)
18	M	Apr	1	Memory
19	W	Apr	3	Memory
20	M	Apr	8	TEST 3 on Chs: 5 & 6. Lifespan Development (Ch. 9)
21	W	Apr	10	Lifespan Development
22	M	Apr	15	Lifespan Development
23	W	Apr	17	Quiz 4 on Ch. 9. Personality (Ch. 10 pp. 412-415; 427-428; 432-435; & 439-444)
24	M	Apr	22	TEST 4 on Chs: 9 & 10. Social Psychology (Ch. 11 pp. 465-490)
25	W	Apr	24	Social Psychology & Psychological Disorders (All of Ch. 13 excluding all Tables)
26	M	Apr	29	Psychological Disorders. Last day turn in summaries
27	W	May	1	Quiz 5 on Ch. 11 pp. 465-490; & Ch. 13 pp. 532-549. Psychological Disorders
28	M	May	6	Psychological Disorders
29	W	May	8	Therapies (Ch. 14)
30	F	May	17	FINAL EXAM at 1:00 p.m. Chs: 13 & 14

Unless you are deployed by the military or have a documented hospitalization, the final exams WILL NOT be given at another day.

SONA Research Participation Instructions – PSYC 1301 CRN 21002+

In this course, students will learn about numerous factors that interact to influence thinking and behavior. Just as in other scientific disciplines, knowledge in psychology is obtained by conducting carefully designed studies. Most of what students will learn in this course, therefore, represents the findings from previous psychological studies. Although this type of information is very important, it is also important for students to learn about the methods that are used to create scientific knowledge. Learning about scientific procedures is considered to be so vital that many scientific disciplines require students to take laboratory classes in addition to lecture classes. For example, students in chemistry courses participate in laboratory exercises in which they mix various chemicals, and observe and record the outcome of these exercises.

To facilitate learning the scientific procedures used in psychology, the Introductory Psychology course has a research requirement. The preferred method for students to fulfill this requirement is by actual participation in psychology studies. Not only will students learn about the scientific procedures that are used in psychology, but they will also be contributing to future knowledge. Studies conducted in the UTEP Psychology Department often appear in prominent scientific journals. Students must be at least **18 years old to participate in these studies**. When students are unable or wish not to participate in these studies (perhaps because of a work schedule), they have the option of completing the “Alternate Assignment”, which involves completing 2-page reports on a series of pre-selected journal articles (**please see the Alternate Assignment Instructions**). Other alternate assignments may be offered by individual instructors.

Introductory Psychology Research Requirement

Part of the student’s final grade will be based on credits earned via participation in psychological research. Students in all introductory psychology classes are required to earn a **minimum of 8** units of research credit. For students who choose the study participation option, **one credit is earned for each hour of participation**. Students **must be at least 18 years old to participate in experiments**; students under the age of 18 should complete the alternate assignment provided by the instructor.

The course instructor will inform students of how research credit will be factored in to compute the final semester grade, and whether or not students can earn extra credit by completing more than the required 8 research credit units. The instructor will also provide details on alternate assignments that can be completed to fulfill the research requirement without research participation.

Students can obtain 8 credits with only 6 hours of participation or the equivalent in alternate assignments if:

- 3 credits are accumulated by **Friday, March 8th**, a 4th credit will be automatically added.
- 7 credits are accumulated by **Friday, April 12th**, the 8th credit will be added.

****You have until the last day of class (May 9, 2019) to complete your SONA credit requirements.****

Instructions for Participating in Psychological Studies

1. To participate in research studies, you must have a current UTEP e-mail address. If you do not already have a UTEP e-mail address, you may obtain a free e-mail account from the University. For details on getting an e-mail account or finding computer labs on campus for student use, contact the ELP desk at 747-5257 (or x4357 on campus).
2. You will need to create an account on the online psychology research participation system called **SONA**. To access the system, go to the following website: <http://utep.sona.systems.com/> (there is a link from the Psychology Department website). **Googling “SONA UTEP” will also take you to the online participation system.** To create an account the first time you access the system, use the link marked “request an account here.” Enter the information requested, including your name, your UTEP student ID number, your UTEP e-mail address, and the Course Register Number (CRN) in which you are enrolled.

I teach more than one Introduction to Psychology class so it is imperative to select the correct course. The CRN FOR THIS CLASS IS 21002. If you register in a class you may not earn any points, even though you may have participated in SONA experiment.

4. Then press the button marked “Request Account.”
5. Your log-on ID and password will be sent to your UTEP e-mail account within several minutes. You may then log into SONA using the information that was e-mailed to you.
6. You may then select the link marked “Browse a list of studies and sign up for those that interest you.” By selecting a study, you can see more detailed information and sign up for the study if you wish.
7. Once you have signed up for a study, the system will send you an e-mail and the study will appear under “My Schedule/Credits.” You can use this feature to remind yourself of the time and location of the study. Within two days after your participation, your credit for the study should appear online. If you do not receive credit for a study within two days of your participation, please contact the researcher by e-mail or telephone to resolve the problem.
8. You may generally participate only once in each study. Some studies may have additional restrictions on participation that will be displayed online.
9. To ensure that your participation is recorded properly, do not set up more than one account per person and do not use someone else’s account.
10. If you have questions about how to use this system, contact the Psychology Department’s participant pool administrator, **Dr. Veronica Whitford**, at **SONA@utep.edu**. Please include your name, UTEP e-mail address, and instructor’s name in your request for information.

Policy on Cancellations and Failures to Appear for Scheduled Experimental Sessions

It is important that you attend all studies for which you sign up. The Psychology Department encourages students to exercise professionalism and courtesy in keeping or canceling scheduled appointments. That is, if you schedule a session and later find that you are unable to or no longer wish to attend, please cancel such participation through the SONA system. If you cannot access the SONA system at that time, then you may cancel by sending an e-mail to the experimenter or calling to leave a message for the experimenter. Cancellation through the SONA system allows other students who need credit to sign up for the cancelled session, which makes it the ideal method. Canceling by e-mail or phone lets experimenters know that they can either open a new slot for another participant or make other plans for their time. Remember that most experimenters are other students and are also quite busy.

*****Failing to show up for a scheduled experiment without appropriate cancellation will result in a penalty of one credit being applied to your account.** Each penalty credit increases the number of experiment hours you must complete to fulfill the requirement.***

The Student's Rights as Research Participant

Participation in research is meant to be an enjoyable and educational experience. Therefore, specific steps are taken to ensure that the student's participation will be beneficial to both the student and society (by the knowledge gained from the study):

1. The Institutional Review Board, an ethics committee, screens each study before anyone is allowed to participate in order to ensure that volunteers are not in any way mistreated.
2. Before participation, the researcher will give students information about what will take place during the study. Students will then be asked to sign a statement of consent to participate.
3. After completion of the study, the researcher will debrief the participants as to the purpose of the study.
4. Students have the right to discontinue participation in the study at any time and without penalty.
5. Student participants have the right to expect the researcher to be present on time to conduct the study. If a participant is present on time and the researcher is not, the participant should first check to ensure that the date/time/location is correct. If that information is correct, the student should contact the researcher as soon as possible in order to resolve the error and receive whatever credit is appropriate.
6. Students who feel that their rights have been violated during participation in any of the Psychology Department's research studies should inform their instructor. If the matter is not satisfactorily resolved by the instructor, they should contact the Chairperson of the Psychology Department Undergraduate Committee at 747-5551 and/or the Coordinator for Institutional Research Review at 747-8841.

RESEARCH SUMMARIES **Alternate Assignment Instructions**

As noted in the syllabus for this course, **all students enrolled in PSYC 1301 are required to earn 8 research participation credits.** You have the option to write papers summarizing pre-selected research articles from psychology journals instead of participating in research experiments. **Please note that you are required to complete this option if you are not at least 18 years old.**

Each paper should summarize each research article, and counts as the equivalent of 1 hour of research participation. **Thus, if you do not participate in any research experiments, you must write 8 papers to fulfill the research requirement (or six if you complete them by the bonus credit deadlines – please see the SONA Research Participation Instructions).**

Paper Requirements:

1. The journal articles can be found on Blackboard, and each alternate assignment report must be typed, double-spaced with 1-inch margins, and 12-point font.
2. Each paper must be 2 pages in length, and **must be printed double-sided, that is printed on both sides of one sheet.** (The latter is to “be green” and reduce paper waste.) **Points will be deducted+ if the summary is less than two pages long+.**
3. All papers must be submitted by **Wednesday, April 24** in hard-copy to me (Mr. Alvarez). **No late papers will be accepted.**
4. Each paper should contain the following information:
 - a. What were the primary research questions for the study? In other words, what were the researchers trying to examine, and why?
 - b. Briefly describe how the researchers conducted their study. Was data collected from human participants? If so, how many (what was their sample size)? How was the data collected (i.e., questionnaires, interviews, etc.)?
 - c. Briefly describe the results of the study. You aren't expected to be able to interpret the statistics used, but you should be able to talk about the overall findings. (Hint: The findings are generally discussed in plain, non-statistical language in the discussion section.)
 - d. Reflect on what you learned from reading this article, and briefly discuss what was or was not surprising about what the researchers found.

5. All information from the paper must be in summary form, meaning that you read the paper and put it in your own words. **If you directly quote from the article or you copy word for word (or nearly word for word) from the article, you will not receive credit for this assignment. Quoting is plagiarism as defined in the previous sentence. Students who plagiarize+ will be referred to the Office of Student Conflict and Resolution+ for disciplinary action.**
6. Include the citation for the article you summarized. Here is an example of how to cite an article:
Andreasen, N. C. (1982). Negative symptoms in schizophrenia: Definition and reliability.
Archives of General Psychiatry, 39, 784-788.

Students can obtain credit for 8 research summaries by writing only 6 summaries if:

- **3** summaries are turned in by **Friday, March 8th**, a 4th summary will be automatically added.
- **7** summaries are turned in by **Friday, April 12th**, the 8th summary will be added.

Rev. 01/16/2019